**Lunch Menu**

**Oct 15th**

**Eggplant Parmesan**

*Pomodoro basil sauce*

**Pesto Pasta**

*Primavera*

**Oct 16th**

**Talapia**

*Picatta Style*

**Black Bean Corn Fritters**

*Spicy Aioli*

**Oct 17th**

**Cumin Coriander Chicken**

*Mole Sauce*

**Grilled Vegetables**

*Cilantro pesto*

**Oct 18th**

**Roast Beef**

*Au Jus*

**Sesame Tofu**

*Teriyaki Glaze*

**Oct 19th  
Italian Sausage**

*Peppers and onions*

**Vegan Ribletts**

*Cherry BBQ sauce*

*Chef Vince’s*

*Selections of the day*

**Fresh Fruits, Salads & Desserts**

*Including gluten-free and vegan recipes*