Your selection of any provider from this list is a personal decision. Chapman University is not affiliated with, nor does Chapman University specifically endorse individual providers and disclaims any liability thereof. We encourage your due diligence in the selection of any healthcare provider. **When making an appointment**, mention you are a Chapman Student. Ask about “super bills” for providers who don’t take insurance in which a receipt can be given to you to submit to your insurance company for reimbursement. If you have insurance, check your insurance website for a listing in your area. **Chapman’s Health Insurance option is United Healthcare: www.uhcsr.com.** Insurance information listed below is a courtesy based on our annual update. **Always verify with your provider if they accept your insurance prior to setting up an appointment.** For more info on below therapists and/or to find a therapist, please visit www.psychologytoday.com.

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### THERAPISTS

<table>
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<tr>
<th>Therapist</th>
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| Rachelle Marshall, LMFT | (In-person and Telehealth- Walking Distance)  
58 Plaza Square, Suite 1, Orange, CA 92866  
(714) 922-5371 (call, text or email)  
rachelle@therapywithrachelle.com  
www.therapywithrachelle.com |
| Ashley Ball, LMFT | (Telehealth Only/Flexible schedule)  
(949) 701-0822 (call, text or email)  
asleylmft@gmail.com |
| Townes Eimer, LMFT | (All PPO’s)  
(In-person and Telehealth-Walking Distance)  
629 E. Chapman Ave., Orange, CA 92866  
(714) 244-2892 |
| Lori A. McCarty, LCSW | (In-person and Telehealth-Walking Distance)  
629 E. Chapman Ave., Orange, CA 92866  
(714) 544-5429 |
| Kristen Kinsfogel, PhD | Psychologist  
(In-person/walking distance)  
624 W. Chapman Ave., Orange, CA 92866  
(949) 395-7076  
www.kristenkinsfogelphd.com |
| Angela Arendt, LMFT | (Any PPO)  
(In-person-Walking Distance)  
594 N. Glassell St., Orange, CA 92867  
(714) 460-2974 |
| Henry R. Drummond, PhD | Psychologist  
(In-person and Telehealth)  
(UHC, BlueCross, + most major ins.)  
2140 W. Chapman Ave. Suite 261  
Orange, CA 92868  
(562) 413-1895 |
| Hiroko Saeki, LMFT, RDT | (In-person-Walking Distance)  
594 North Glassell Street  
Orange, CA 92867  
(310) 704-5631  
info@hirokostherapy.com  
www.hirokostherapy.com |
| Luis Arevalo, PhD | Psychologist  
(In-person & Telehealth)  
(UHC, All major insurance)  
746 E. Chapman Ave., Orange, CA 92866  
(714) 639-1933 |
| Jason Odegaard, LMFT | (Telehealth Only)  
(562) 458-1054  
jasonodegaardcounseling.com |
| Terry Wright, PhD | Psychologist  
(In-person)  
(UHC,Aetna,AnthemBlue Cross, Cigna)  
2101 N. Main St., Ste D,  
Santa Ana, CA 92706  
(714) 558-8487  
www.twrightphd.com |
Van Thuy Nguyen, LCSW
(In-person and Telehealth)
(UHC, Aetna, Anthem, Cigna, Healthnet, & MHN)
232 W. Main St, Ste 103, Tustin, CA 92780
(310) 945-2942

Liz Moore Birch, LMFT
(In-Person & Telehealth)
(Tricare, Cigna, Kaiser & Medi-Cal)
238 W. Main St., Ste.101 Tustin, CA 92780
(714) 584-6047
Lizbirchtherapist.com

Christy Zail, LMFT
(Telehealth Only- Lyra Health)
218 W. Main St., Suite 104 Tustin, CA 92780
(714) 386-9717

Asiyeh Zargaran, LMFT
(Telehealth Only/Flexible Schedule)
949-372-2106

----------------------------------------------------------   COUNSELING CENTERS------------------------------------------------------------

Mariposa Women & Family Center
(Sliding Scale-In-Person, Telehealth, Groups)
845 W. Orangewood Ave. Suite 300
Orange, CA 92867   (714) 547-6494
www.mariposascenter.org

Mindpath College Health
(Takes most major insurance)
4255 Campus Drive, Suite A245, Irvine CA 92616
(949) 502-0736
irvine.college.health@mindpath.com
college.mindpath.com

Living Success Center
(Low Cost/Sliding Scale/ In-Person & Telehealth)
(Aetna, Cigna, MHN, Kaiser PPO)
1560 Brookhollow Dr., Santa Ana, CA 92705
(949) 645-4723

Central City Community Health Clinic
(sliding scale fees)
2243 W. Ball Rd. Anaheim, CA 92804
(714) 490-2750
www.centralcityhealth.org

All Things Relationship
In-Person & Telehealth- 7 days/wk)
(714) 803-4866 / allthingsrelationship@gmail.com
(UHC, Anthem BC, Aetna, Cigna, Cal opt/Medi-cal, Tri-care)
12821 Newport Ave. Tustin, CA 92780

Gather and Grow OC
1420 N. Harbor Blvd. Suite 600A, Fullerton, 92831
(714) 600-9762 / hello@gatherandgrowoc.com
www.gatherandgrowoc.com

California OCD and Anxiety Treatment Center
2501 E Chapman Ave, Suite #185, Fullerton, CA. 92831
(714) 423-3779
www.CalOCD.com

---------------------------------------Search Engines for Additional Providers----------------------------

Psychology Today
www.psychologytoday.com

American Association of Marriage and Family Therapy (AAMFT)
https://www.aamft.org/ Directories/Find_a_Therapist.aspx

California Association of Marriage and Family Therapists (CAMFT)  https://www.counselingcalifornia.com/

7/2022