

JULIANNE ARGRYOS AND HENLEY HALL FITNESS CENTER

1. A valid Chapman University ID is required for check-in. All users must be registered with Chapman University Innosoft Fusion Rec Portal online system.
2. All guests must annually sign the Fitness & Recreation Waiver. Persons under 18 years of age must have a parent or guardian sign the waiver.
3. Access is limited to current students in Henley Hall Fitness Center.
4. Access is limited to current students, regular and limited term employees, and lecturers in Argyros Fitness Center.
5. The following are prohibited in the Fitness Center:
 - a. Food and gum
 - b. Glass containers
 - c. Photography or filming of any kind, unless written permission has been granted by the University
 - d. All bags should be stowed in the allotted cubbies.
 - e. All drinks other than water. Other drinks must be stowed in the allotted cubbies
 - f. Animals (except service animals)
 - g. Hand weights and dumbbells on any cardiovascular equipment
 - h. Removing any equipment from the Fitness Center (including but not limited to weights, medicine balls, yoga mats)
6. Acceptable Attire:
 - a. Athletic shoes are required in the Fitness Center at all times: no open toe shoes, boots, sandals, dress shoes, cleats, etc. Exceptions will be made by Fitness Center staff for specific activities requiring bare feet.
 - b. Athletic attire is required in the Fitness Center: no denim jeans, pants with metal rivets, or belts
 - c. Shirts must be worn at all times and should cover all areas that come in contact with the fitness equipment.
7. Fitness Center etiquette requirements include:
 - a. Wiping down machines and mats after use
 - b. Limited time on cardiovascular equipment to 20 minutes when people are waiting
 - c. Carefully setting down weights on the Fitness Center floor or appropriate storage rack (weights must not be dropped)
8. Safety Requirements:
 - a. Barbell safety collars/clips must always be used
 - b. Visitors touring the facility may not participate in any Fitness Center activity and must follow all policies while in the Fitness Center
9. Fitness Center shelves and cubbies are provided for personal gear. Please do not store valuables in these areas. The University will not be liable for lost or stolen items.