

## Deats, Jacqueline

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**From:** ocstaff <ocstaff-bounces@chapman.edu> on behalf of Ceman, Jamie <ceman@chapman.edu>  
**Sent:** Tuesday, April 30, 2019 3:10 PM  
**To:** ocstaff@mailman.chapman.edu  
**Subject:** Courtesy Advisory: Measles Outbreak



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From the Office of the  
Vice President of Strategic Marketing and Communications  
Jamie S. Ceman

*The following is a message from the Student Health Center.*

This is an informational, courtesy advisory concerning the outbreak of measles in Southern California, specifically at two Los Angeles universities - University of California at Los Angeles (UCLA) and California State University (Cal State LA). Additionally, there is nationwide concern regarding measles. Even though we are 40 miles or more away from both UCLA and Cal State LA, there may be more we as a community can do to stop the potential spread of measles. **Although there have been no reported cases here at Chapman University, we want to provide resources and support for our community to prevent an occurrence here.**

### **RESOURCES and INFORMATION**

#### **What is measles?**

Measles is a highly-contagious disease consisting of fever, a rash and tiny white spots inside the mouth. A person's fever may be 104 degrees. This is a painful disease, lasting several days.

#### **How does it spread?**

It is an airborne virus, spread through casual contact with people who have been infected by the virus. It can live in the air for up to two hours.

#### **How do I know if I'm protected?**

The Orange County Health Department and the Centers for Disease Control advise that everyone receive two doses of the measles, mumps and rubella (MMR) vaccine. If you have received two doses of MMR, you are considered immune to measles.

#### **What if I need to be vaccinated?**

At this time, Student Health Services is urging members of the Chapman community to visit their local physician, clinic, or pharmacy that provides vaccination services ([such as Walgreens](#)) to be vaccinated. Prescriptions are not required for MMR vaccines. Many vaccinations are covered by insurance. To confirm [you have submitted your immunization records you can log in here](#).

#### **What should I do if I feel sick or develop symptoms?**

Please contact your local health provider. If you suspect you've been exposed or you develop symptoms, please call Student Health Services, (714) 997-6851.

**How can Chapman University Student Health Services help?**

You can find information regarding our [full range of help services on our website](#).

**Where can I get more information?**

[The Centers for Disease Control provides a website](#) of information concerning measles.