

Your selection of any provider from this list is a personal decision. Chapman University is not affiliated with, nor does Chapman University specifically endorse individual providers and disclaims any liability thereof. We encourage your due diligence in the selection of any healthcare provider. When making an appointment, mention you are a Chapman Student. Ask about “super bills” for providers who don’t take insurance in which a receipt can be given to you to submit to your insurance company for reimbursement. If you have insurance, check your insurance website for a listing in your area. **Chapman’s Health Insurance option is United Healthcare:** [**www.uhcsr.com**](http://www.uhcsr.com). **Insurance information listed below is a courtesy based on our annual update. Always verify with your provider if they accept your insurance prior to setting up an appointment. For more info on below therapists and/or to find a therapist, please visit** [**www.psychologytoday.com**](http://www.psychologytoday.com)**.**

**--------------------------------------------------------THERAPISTS--------------------------------------------------------**

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| **Rachelle Marshall, LMFT**  (In-person and Telehealth)  58 Plaza Square, Suite I, Orange, CA 92866  (714) 922-5371 (call, text or email)  [rachelle@therapywithrachelle.com](mailto:rachelle@therapywithrachelle.com)  [www.therapywithrachelle.com](http://www.therapywithrachelle.com)  **Ashley Ball, LMFT**  (Telehealth Only/Flexible schedule)  (949) 701-0822 (call, text or email)  [ashleylmft@gmail.com](mailto:ashleylmft@gmail.com)    **Townes Eimer, LMFT** (All PPO’s)  (In-person and Telehealth/walking distance)  629 E. Chapman Ave., Orange, CA 92866  (714) 244-2892  **Lori A. McCarty, LCSW**  629 E. Chapman Ave., Orange, CA 92866  (714) 544-5429 (walking distance)  [**Cathrine S**](https://nam03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.psychologytoday.com%2Fus%2Ftherapists%2Fanthem%2F92866%2F389917%3Fsid%3D5c741b4f93efa%26zipdist%3D7%26ref%3D1%26rec_next%3D21%26tr%3DResultsName&data=02%7C01%7Ckillian%40chapman.edu%7Ce7e1006d35094f02f9f908d76faf591d%7C809929af2d2545bf9837089eb9cfbd01%7C1%7C0%7C637100671208903480&sdata=oobe4azr%2Fuy31GIq%2FPn3ryztR5QmMJ8nh4KFIZCatqA%3D&reserved=0)**tipe, LMFT**  629 E. Chapman Ave., Orange, CA 92866  (949) 407-9473 (call or text)  [cathrinestipemft@protonmail.com](mailto:cathrinestipemft@protonmail.com)  **Kristen Kinsfogel, PhD**  **Psychologist**  (In-person/walking distance)  624 W. Chapman Ave., Orange, CA 92866  (949) 395-7076  [www.kristenkinsfogelphd.com](http://www.kristenkinsfogelphd.com)  **Angela Arendt, LMFT (Any PPO)**  (In-person/walking distance)  594 N. Glassell St., Orange, CA 92867  (714) 460-2974  [**Van Thuy Nguyen, LCSW**](https://nam03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.psychologytoday.com%2Fus%2Ftherapists%2Fanthem%2F92866%2F389917%3Fsid%3D5c741b4f93efa%26zipdist%3D7%26ref%3D1%26rec_next%3D21%26tr%3DResultsName&data=02%7C01%7Ckillian%40chapman.edu%7Ce7e1006d35094f02f9f908d76faf591d%7C809929af2d2545bf9837089eb9cfbd01%7C1%7C0%7C637100671208903480&sdata=oobe4azr%2Fuy31GIq%2FPn3ryztR5QmMJ8nh4KFIZCatqA%3D&reserved=0)  (In-person and Telehealth)  (UHC, Aetna, Anthem, Cigna, Healthnet, & MHN)  232 W. Main St, Ste 103, Tustin, CA 92780  (310) 945-2942  **Liz Moore Birch, LMFT**  (Tricare, Cigna, & Kaiser)  238 W. Main St., Ste.101 Tustin, CA 92780  (714) 584-6047  Lizbirchtherapist.com | **Henry R. Drummond, PhD**  **Psychologist**  (In-person and Telehealth)  (*UHC*, BlueCross, + most major ins.)  2140 W. Chapman Ave. Suite 261  Orange, CA 92868  (562) 413-1895  **Hiroko Saeki, LMFT, RDT**  (In-person/walking distance) 594 North Glassell Street  Orange, CA 92867  (310) 704-5631 [info@hirokostherapy.com](mailto:info@hirokostherapy.com) [www.hirokostherapy.com](https://nam11.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.hirokostherapy.com%2F&data=05%7C01%7Cspcs%40chapman.edu%7Cfbb1d93ed1c04a25832608da64e060dc%7C809929af2d2545bf9837089eb9cfbd01%7C1%7C0%7C637933212981790785%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000%7C%7C%7C&sdata=q7eiLGEz76nzdrUXcOY23htr21NAXSS0grd2%2FC1QWKs%3D&reserved=0)  [**Luis Arevalo, PhD**](https://nam03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.healthgrades.com%2Fproviders%2Fluis-arevalo-ydpyw&data=02%7C01%7Ckillian%40chapman.edu%7Ce7e1006d35094f02f9f908d76faf591d%7C809929af2d2545bf9837089eb9cfbd01%7C1%7C0%7C637100671208923462&sdata=TQjMGsw7PzTaOq9%2FWEVK7KlA53DH7rwAkN92U7omfnM%3D&reserved=0)  **Psychologist**  (In-person, then Telehealth)  (UHC, most major insurance, not Cigna)  1745 W. Orangewood Ave., Ste 101,  Orange, CA 92868  (714) 639-1933  **Jason Odegaard, LMFT**  (Telehealth Only)  (562) 458-1054  [**Terry Wright, PhD**](https://nam03.safelinks.protection.outlook.com/?url=https%3A%2F%2Ftwrightphd.com%2F&data=02%7C01%7Ckillian%40chapman.edu%7Ce7e1006d35094f02f9f908d76faf591d%7C809929af2d2545bf9837089eb9cfbd01%7C1%7C0%7C637100671208893480&sdata=9%2B%2Buv5uCImg60AYsezsoI1esKsEp9NqxezilxT5ZdEA%3D&reserved=0)  **Psychologist**  (In-person)  **(**Aetna, Anthem Blue Cross & Cigna)  2101 N. Main St., Ste D,  Santa Ana, CA 92706  (714) 558-8487  **Christy Zail, LMFT**  (Telehealth Only)  218 W. Main St., Suite 104  Tustin, CA 92780  (714) 386-9717  **Asiyeh Zargaran, LMFT**  (Telehealth Only/Flexible Schedule/Sliding Scale)  949-371-5011  Asiyehzargaran@gmail.com |
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**---------------------------------------------------------- COUNSELING CENTERS------------------------------------------------------------**

**Mariposa Women & Family Center The Multicultural Therapy Center**

200 E. Katella., Orange, CA 92867 12821 Newport Ave., Tustin, CA 92780

(714) 547-6494 (714) 830-8708  
[www.mariposacenter.org](http://www.mariposacenter.org) [www.themulticulturaltherapycenter.com](http://www.themulticulturaltherapycenter.com)

(MediCal/CalOptima, CIGNA, MHN, Anthem, Aetna, etc.)

**ACACIA Counseling and Wellness**

(Takes most major insurance) **Living Success Center**

4255 Campus Drive, Irvine CA 92616 (Low Cost/No Cost)

(949) 502-0736 445 E. 17th St. Suites D-E, Costa Mesa, CA 9262

[www.acaciacw.com/Irvine](http://www.acaciacw.com/Irvine) (949) 645-4723

[**Straight Talk**](https://nam03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.theopendoorcenter.org%2F&data=02%7C01%7Ckillian%40chapman.edu%7C031ca3471e57426a0fa908d748ed17c5%7C809929af2d2545bf9837089eb9cfbd01%7C1%7C0%7C637058055446196298&sdata=4dNSIzonqTI1bkGNjowrFXyVf72hMRXkS%2BL15YKOq88%3D&reserved=0) **Central City Community Health Clinic**

(Low Cost) (sliding scale fees)

3785 South Plaza Drive, Santa Ana, CA 92704 2243 W. Ball Rd. Anaheim, CA 92804

(714) 828-2000 (714) 490-2750

<https://www.straighttalkcounseling.org/>[www.centralcityhealth.org](http://www.centralcityhealth.org)

**Gather and Grow OC All Things Relationship**

1420 N. Harbor Blvd. Suite 600A, Fullerton, 92831 12821 Newport Ave. Tustin, CA 92780

(714) 600-9762 / [hello@gatherandgrowoc.com](mailto:hello@gatherandgrowoc.com) (714) 803-4866 / [allthingsrelationship@gmail.com](mailto:allthingsrelationship@gmail.com)

[www.gatherandgrowoc.com](http://www.gatherandgrowoc.com) (UHC, Anthem BC, Aetna, Cigna, Cal opt/Medical, etc)

**California OCD and Anxiety Treatment Center**

2501 E Chapman Ave, Suite #185, Fullerton, CA. 92831  
(714) 423-3779  
[www.CalOCD.com](https://nam11.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.calocd.com%2F&data=05%7C01%7Ckillian%40chapman.edu%7Cacd5b5f2de774873ac6b08da75a27a31%7C809929af2d2545bf9837089eb9cfbd01%7C1%7C0%7C637951637930948276%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=HsPY06n3TxQsLbx0y%2BkFuvThMVEb5tJDWbAoIN4dXNI%3D&reserved=0)

**---------------------------------------Search Engines for Additional Providers----------------------------**

**Psychology Today American Association of Marriage and Family Therapy (AAMFT)**

[www.psychologytoday.com](http://www.psychologytoday.com) <https://www.aamft.org/Directories/Find_a_Therapist.aspx>

**California Association of Marriage and Family Therapists (CAMFT)**

<https://www.counselingcalifornia.com/>