

## Nutrition in the News: Are you eating Pink Slime?



**MEGAN FOBAR**

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Have you ever consumed “pink slime?” Despite what you may think, it is actually very likely that you have consumed this processed beef product (especially if you have eaten a hamburger). Pink slime, also known as lean finely textured beef, has been widely used in ground beef in supermarkets, restaurants and fast food chains. It has received extensive media attention this year due to consumer concern over its quality and safety; however, the meat industry and the U.S. Department of Agriculture maintain that it is safe for consumption. This presentation will examine both sides of this argument and investigate the safety, nutrition and need for pink slime in our meat.