How to remove your Health Center Hold

Read these instructions completely before contacting the Health Center

1. If you have a “Health Center Hold” on your account you will need to fill out or finish the online “Health Record Form.”
   - This is a university requirement and you will not be allowed to register for classes if you haven't submitted the form or the form is incomplete.

2. Once you’ve completed the form the Health Center will be notified and your hold will be removed within 24 hours.
   - If you’re not sure if you’ve submitted your form, log into the Health Record Form system. If you have completed your form you'll see a "Thank you" message. If it's incomplete you'll be placed into the form where you left off.

3. To confirm your hold has been removed log into the Student Self Service portal and check under Holds

Account with Hold Removed

Account with Hold Still Active