Making the Transition
Student Services

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Associate Vice President for Student Affairs
and Senior Associate Dean of Students
Student Success

Many services to support your student’s success

We are here to help!

Services based on assessment and data.
Student Services Overview

- Peer and Health Education
- Student Health Center
- Student Psychological Counseling Services
- Disability Services
- Public Safety
- Parent Programs
- Cross-Cultural Center
Student Services Video

https://www.youtube.com/watch?v=TRIGnKCG2h4
Student Services Video

https://www.youtube.com/embed/Yt8Rpdj206g?rel=0

https://www.youtube.com/watch?v=Yt8Rpdj206g&feature=youtu.be
PEER and Health Education

- Prevention Focused Programs
- Education
- Awareness
- Engagement
- Helping students
- connect / resources / support
- Reducing college students’ risky behaviors in relation to alcohol, sex, and consent

Dr. Dani Smith

dasmith@chapman.edu
Director
Sexual Assault Crisis Counselor
Licensed Therapist
26 years working at Chapman
PEER

• Proactive Prevention
• Education
• Encouraging
• Responsibility

Public Health Perspective
Prevention
To Help Students Make Informed Choices
Healthy Panther Initiative

- A required program for all new first-year and transfer undergraduate students
- Designed to empower students with the information and skills necessary for healthy decision-making
- Help make positive decisions regarding sex, alcohol/drugs, and personal health
- Information regarding sexual misconduct, reporting options, resources, and prevention including active bystander skills
- Skills that will not only help students stay healthy, but that will also help them perform better intellectually
PEER and Health Education

Keep talking to them about how much they drink and how often they party.

Researchers report that these on-going conversations can make a difference.
PEER and Health Education

C.A.R.E.S.
Creating A Rape-free Environment for Students

Sexual Assault/Rape Prevention *
Educational Programming *
Campus Advocacy
PEER and Health Education

PEER/CARES On-going Educational Events

• Education for orgs., teams, groups, leaders
• Alcohol and Drug Education
• Sexual Assault Prevention
• Active Bystander Skills
Student Health Center

Located on the corner of Sycamore and Glassell
Student Health Center

• Have professional and highly qualified college health nurses, NP, and physicians

• Located on campus with walk-in hours and scheduled appointments

• Some “over-the-counter” and prescription medications available

• Unable to fill outside prescriptions
Student Health Center

• First aid: Cuts, abrasions, and burns

• Acute illness: Fever, sore throat, flu, bronchitis, sinusitis, vomiting, diarrhea

• Health screening: PAP, STDs, blood pressure
Student Health Center

• All new students must have a Health Form on file at the Student Health Center

• The Health Form must be filled out completely, including required immunization dates

• Failure to submit this form may create a hold on your account. This form must be completed regardless of your insurance coverage
Student Health Insurance

• All students can use the Student Health Center (whether or not they purchased insurance through the University)!!!

• Health insurance will be an optional service that can be purchased through the Student Business Office and charged to the student account

• Annual cost: $2,040.00

• Deadline for Enrolling in Insurance is September 16, 2019

https://www.chapman.edu/studentlife/cush
Student Health Center

- Recommended Vaccines

- Meningitis vaccine serotypes A,C,W and Y
  - Highly recommended (booster recommended if 1st dose received before the age of 16)
  - Meningitis B vaccine released 2015
Student Psychological Counseling Services

410 N. Glassell St.
(In between Health Services and Public Safety)
Student Psychological Counseling Services

- In-person intake at SPCS
- Brief assessment determines if student concerns fall within the scope of practice
- Brief, goal-directed models of therapy provided to assist students in achieving their academic goals
- Students best served by higher level of care are referred to community providers
- Students in crisis are seen for same day triage
Student Psychological Counseling Services

Most Common Concerns

- Anxiety
- Depression
- Self-esteem issues
- Adjustment problems
- Motivation
- Relationship difficulties
- Sleep problems
- Family concerns

60% of students at SPCS have previously seen a therapist
Student Psychological Counseling Services

Limited Psychiatric Services

- **SPCS philosophy:** We utilize evidence-based treatments to help students before recommending a psychiatric evaluation.

- Psychiatric evaluations are available for new prescriptions, with short term management and referral to the community for long term care.

- Bridge *short term* treatment for students needing local psychiatrists and refills for medications.

- Does NOT include ADHD evaluations and meds.
Student Psychological Counseling Services

Signs of Mental Health Difficulty

- Significant weight loss
- Frequent illness
- Excessive fatigue
- Changes in behavior or hygiene
- Talk of hopelessness
- Loneliness
- Lack of purpose
- When the tearful calls home outnumber the other ones
Student Psychological Counseling Services

Staffed with licensed clinicians who have a combined 100 years of service at SPCS!
Disability Services

410 N. Glassell St.
Disability Services

• Our Goal/Purpose:
  Under the American’s with Disabilities Act (ADA) – Accommodate students with disabilities in order to compensate for limiting abilities due to a disability in order to achieve equal access to the educational experience

• Accommodations:
  Designed to level the playing field for students with disabilities, while maintaining the integrity and standards of Chapman’s academic programs
Disability Services

Examples of ADA accommodations

• Extended testing time
• Distraction-reduced testing setting
• Note-taking assistance
• Tests in alternate formats
• Interpreting services

Other assistance may include coaching/counseling, studying tips, problem-solving with faculty, utilizing other support services, and organizational and time management strategies.
Disability Services

• The philosophy and process of receiving disability accommodations is different than in high school.

• Some documentation will be necessary to approve services. Determined on a case-by-case basis.

• Students must self-identify and register with Disability Services in order to receive and utilize accommodations.
Disability Services

Jason McAlexander, M.A., M.S.
Director
jmcalex@chapman.edu
Located next to the Student Health Center at 410 N. Glassell

Shirley Kim
Administrative Assistant
(714) 516-4520
shirlkim@chapman.edu
Public Safety

418 North Glassell Street
Orange, California 92866

24 hour Dispatch 714-997-6763
Public Safety

Key Divisions

• Public Safety
• Fire & Life Safety
• Parking & Transportation Services
Public Safety

• **Operation Safe Ride (714) 997-6680**
  Provides evening transportation around the university

• **Prevention Awareness and Working Together (PAWS)**
  Safety seminars presented by Public Safety
  Campus Watch - If you see something, say something!

• **Rape Aggression Defense Classes (RAD)**
  Self-defense training

• **Active Shooter Training**

• **Lost and Found**

• **Bicycle Licensing and Registration**
  All bicycles on campus are required to be licensed

• **Emergency Phones**
  Blue phones connect directly to Public Safety Dispatch
Public Safety

Panther Guardian Safety App:
Check in with Public Safety or others you trust to help you stay safe on and off campus. The Panther Guardian app is an effective way for students, staff, and faculty to communicate with Public Safety via a smartphone. Available at itunes.apple.com and play.google.com by searching Rave Guardian.

Panther Alert Emergency Notification:
Students are automatically enrolled with their Chapman E-mail but must provide cell numbers to receive mobile notifications

www.chapman.edu/panther-alert
Fire and Life Safety

• Building/Fire Protection Inspections

• Residence Hall Evacuation Drills
  Conducted each semester

• Training and education
  Fire Safety
  Fire Extinguisher training
  CPR/First Aid/AED training

• Permits
  Special events
  Filming
Mandatory Parking Permit Policy

• Permits are required 24 hours per day, 365 days per year for visitors and university faculty, staff, and students.
• All faculty, staff and student vehicles parked on campus must be registered to a valid permit at https://chapman.nupark.com/portal.
• Parking in the surrounding neighborhood or public parking areas is prohibited.
• Areas are restricted depending on permit type. Regulations are posted at the entrance to every parking area and can be reviewed on the Parking Services website.
• Fees are automatically billed to student accounts twice a year; at the beginning of the fall and spring semesters

Where to register for a permit

• https://chapman.nupark.com/portal - once a permit is registered for/purchased, parking privileges begin. The license plate will be scanned to validate parking privileges. Your student will be mailed a Parking Plan. Please encourage them to review to know all of their parking options.
Permit fee waiver

• If your student is living on campus without a vehicle or commuting via alternative means and does not drive to campus, they must waive the mandatory permit requirement online before their student account will be credited the parking fee.
• Waivers must be submitted online at: https://web.chapman.edu/parkingwaiver.
• Retain confirmation page for your records
• Deadline to file a waiver is 9/16/19.
Parking & Transportation Services

Additional Parking and Transportation Resources

- Chapman Grand Shuttle
  Monday – Friday, 7:30 AM – 12:00 AM
  Weekends, 9:00 AM – 9:00 PM
- Panther Village Shuttle
  Monday – Friday, 7:30 AM – 12:00 AM
  Weekends, 9:00 AM – 9:00 PM
- Parking Lot Shuttle
  Monday – Friday, 7:00 AM – 6:10 PM
- Get the App! Parking Space Availability and Shuttle Tracking App ([www.chapman.edu/parking](http://www.chapman.edu/parking)). Look for the logos.
Cross-Cultural Center

Culturally-Based Programs and Learning Experiences

• Diversity & Inclusion Workshops
• Cultural Graduation Celebrations
• Discussion Groups
• Heritage Month Programs
• We CU! Mentorship Program
Cross-Cultural Center Video

https://www.dropbox.com/sh/yb3gfib7tjsxjkc/AAA0gW4lLv8ULejcFYwvmZ-ya?dl=0
Cross-Cultural Center

Visit Us

• Argyros Forum 304
• Hours:
  Monday-Thursday: 8:00am-10:00pm
  Friday: 8:00am-5:00pm
  Saturday: Closed
  Sunday: 1:00pm-10:00pm

Contact Us

• Topper - Program Coordinator for the Cross-Cultural Center, topper@chapman.edu
• Shishei Tsang - Program Coordinator for Student Engagement, ystsang@chapman.edu
• Justin Koppelman - Associate Director of Student Engagement, jkoppel@chapman.edu
The Office of Parent Engagement

We are here to help you!

Stop by our Parent table in the lobby on your way out.

Volunteer Services, Parent Resources, Event Information and much more!
Thanks!!

We will be in the lobby following the session for additional questions.