Making the Transition
Student Services

Colleen Wood
Assistant Vice President for Student Affairs and Associate Dean of Students
Dean of Students Office

• We are here to help!

• Services provided are based on assessment and data

• Consider signing up for the tuition protection program before the start of classes (search Chapman website)

• Student Outreach and Support Team
  • Referral form is available on our website
  • Check in with students and connect them with appropriate on and off campus resources
PEER and Health Education

- Proactive
- Education
- Encouraging
- Responsibility

Dr. Dani Smith
dasmith@chapman.edu
Director
Sexual Assault Crisis Counselor
Licensed Therapist
30 years working at Chapman
PEER and Health Education

- Prevention Focused Programs and Education
- Skill Development
- Awareness
- Engagement Opportunities
  - American Red Cross Blood Drives
  - Student CARES Group
  - Programming Partnerships
- Helping students connect with resources and support
- Reducing college students’ high-risk behaviors in relation to:
  - Alcohol and Other Drug Use
  - Relationship Violence
  - Affirmative Consent
Healthy Panther Initiative

- A **required** program for all new undergraduate students
- Designed to empower students helping with healthy decision-making
- Topics include alcohol/drugs, personal health and relationship development
- Reporting options and resources about sexual misconduct and skills about how to be an active bystander / where to get help

- Skill development and education helping students to stay on track to achieve their academic goals
PEER and Health Education

- Conflict Management Skill Building
- What Does a Healthy Relationship Look Like?
- Anxiety Management / Proven Skills that Work
- Alcohol / Responsible Consumption

- Anger Management Tips and Skills
- Stress Reduction / Skill Building Tips
- Managing MY Emotions
- Communicating Effectively
What **YOU** Can Do - Your Student’s Alcohol Use

Periodically check-in and discuss if, and how much, your student is drinking and partying. Research strongly suggests that these on-going conversations can make a huge difference in regard to their alcohol use and choice of peers.
C.A.R.E.S. Student Group
Creating A Rape-free Environment for Students

Dr. Smith is our Sexual Assault Crisis Counselor / Advocate
C.A.R.E.S. Coordinator
Sexual Assault and Violence Prevention *
Educational Awareness Programming *
Student Health Center

Jacqueline Deats, Director
deats@chapman.edu

Phone: (714) 997-6851
Fax: (714) 744-7077

Location: 402 N. Glassell St.
Brief Overview of Services Provided

- **Acute illness**: First Aid, fever, sore throat, flu, bronchitis, sinusitis, GI and COVID-19
- **Health screening**: GYN & sexual health testing
- Some “over-the-counter” and prescription medications available
- **COVID-19 testing**
Student Medical Portal

• Students can book appointments, upload health records and more!

• Get started by checking out the portal here
  http://mystudenthealth.chapman.edu
Student Health Center Events

• Covid Booster Clinics – mid-September
• Flu vaccine Clinics – in October

Students should keep an eye out for information in Dean Price’s Weekly Announcements!
Student Psychological Counseling Services

410 N. Glassell St.
(in between Health Center and Public Safety)

Phone: (714) 997-6778

Email: spcs@chapman.edu
Student Psychological Counseling Services

- In-person and Telemedicine appointments are available with SPCS
- Brief assessment determines if student concerns fall within the scope of practice
- Brief, goal-directed models of therapy provided to assist students in achieving their academic goals
- Students best served by higher level of care are referred to community providers
- Students in crisis are seen for same day triage
Limited Psychiatric Services

- SPCS philosophy: We utilize evidence-based treatments to help students before recommending a psychiatric evaluation

- Psychiatric evaluations are available for new prescriptions, with short term management and referral to the community for long term care

- Bridge short term treatment for students needing local psychiatrists and refills for medications

- Does NOT include ADHD evaluations and medications
Student Psychological Counseling Services

Most Common Concerns

- Anxiety
- Depression
- Self-esteem issues
- Adjustment problems
- Motivation
- Relationship difficulties
- Sleep problems
- Family concerns

Drop-In hours offered and 24/7 Crisis Line available
Student Psychological Counseling Services

Staffed with licensed and supervised clinicians from a variety of modalities and experiences.
Signs of Mental Health Difficulty

- Significant weight loss
- Frequent illness
- Excessive fatigue
- Changes in behavior or hygiene
- Talk of hopelessness
- Loneliness
- Lack of purpose
- When the tearful calls home out number the other ones
Disability Services

• Jason McAlexander, M.A., M.S. Director jmcalex@chapman.edu

• Kathy Sok
  Administrative Assistant ksok@chapman.edu

Email: ds@chapman.edu
Disability Services

• Our Goal/Purpose:
Under the Americans with Disabilities Act (ADA) – Accommodate students with disabilities in order to compensate for limiting abilities due to a disability to achieve equal access to the educational experience

• Accommodations:
Designed to level the playing field for students with disabilities, while maintaining the integrity and standards of Chapman’s academic programs
ADA Accommodations

- Extended testing time
- Distraction-reduced testing setting
- Audio recording of lectures
- Tests in alternate formats
- Interpreting services

Other assistance may include coaching/counseling, studying tips, problem-solving with faculty, utilizing other support services, and organizational and time management strategies.
Public Safety

418 North Glassell Street
Orange, California 92866

24-hour Dispatch (714) 997-6763
Enterprise Risk & Safety Department

Public Safety Office

418 North Glassell Street
Orange, California 92886

publicsafetystaff@chapman.edu

Fire & Life Safety and Emergency Management
350 N. Olive Street
Orange, California 92886
firesafety@chapman.edu

Parking & Transportation Services
348 North Olive Street
Orange, California 92886
parking@chapman.edu
Public Safety

- **Operation Safe Ride (714) 997-6680**
  Provides evening transportation around the university

- **Crime Prevention – “If you see something, say something!”**
  Seminars that provide tips to prevent crime on campus and encourages the prompt reporting of suspicious activity.

- **Safety Seminars**
  What to do in the event of an active shooter. “Run, Hide or Fight”.

- **Self-Defense Classes**
  Teaches women realistic self-defense tactics and techniques.

- **Lost and Found**

- **Bicycle Licensing and Registration**
  All bicycles on campus are required to be licensed

- **Emergency Phones**
  Blue phones connect directly to Public Safety Dispatch
Panther Alert Emergency Notification:
Students are automatically enrolled with their Chapman E-mail but must provide cell numbers to receive mobile notifications.

www.chapman.edu/panther-alert
Fire & Life Safety

• Building/Fire Protection Inspections

• Residence Hall Evacuation Drills
  Conducted each semester

• Campus Events First Aid Team to join the student First Aid Team, e-mail Fire Marshal Victor Arteaga at: arteaga@chapman.edu

• Training and education
  • Fire Safety
  • Fire Extinguisher training
  • CPR/First Aid/AED training
  • Basic Life Support for Rinker Health Science Students

• Permits
  Special events
  Filming
Mandatory Parking Permit Policy

• Permits are **FREE** but **REQUIRED** 24 hours per day, 365 days per year for visitors and university faculty, staff, and students.
• All faculty, staff and student vehicles parked on campus must be registered to a valid permit at [https://vpermit.com/Chapman](https://vpermit.com/Chapman).
• Parking in the surrounding neighborhood or public parking areas is prohibited.
• Areas are restricted depending on permit type. Regulations are posted at the entrance to every parking area and can be reviewed on the Parking Services website.

Where to register for a permit

• [https://vpermit.com/Chapman](https://vpermit.com/Chapman) a permit is registered for, parking privileges begin. The license plate will be scanned to validate parking privileges. Please encourage your student to review the Parking Plan at [www.chapman.edu/parking](http://www.chapman.edu/parking), to know all their parking options.
Parking & Transportation Services

Shuttle Services:

- Chapman Grand/Panther Village Shuttle
  - Monday – Friday, 7:30 AM – 12:00 AM
  - Weekends, 9:00 AM – 9:00 PM
- Parking Lot Shuttle
  - Monday – Friday, check the App for shuttle location
- Get the App! Passio Go! App provides real-time shuttle tracking, arrival estimates, and route information.
Contact Information

Colleen Wood  
Assistant Vice President for Student Affairs and Associate Dean of Students  
cwood@chapman.edu  
(714)997-6721

Dr. Dani Smith  
Director, PEER and Health Education  
dasmith@chapman.edu  
(714)744-7080

Jacqueline Deats  
Director, Student Health Services  
deats@chapman.edu  
(714)997-6851
Contact Information

Dr. Andrew Kami
Director
Student Psychological Counseling Services
kami@chapman.edu
(714)997-6778

Jason McAlexander, MS., MA.
Director
Student Disability Services
jmcalex@chapman.edu
(714) 516-4520

Sheryl Boyd
Assistant Director
Dept. of Public Safety
sboyd@chapman.edu
(714)997-6560