# SUNRISE DAWN CHANGALA

#### **PROFILE**

Speech Language Pathologist with over 25 years of clinical experience and a passion for teaching, quality improvement and evidence-based practice. Experience across the continuum of healthcare – including patient care, management, program development, and staff/student education. Career dedication and emphasis on education, quality training of interns/CFs, and creation of multiple in-service education materials.

## **RELEVANT PROFESSIONAL EXPERIENCE**

2025 – Present Chapman University Irvine, CA

Clinical Assistant Professor & Director of Learning Lab - Department of Communication Sciences and Disorders

- Direct, schedule and manage the Adult Learning Lab. Created forms and resources.
- Supervisor graduate students for their Capstone projects

2022 – Present Commission on Accreditation of Rehabilitation Facilities

Tucson, AZ

**CARF** surveyor

- Conduct Surveys for Domestic and international organizations seeking CARF accreditation
- Offer consultation to the organizations regarding conformance to standards and performance improvement

2019 – 2024 Chapman University Irvine, CA

Lecturer - Department of Communication Sciences and Disorders

- Supervise students in Chapman University Adult Learning Lab (CSD 680). Created forms and resources.
- Taught voice in Voice Resonance Cranial facial and Motor Speech Disorders SPRING 2020, 2022, 2023, & 2024 (CSD-517), Taught Neuroanatomy and Adult Lang (CSD 510) including creating lectures, labs, and exams

2014 – 2025 Mission Hospital Mission Viejo, CA

Senior Speech Language Pathologist (Outpatient)

- Adult outpatient therapy for diagnoses including TBI, CVA, dysphagia, HNC, voice, fluency, Long COVID, etc.
- Updated and created new pathway for Laryngectomy
- Participated in bi-monthly Head and Neck Cancer Conference
- Bimonthly Concussion clinic and COVID 19 "Long" Clinic with Dr. Joey Gee Co-created protocols and forms
- Track, analyze and chart CARF data for Integrated Brain Injury Program (IBIP)

2013 – 2019 VNA of Orange County Santa Ana, CA

Speech Language Pathologist: Home Health setting

2009 – 2013 Mission Hospital Mission Viejo, CA

Speech Language Pathologist Advanced Practice - Lead therapist (Outpatient, Inpatient and ARU)

- Led staff meetings, created and provided staff in-services/competencies and created new patient education materials. Staffing. Started and led an Aphasia communication group.
- Initiated trach rounds and trach inservices in conjunction with RT department.
- Participated in Hospital's Concussion Committee -focus on creating protocols with evidence-based practice

2004-Present Sunrise Speech Oceanside, CA

Private/Contract Speech Language Pathologist

2007 – 2009 South Coast Medical Center Laguna Beach, CA

Rehabilitation Manager and Speech Language Pathologist

- Designed/created complete set of documentation forms for PT/OT/Speech
- Re-structured staffing to a more efficient level and significantly reduce overtime
- Created system to track department's volumes and spending using Excel spreadsheets/graphs
- Contribution margins (profitability) increased over 25%

Speech Language Pathologist - Acute, Subacute and Outpatient settings

- Created/implemented "Nursing Swallow Screen" (JCHO named "Best Practice" 2004)
- Created multiple educational/marketing booklets, competencies and Policies for the Speech Therapy
  Department, and formal education classes for staff: Neuroanatomy/physiology, CVA, TBI/Rancho levels,
  Tracheostomy management, Parkinson's, Dysphagia, and cognitive deficits

1999 – 2002 Harborview Medical Center Seattle, WA

Speech Language Pathologist – Acute and Acute rehab unit Settings

- Experience across multiple ICUs and acute floors: Burn, Peds, Neuro Medicine, Cardiac, Respiratory, Trauma, Ortho (additional experience in an ARU)
- Diverse experience including: Trach swallow/communication eval and tx, Facial/jaw stretching with individuals with facial burns and trismus, GPB training

## **EDUCATION**

1998 - 2001 University of Washington Seattle, WA

Master's of Science in Speech-Language Pathology

- Variety of evaluation and treatment experiences for both pediatric and adult populations
- Work Study: TA for 2 Undergraduate level speech and hearing classes. Held office hours and lead the
   Undergraduate Writing Center for the Speech and Hearing Department

1996 - 1998 University of Washington Seattle, WA

Bachelors of Science in Speech and Hearing Disorders

- Conducted an undergraduate honors thesis
- Graduated with distinction, Cum Laude, and Phi Beta Kappa

# **CERTIFICATIONS, COMPETENCIES AND MEMBERSHIPS**

- Membership: American Speech & Hearing Association ASHA (2000 Present)
- License: California State Speech-Language Pathology License (2002 Present)
- Certification: Lee Silverman Voice Treatment (LSVT) (12/2003)
- License: SPEAK OUT! (5/2022 & 6/2024)
- Certificate: Neuromuscular Electrical Stimulation (NMES/VitalStim) (12/09)
- Certification: PESL Accent Modification Method (4/14)
- Certification: Survivorship Training and Rehabilitation "STAR" Program Certification (5/14)
- Certified: Functional Independence Measure (FIM) (2015)
- Competent: Fiberoptic Endoscopic Evaluation of Swallowing (FEES) (2018)

#### **HONORS**

- Values in Action Nomination Mission Hospital (2014, 2022, 2023, 2024)
- Selected as South Coast Medical Center's Employee of the Month (March 2005)
- Selected to speak to the SCMC's Board of Directors regarding my program developments, accomplishments, and goals related to the Hospital's Mission and Vision statements (2004)
- Nominated by both my undergraduate and graduate to speak at UW Speech and Hearing Sciences Departmental Graduations (1998 and 2001)