Student Success

Many services to support your student’s success

We are here to help!

Services based on assessment and data.
Student Services Overview

- Peer and Health Education
- Student Health Center
- Student Psychological Counseling Services
- Disability Services
- Public Safety
- Parent Programs
- Cross-Cultural Center
Student Services Video

https://www.youtube.com/watch?v=TRlGnKCG2h4
PEER and Health Education

Prevention Focused Programs

Education

Awareness

Engagement

Helping students connect / resources / support

Reducing college students’ risky behaviors in relation to alcohol, sex, and consent

Dr. Dani Smith

dasmith@chapman.edu

Director

Sexual Assault Crisis Counselor

Licensed Therapist

26 years working at Chapman
PEER

- Proactive Prevention
- Education
- Encouraging
- Responsibility

Public Health Perspective
Prevention

To Help Students Make Informed Choices
Healthy Panther Initiative

• A required program for all new first-year and transfer undergraduate students

• Designed to empower students with the information and skills necessary for healthy decision-making

• Help make positive decisions regarding sex, alcohol/drugs, and personal health

• Information regarding sexual misconduct, reporting options, resources, and prevention including active bystander skills

• Skills that will not only help students stay healthy, but that will also help them perform better intellectually.
PEER and Health Education

Keep talking to them about how much they drink and how often they party.

Researchers report that these on-going conversations can make a difference.
PEER and Health Education

C.A.R.E.S.
Creating A Rape-free Environment for Students

Sexual Assault/Rape Prevention *
Educational Programming *
Campus Advocacy
PEER and Health Education

**PEER/CARES On-going Educational Events**

- Education for orgs, teams, groups, leaders
  - Alcohol and Drug Education
  - Sexual Assault Prevention
  - Active Bystander Skills
Located on the corner of Sycamore and Glassell
Student Health Center

• Have professional and highly qualified college health nurses, NP, PA, and physicians.

• Located on campus with walk-in hours and scheduled appointments.

• Some “over-the-counter” and prescription medications available.

• Can’t fill outside prescriptions
First aid: Cuts, abrasions, and burns

Acute illness: Fever, sore throat, flu, bronchitis, sinusitis, vomiting, diarrhea

Health screening: PAP, STDs, blood pressure, and routine immunizations
All new students must have a Health Form on file at the Student Health Center.

The Health Form must be filled out completely, including required immunization dates.

Failure to submit this form may create a hold on your account. This form must be completed regardless of your insurance coverage.
• All students can use the Student Health Center (whether or not they purchased insurance through the University)!!!!

• Health insurance will be an optional service that can be purchased through the Student Business Office and charged to the student account.

• Annual cost: $1,456.00

• Deadline for Enrolling in Insurance is Sept. 17, 2017
  • https://www.chapman.edu/studentlife/cush
Vaccines

- Meningitis vaccine serotypes A, C, W and Y
  - Highly recommended (booster recommended if 1st dose received before the age of 16)
  - Meningitis B vaccine released 2015

- Influenza Vaccine- 2017
  October 17th and 18th in the student union
Student Psychological Counseling Services

410 N. Glassell St.
Student Psychological Counseling Services

- Brief, short-term counseling and psychotherapy
- Counseling is provided for individuals, groups, couples, and families
- Referrals to local therapists, psychologists, health care providers
- To make an appointment, go to SPCS at 410 N. Glassell St. (right next to the Student Health Center)
Student Psychological Counseling Services

Most Common Challenges
- Anxiety
- Depression
- Self-esteem issues
- Adjustment problems
- Motivation
- Relationship difficulties
- Sleep problems
- Family concerns

60% of students at SPCS have previously seen a therapist
Student Psychological Counseling Services

Psychiatry

• SPCS philosophy: Medications can be helpful in some circumstances, but in most cases, SPCS focuses on building a trusting relationship and utilizes evidence-based treatments to help students before recommending a psychiatric evaluation.

• 20% of students on psychiatric medication at intake in SPCS.

• Psychiatric evaluations are available for new prescriptions, short term management with referral to the community for long term care.

• Bridge *short term* treatment for students needing local psychiatrists and refills for medications.

• Does NOT include ADHD evaluations and meds.
Signs of Mental Health Difficulty

- Significant weight loss
- Frequent illness
- Excessive fatigue
- Changes in behavior or hygiene
- Talk of hopelessness
- Lack of purpose
- When the tearful calls home outnumber the other ones
Student Psychological Counseling Services

Our Staff
- Six Full-Time and One Part-time Psychotherapists
- One MFT Intern
- Over 85 years combined experience
Disability Services

410 N. Glassell St.
Our Goal/Purpose:
• Under the American’s with Disabilities Act (ADA) – Accommodate students with disabilities in order to compensate for limiting abilities due to a disability in order to achieve equal access to the educational experience.

Accommodations:
• Designed to level the playing field for students with disabilities, while maintaining the integrity and standards of Chapman’s academic programs
Examples of ADA accommodations

- Extended testing time
- Distraction-reduced testing setting
- Note-taking assistance
- Tests in alternate formats
- Interpreting services

Other assistance may include coaching/counseling, studying tips, problem-solving with faculty, utilizing other support services, and organizational and time management strategies.
### Disability Services

- The philosophy and process of receiving disability accommodations is different than in high school.

- Some documentation will be necessary to approve services. Determined on a case-by-case basis.

- Students must self-identify and register with Disability Services in order to receive and utilize accommodations.
Disability Services

Jason McAlexander, M.A., M.S.
Director
jmcalex@chapman.edu
Located next to the Student Health Center at 410 N. Glassell

Ana Ochoa
Administrative Assistant
(714) 516-4520
ochoa@chapman.edu
Public Safety
418 North Glassell Street
Orange, California 92866
24 hour Dispatch 714-997-6763
Public Safety

Key Function Areas
- Communications
- Patrol
- Fire and Life Safety
- Parking
- Transportation
Public Safety

Operation Safe Ride (714) 997-6680
Provides evening transportation around the university

Prevention Awareness and Working Together (PAWS)
Safety seminars presented by Public Safety
Campus Watch - If you see something, say something!

Rape Aggression Defense Classes (RAD)
Self-defense training

Lost and Found

Bicycle Licensing and Registration
All bicycles on campus are required to be licensed
Panther Guardian Safety App:
Check in with Public Safety or others you trust to help you stay safe on and off campus.

The Panther Guardian app is an effective way for students, staff, and faculty to communicate with Public Safety via a smart phone. Available at [itunes.apple.com](http://itunes.apple.com) and [play.google.com](http://play.google.com) by searching Rave Guardian. Register with your Chapman e-mail address.
Fire and Life Safety

- **Emergency Preparedness**
  - Disaster, emergency drills and training
    - Fire Extinguisher training
    - Active Shooter
    - CPR/First Aid/AED training
  - Panther Alert Emergency Notification
    Students are automatically enrolled with their Chapman E-mail but must provide cell numbers to receive mobile notifications
    - [www.chapman.edu/panther-alert](http://www.chapman.edu/panther-alert)

- Residence Hall Evacuation Drills
  - Conducted each semester

- **Emergency Phones**
  - Blue phones connect directly to Public Safety Dispatch
Mandatory Parking Permit Policy

• Permits are required 24 hours per day, 365 days per year for both visitors and university faculty, staff, and students.
• Vehicles not displaying a valid permit are subject to citation.
• All students living on campus with a vehicle or driving to campus are required to purchase a parking permit and park in university owned or operated parking areas.
• Areas are restricted depending on permit type. Regulations are posted at the entrance to every parking area.
• Fees are automatically billed to student accounts twice a year; at the beginning of the fall and spring semesters.

Where to register for a permit

www.chapman.edu/vr - the confirmation page may be used as a permit for up to two weeks from the date registered. Please display the confirmation page on the dash of the vehicle. After registering online, the student must bring their ID to Public Safety, 418 N. Glassell St. to pick up a permit. We are open 24/7/365 to assist.
Parking Services

Permit fee waiver
If your student is living on campus without a vehicle or commuting via alternative means and do not drive to campus, they must waive the mandatory permit requirement online before their student account will be credited the parking fee. Waivers must be submitted online at: www.chapman.edu/vr
Retain confirmation page for your records
Deadline to file a waiver is 9/17/17.
Transportation Services

• Additional Parking and Transportation Resources
  – Panther Village Shuttle
    • Monday – Friday, 7:30 AM – 12:00 AM
    • Weekends, 9:00 AM – 9:30 PM
  – Parking Lot Shuttle
    • Monday – Friday, 7:00 AM – 6:10 PM
  – Get the App! Parking Space Availability and Shuttle Tracking App (www.chapman.edu/parking)
    • Information available at www.chapman.edu/parking
The Office of Parent Engagement

We are your personal concierge!

Call on us when you need assistance.
How We Communicate

Daily Through:
- facebook.com/ChapmanUniversityParents

Monthly Through:
- Parent Connection e-newsletter sent to your email address

Our Website:
- chapman.edu/families

How to reach us
(714) 997-6558
Parents@chapman.edu
facebook.com/ChapmanUniversityParents
Get Involved!

Become a Panther Parent Ambassador on campus or in your hometown
Find us this week on campus.
We’d love to meet you while you are here
Visit us at the Parent Booths

• Letter writing: (Parents only) located on the side of Memorial Hall, Shady Quad
• Get a family photo (located on the side of Memorial Hall, Shady Quad)
Save the Dates

Chapman Family Volunteer Night: Sept. 6 - 7:30 pm
Facebook Live Volunteer Information Session: Sept. 13 - 2:00 pm (PDT)
Chapman Family Homecoming Celebration: Oct. 6-7
Inter-departmental initiatives and projects housed in Student Affairs

- **Chair:** Leti Romo, Assistant Director for Student Engagement overseeing the Cross-Cultural Center
- **Mission:** to provide a series of engaging experiences that expose students to multiple viewpoints on a variety of issues and highlight the many different cultures that comprise the Chapman student community
What we offer...

- Broad-based as well as individualized programs throughout the academic year
  - Support and Foster Identity Development
  - Develop and Enhance Empathy and Interpersonal Connections
  - Initiate and Enrich Relationships and Connections within the Chapman and Orange County Communities
Accomplish by...

- Affirmation
- Exposure
- Support
Affirmation and Exposure

• Affirmation of individual and collective identities
  – Through celebrations, workshops, speakers
  – I AM CHAPMAN student exhibits

• Exposure to new experiences, identities, and perspectives
  – Programs and learning opportunities each week
  – WE ARE CHAPMAN Leadership retreat
    • September 23, 2017
Support

• Cross-Cultural Center
  – Argyros Forum 304
  – Hours
    • Monday-Thursday 8a-12a
    • Friday 8a-10p
    • Saturday and Sunday 10a-10p
  – 4 rooms that focus on different identities that include artwork and education about the identity
  – Lounge Space
  – Kitchenette
  – Discussions, Programs, Workshops, Experiences, etc
Support

• WE CU! Mentor Program
  – Holistic approach to the needs of students
  – Self selected from many options

• Campus Culture Resource and Education Team (CERT)
  – Recognition of and connection to national and international current events
  – Offer holistic follow-up and processing opportunities for individuals and student groups for any challenges that may arise during the year
Thanks!!!!

We will be here following the session for additional questions