Making the Transition
Student Services

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Associate Vice President for Student Affairs
and Senior Associate Dean of Students

[Image of a statue with a building in the background]
Student Success

Many services to support your student’s success

We are here to help!

Services based on assessment and data.
Student Services Overview

- PEER and Health Education
- Student Health Center
- Student Psychological Counseling Services
- Disability Services
- Public Safety
- Parent Programs
- Cross-Cultural Center
Student Services Video

https://youtu.be/7sfoD0GhrqE
PEER and Health Education

• Prevention Focused Programs
• Education
• Skill Development
• Awareness
• Engagement
• Helping students connect with resources and support

• Reducing college students’ high risk behaviors in relation to:
  • Alcohol and other drug use
  • Relationship violence
  • Affirmative Consent

Dr. Dani Smith
dasmith@chapman.edu
Director
Sexual Assault Crisis Counselor
Licensed Therapist
27 years working at Chapman
PEER

• Proactive Prevention
• Education
• Encouraging
• Responsibility

Public Health Perspective
Prevention

To Help Students Make Informed Choices
PEER and Health Education

Healthy Panther Initiative

• A required program for all new first-year and transfer undergraduate students

• Designed to empower students with the information and skills necessary for healthy decision-making

• Help make positive decisions regarding sex, alcohol/drugs, personal health, and relationship development

• Information regarding relationship misconduct, reporting options, resources on and off campus, and prevention skills including active bystander options

• Skill development and education helping students to stay on track to achieve their academic goals.
Periodically, check-in and discuss if, and how much, your student is drinking and partying. Research results show that these ongoing conversations can make a huge difference in regard to alcohol use.
PEER and Health Education

C.A.R.E.S. Student Group
Creating A Rape-free Environment for Students

Sexual Assault and Violence Prevention *
Educational and Awareness Programming *
Campus Advocacy
Dr. Smith is our Sexual Assault Crisis Counselor and CARES Coordinator
PEER and Health Education

PEER/CARES On-going Educational Events

• Education for organizations, teams, groups, leaders
• Alcohol and Drug Abuse Prevention
• Sexual Violence Prevention
• Active Bystander Skills
• Stress Reduction, Anger Management and other Mental and Physical Health related topics
Student Health Center

Located on the corner of Sycamore and Glassell
Student Health Services

- First aid: Cuts, abrasions, and burns

- Acute illness: Fever, sore throat, flu, bronchitis, sinusitis and gastrointestinal symptoms

- Health screening: TB screening, immunizations, sexual and reproductive health
Student Health Services

• Vaccines
• Meningitis vaccine serotypes A,C,W and Y
  • Highly recommended (booster recommended if 1st dose received before the age of 16)
  • Meningitis B vaccine released 2015

• Influenza Vaccine – October 9th and 10th
  1-6pm Argyros Forum Student Union
Student Health Insurance

• **All full time undergraduate students can use the Student Health Center!**

• Health insurance will be an optional service that can be purchased through the Student Business Office and charged to the student account.

• **Annual cost:**
  $1,840.00

• **Deadline for Enrolling in Insurance is September 17, 2018**
  [https://www.chapman.edu/studentlife/cush](https://www.chapman.edu/studentlife/cush)
Student Psychological Counseling Services

410 N. Glassell St.
(In between Health Services and Public Safety)
Student Psychological Counseling Services

• In-person intake at SPCS

• Brief assessment determines if student concerns fall within the scope of practice

• Brief, goal-directed models of therapy provided to assist students in achieving their academic goals

• Students best served by higher level of care are referred to community providers

• Students in crisis are seen for same day triage
Student Psychological Counseling Services

Most Common Concerns

- Anxiety
- Depression
- Self-esteem issues
- Adjustment problems
- Motivation
- Relationship difficulties
- Sleep problems
- Family concerns

60% of students at SPCS have previously seen a therapist
Student Psychological Counseling Services

Limited Psychiatric Services

- **SPCS philosophy:** We utilize evidence-based treatments to help students before recommending a psychiatric evaluation

- Psychiatric evaluations are available for new prescriptions, with short term management and referral to the community for long term care

- **Bridge short term** treatment for students needing local psychiatrists and refills for medications

- Does NOT include ADHD evaluations and meds
Signs of Mental Health Difficulty

- Significant weight loss
- Frequent illness
- Excessive fatigue
- Changes in behavior or hygiene
- Talk of hopelessness
- Loneliness
- Lack of purpose
- When the tearful calls home outnumber the other ones
Student Psychological Counseling Services

Staffed with licensed clinicians who have a combined 100 years of service at SPCS!
Disability Services

410 N. Glassell St
Disability Services

Our Goal/Purpose:
• Under the American’s with Disabilities Act (ADA) – Accommodate students with disabilities in order to compensate for limiting abilities due to a disability in order to achieve equal access to the educational experience.

Accommodations:
• Designed to level the playing field for students with disabilities, while maintaining the integrity and standards of Chapman’s academic programs
Disability Services

Examples of ADA accommodations

- Extended testing time
- Distraction-reduced testing setting
- Note-taking assistance
- Tests in alternate formats
- Interpreting services

Other assistance may include coaching/counseling, studying tips, problem-solving with faculty, utilizing other support services, and organizational and time management strategies.
Disability Services

- The philosophy and process of receiving disability accommodations is different than in high school.
- Some documentation will be necessary to approve services. Determined on a case-by-case basis.
- Students must self-identify and register with Disability Services in order to receive and utilize accommodations.
Disability Services

Jason McAlexander, M.A., M.S.
Director
jmcalex@chapman.edu
Located next to the Student Health Center at 410 N.Glassell

Ana Ochoa
Administrative Assistant
(714) 516-4520
ochoa@chapman.edu
418 North Glassell Street
Orange, California 92866

24 hour Dispatch 714-997-6763
Public Safety

Key Function Areas
• Communications
• Patrol
• Fire and Life Safety
• Emergency Management
• Parking
• Transportation
Public Safety

Operation Safe Ride (714) 997-6680
Provides evening transportation around the university

Prevention Awareness and Working Together (PAWS)
Safety seminars presented by Public Safety
Campus Watch - If you see something, say something!

Rape Aggression Defense Classes (RAD)
Self-defense training

Lost and Found

Bicycle Licensing and Registration
All bicycles on campus are required to be licensed

Emergency Phones
Blue phones connect directly to Public Safety Dispatch
Panther Guardian Safety App:
Check in with Public Safety or others you trust to help you stay safe on and off campus.

The Panther Guardian app is an effective way for students, staff, and faculty to communicate with Public Safety via a smart phone.
Available at itunes.apple.com and play.google.com by searching Rave Guardian.
Register with your Chapman e-mail address
Fire and Life Safety

Emergency Preparedness
Disaster, emergency drills and training
  • Fire Extinguisher training
  • Active Shooter
  • CPR/First Aid/AED training
  • Students are automatically enrolled
  • with their Chapman E-mail but must provide
  • cell numbers to receive mobile notifications
    www.chapman.edu/panther-alert

Panther Alert Emergency Notification

Residence Hall Evacuation Drills
  Conducted each semester

Building/Fire Protection Inspections
Parking & Transportation Services
www.chapman.edu/parking; parking@chapman.edu

Mandatory Parking Permit Policy

• Permits are required 24 hours per day, 365 days per year for visitors and university faculty, staff, and students.
• All faculty, staff and student vehicles parked on campus must be registered at https://chapman.nupark.com/portal.
• Parking in the surrounding neighborhood or public parking areas is prohibited.
• Areas are restricted depending on permit type. Regulations are posted at the entrance to every parking area and can be reviewed on the Parking Services website.
• Fees are automatically billed to student accounts twice a year; at the beginning of the fall and spring semesters

Where to register for a permit

• https://chapman.nupark.com/portal - once a permit is registered for/purchased, parking privileges begin. While the license plate is used to validate parking privileges, permits are still issued and will be mailed to any who has registered. Mailing address can be confirmed at time of registration.
Parking & Transportation Services

Permit fee waiver

• If your student is living on campus without a vehicle or commuting via alternative means and does not drive to campus, they must waive the mandatory permit requirement online before their student account will be credited the parking fee.

• Waivers must be submitted online at: https://web.chapman.edu/parkingwaiver.

• Retain confirmation page for your records

• Deadline to file a waiver is 9/17/18.
Parking & Transportation Services

Additional Parking and Transportation Resources

- Chapman Grand Shuttle
  - Monday – Friday, 7:30 AM – 12:00 AM
  - Weekends, 9:00 AM – 9:30 PM
- Panther Village Shuttle
  - Monday – Friday, 7:30 AM – 12:00 AM
  - Weekends, 9:00 AM – 9:30 PM
- Parking Lot Shuttle
  - Monday – Friday, 7:00 AM – 6:10 PM
- Get the App! Parking Space Availability and Shuttle Tracking App ([www.chapman.edu/parking](http://www.chapman.edu/parking)). Look for the logos.
Cross-Cultural Center

Culturally-Based Programs and Learning Experiences

• Breaking Ground Workshops
• Cultural Graduation Celebrations
• Discussion Groups
• Heritage Month Programs
• We CU Mentorship Program
Cross-Cultural Center

Visit Us
• Argyros Forum 304
• Hours:
  o Monday-Thursday: 8:00am-10:00pm
  o Friday: 8:00am-5:00pm
  o Saturday: Closed
  o Sunday: 1:00pm-10:00pm

Contact Us
• Topper - Program Coordinator Cross-Cultural Center, topper@chapman.edu
• Negeen Lotfi - Program Coordinator Student Engagement, lotfi@chapman.edu
• Justin Koppelman - Associate Director Student Engagement, jkoppel@chapman.edu
The Office of Parent Engagement
We are here to help you!

Stop by our Parent table in the lobby on your way out.

Volunteer Services, Parent Resources, Event Information and much more!
Thanks!!!!

We will be here following the session for additional questions