Making the Transition
Student Services

Colleen Wood
Assistant Vice President for Student Affairs
and Associate Dean of Students
Student Success

Many services to support your student’s success

We are here to help!

Services based on assessment and data.
Student Services Overview

• Peer and Health Education
• Student Health Center
• Student Psychological Counseling Services
• Disability Services
• Public Safety
• Parent Programs
• Cross-Cultural Center
PEER and Health Education

- **P**roactive Prevention
- **E**ducation
- **E**ncouraging
- **R**esponsibility

Dr. Dani Smith
dasmith@chapman.edu
Director
Sexual Assault Crisis Counselor
Licensed Therapist
30 years working at Chapman
PEER and Health Education

• Prevention Focused Programs
• Education
• Skill Development
• Awareness
• Engagement
  • Opportunities
    • American Red Cross Blood Drives
    • Student CARES Group
    • Programming Partnerships
• Helping students connect with resources and support
• Reducing college students’ high-risk behaviors in relation to:
  • Alcohol and Other Drug Use
  • Relationship Violence
  • Affirmative Consent

Public Health Perspective
Educating
and
Encouraging Students to Make
Informed Decisions
Healthy Panther Initiative (HPI)

- A required program for all new first-year and transfer undergraduate students
- Designed to empower students helping with healthy decision-making
- Topics include alcohol/drugs, personal health and relationship development
- Reporting options and resources about sexual misconduct and skills about how to be an active bystander / where to get help
- Skill development and education helping students to stay on track to achieve their academic goals
Periodically check-in and discuss if, and how much, your student is drinking and partying. Research strongly suggests that these on-going conversations can make a huge difference in regard to their alcohol use and choice of peers.
PEER and Health Education

C.A.R.E.S. Student Group
Creating A Rape-free Environment for Students

Dr. Smith is our Sexual Assault Crisis Counselor / Advocate
C.A.R.E.S. Coordinator
Sexual Assault and Violence Prevention *
Educational Awareness Programming *
PEER and Health Education
On-going Programming

• Conflict Management Skill Building
• What Does a Healthy Relationship Look Like?
• Anxiety Management / Proven Skills that Work
• Alcohol / Responsible Consumption
• Anger Management Tips and Skills
• Stress Reduction / Skill Building Tips
• Managing MY Emotions
• Communicating Effectively

www.chapman.edu/peer
Student Health Center

402 N. Glassell St.
Phone: (714) 997-6851
Email: studenthealth@chapman.edu
Student Health Center

Jacqueline Deats, Director
deats@chapman.edu
Phone: (714) 997-6851
Fax: (714) 744-7077
Brief Overview of Services Provided

• Acute illness: First Aid, fever, sore throat, flu, bronchitis, sinusitis, GI and COVID-19

• Health screening: GYN & sexual health testing

• Free Flu Vaccines beginning in October

• Some “over-the-counter” and prescription medications available

• COVID-19 testing
Student Health Insurance

• Proof of health insurance will be required

• Please submit proof at Student Center (Task Title) by 9/19/22

• Chapman provides students access to an Affordable Care Act (ACA) compliant policy underwritten by UNITED HEALTHCARE INSURANCE COMPANY

• Cost for UHC insurance coverage - $1,846.00 annually

• September 19, 2022: Deadline to enroll in UHC insurance OR to waive out of it if you have your own insurance. Please visit Business Office website.
Student Health Center Health Form

- All new students must have a Health Form on file at the Student Health Center

- Failure to submit online form may create a hold on your student’s account. This form must be completed regardless of your insurance coverage.
COVID-19 Health and Safety Measures

• Chapman’s https://custayinghealthy.chapman.edu/ website outlines the full process for accessing campus

• Students who access campus must complete an online **daily health screening**

• Professors will receive a daily report of students in their classes who are NOT CLEAR to be on campus
COVID-19 Health and Safety Measures

Vaccination and Testing Requirements:

• **Vaccines/booster**: submit proof of having all vaccinations and booster(s) for which you are eligible

• **Unvaccinated or not boosted**: Submit a Personal Declination [https://web.chapman.edu/covid19vaccination](https://web.chapman.edu/covid19vaccination)
COVID-19 Health and Safety Measures

Positive Test:
• Isolate
• Email Chapman’s Internal Contact Tracing Team
  contacttracingteam@chapman.edu

Contact Tracing:
• All students are required to cooperate with contact tracing team
Chapman University will be hosting a booster clinic. Registration and appointment information to follow:

**Date:** Wednesday, August 31

**Time:** 10:00am – 2:00pm

**Location:** COVID Testing Site at 145 W. Sycamore Ave
Student Psychological Counseling Services

410 N. Glassell St.
(In between Health Services and Public Safety)
Phone: (714) 997-6778  Email: spcs@chapman.edu
Student Psychological Counseling Services

• In-person and Telemedicine appointments are available with SPCS

• Brief assessment determines if student concerns fall within the scope of practice

• Brief, goal-directed models of therapy provided to assist students in achieving their academic goals

• Students best served by higher level of care are referred to community providers

• Students in crisis are seen for same day triage
Student Psychological Counseling Services

Most Common Concerns

• Anxiety
• Depression
• Self-esteem issues
• Adjustment problems
• Motivation
• Relationship difficulties
• Sleep problems
• Family concerns

Drop-In hours offered and 24/7 Crisis Line available
Student Psychological Counseling Services

Limited Psychiatric Services

• SPCS philosophy: We utilize evidence-based treatments to help students before recommending a psychiatric evaluation

• Psychiatric evaluations are available for new prescriptions, with short term management and referral to the community for long term care

• Bridge short term treatment for students needing local psychiatrists and refills for medications

• Does NOT include ADHD evaluations and meds
Student Psychological Counseling Services

Signs of Mental Health Difficulty

- Significant weight loss
- Frequent illness
- Excessive fatigue
- Changes in behavior or hygiene
- Talk of hopelessness
- Loneliness
- Lack of purpose
- When the tearful calls home out number the other ones
Student Psychological Counseling Services

Staffed with licensed and supervised clinicians from a variety of modalities and experiences
Disability Services

Argyros Forum 203, 2nd Floor
Phone: (714) 516-4520 Email: DS@chapman.edu
Disability Services

• **Our Goal/Purpose:**
  Under the Americans with Disabilities Act (ADA) – Accommodate students with disabilities in order to compensate for limiting abilities due to a disability in order to achieve equal access to the educational experience

• **Accommodations:**
  Designed to level the playing field for students with disabilities, while maintaining the integrity and standards of Chapman’s academic programs
Disability Services

Examples of ADA accommodations

- Extended testing time
- Distraction-reduced testing setting
- Audio recording of lectures
- Tests in alternate formats
- Interpreting services

Other assistance may include coaching/counseling, studying tips, problem-solving with faculty, utilizing other support services, and organizational and time management strategies.
Disability Services

Jason McAlexander, M.A., M.S.
Director
jmcalex@chapman.edu

Kathy Sok
Administrative Assistant
(714) 516-4520
ksok@chapman.edu
Public Safety

418 North Glassell Street
Orange, California 92866

24-hour Dispatch (714) 997-6763
Enterprise Risk & Safety Department

Public Safety Office
418 North Glassell Street
Orange, California 92866
publicsafetystaff@chapman.edu

24-hour Dispatch 714-997-6763

Fire & Life Safety and Emergency Management
350 N. Olive Street
Orange, California 92866
firesafety@chapman.edu

Parking & Transportation Services
348 N. Olive Street
Orange, California 92866
parking@chapman.edu
Public Safety

- **Operation Safe Ride** (714) 997-6680
  Provides evening transportation around the university

- **Crime Prevention** – “If you see something, say something!”
  Seminars that provide tips to prevent crime on campus and encourages the prompt reporting of suspicious activity.

- **Safety Seminars**
  What to do in the event of an active shooter. “Run, Hide or Fight”.

- **Self-Defense Classes**
  Teaches women realistic self-defense tactics and techniques.

- **Lost and Found**

- **Bicycle Licensing and Registration**
  All bicycles on campus are required to be licensed

- **Emergency Phones**
  Blue phones connect directly to Public Safety Dispatch
Panther Alert Emergency Notification:
Students are automatically enrolled with their Chapman E-mail but must provide cell numbers to receive mobile notifications.
www.chapman.edu/panther-alert

Panther Guardian Safety App:
Download the FREE Rave Guardian safety app to check in with family, friends and Public Safety.
The Panther Guardian app is an effective way for students, staff, and faculty to communicate via text with Public Safety using a smart phone. Available at itunes.apple.com and play.google.com by searching Rave Guardian.

Register with your Chapman e-mail address
Fire and Life Safety

• Building/Fire Protection Inspections

• Residence Hall Evacuation Drills
  Conducted each semester

• Training and education
  Fire Safety
  Fire Extinguisher training
  CPR/First Aid/AED training
  Basic Life Support for Rinker Health Science Students

For current schedule information, e-mail Fire Safety Officer Victor Arteaga at: arteaga@chapman.edu

• Permits
  Special events
  Filming

Victor Arteaga
Fire Safety Officer
(714) 289-2071
arteaga@chapman.edu

firesafety@chapman.edu
Mandatory Parking Permit Policy

- Permits are required 24 hours per day, 365 days per year for visitors and university faculty, staff, and students.
- All faculty, staff and student vehicles parked on campus must be registered to a valid permit at https://chapman.nupark.com/portal.
- Parking in the surrounding neighborhood or public parking areas is prohibited.
- Areas are restricted depending on permit type. Regulations are posted at the entrance to every parking area and can be reviewed on the Parking Services website.

Where to register for a permit

- https://chapman.nupark.com/portal - once a permit is registered for, parking privileges begin. The license plate will be scanned to validate parking privileges. Please encourage your student to review the Parking Plan at www.chapman.edu/parking, to know all their parking options.
Parking & Transportation Services

Shuttle Services:

- Chapman Grand/Panther Village Shuttle
  - Monday – Friday, 7:30 AM – 12:00 AM
  - Weekends, 9:00 AM – 9:00 PM

- Parking Lot Shuttle
  - Monday – Friday, 10:30 AM – 3:30 PM

- Get the App! Passio Go! App provides real-time shuttle tracking, arrival estimates, and route information.
The Office of Parent Engagement

WELCOMES YOU TO CHAPMAN!
We’re Here For You!

Our purpose is to connect you

• To the resources of the University

• To each other

• To our events and programs
Parent Hotline & Email

Office of Parent Engagement
Phone: (714) 997-6558
Email: parents@chapman.edu
Website: Chapman.edu/families

If you’re not sure who to call, call us! We are happy to point you in the right direction.
Resources

- Parents & Families Official Facebook Page
  - facebook.com/ChapmanUniversityParents

- Parent Connection Newsletter
  - Our monthly newsletter keeps you up-to-date with all things Chapman. From deadlines to events, student opportunities as well as volunteer opportunities it’s a great way to stay in the loop.
  - Sign up on the parents & families page of our website under ‘update your contact info’
Your Go-To Guide:

Reference our Chapman Family Handbook for a quick college road map.
Get Involved & Have a Chapman Experience of your own!

VOLUNTEER OPPORTUNITIES

• Homecoming
• Parent Spring Summit
• Preview Day
• Commencement
• Orientation
• Specialty events and programs, i.e. performances at Musco
Time, Talent & Treasure

Become a mentor, host an event or donate to a cause you feel passionate about. There are many ways to get involved with the University and we welcome you to explore all the options to find your fit!
Culturally-Based Programs and Learning Experiences

- Diversity, Equity & Inclusion Initiatives
- Cultural Graduation Celebrations
- Affinity Group Discussions
- Heritage Month Celebrations
- Academic, Financial Aid, and Career referrals and guidance
- Campus and Community Resources and Support
- We CU! Mentorship Program
Visit Us

Office of Diversity, Equity and Inclusion
Argyros Forum (AF 302)

• Hours:
  • Monday-Friday: 8:00am-5:00pm

Contact Us:
• Email - DEI@chapman.edu
• Website- https://www.chapman.edu/diversity

Cross Cultural Center
Argyros Forum (AF 304)

• Hours:
  • Monday-Thursday: 8:00am-10:00pm
  • Friday: 8:00am-5:00pm
  • Saturday & Sunday: As requested and approved

• Contact Us:
  • Email - crossculturalcenter@chapman.edu
  • Instagram - @chapmancrosscultural
  • Website – https://www.chapman.edu/students/life/cross-cultural-center
Contact Information

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(714)997-6560
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Cross-Cultural Center and First-Generation Programs
crossculturalcenter@chapman.edu
(714) 997-6735

Tayler DeLine
Parent Engagement Coordinator
parents@chapman.edu
(714) 997-6558
Thanks!!

We will be here following the session for additional questions.