

# NATALIE STANDRIDGE

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## Advice

Don't be intimidated by the prospect of research. If you are interested in a topic but are unsure about pursuing research as a career, try getting involved in a research lab. Research can help you discover your passions and can supply you with creative opportunities.

Remember that your professors are there to help you, so don't be afraid to reach out to them about getting involved in their lab or ask them questions about research.

## Current Research

In the Healthy Aging Lab, we have conducted studies focused on discovering how factors affect physical and psychological health throughout a person's lifetime. Specifically, I have been involved with research analyzing how negative stereotypes affect people's behavior and health. I am currently a part of an online COVID-19 study, in which we are attempting to analyze if helpful behaviors towards others, such as buying groceries for a neighbor, and helpful behaviors towards oneself, such as washing your hands, affect how an individual views and copes with the pandemic. We plan on continuing this study throughout the pandemic.



## Involvements

- Vice Captain of Love Your Melon
- Gamma Beta Phi Honor Society
- Chapman Ambassadors Program
- Research Assistant at the Healthy Aging Lab

## Awards & Distinctions

- Provost List 2018-2020
- Provost Scholarship

## Conferences

- Student Scholar Symposium