

CURRICULUM VITA

ELIZABETH PATRICK, PhD, LMFT

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EDUCATION

PhD, Marital and Family Therapy Concentration: Medical Family Therapy Loma Linda University, Loma Linda, CA	2010-2014
Master of Arts, Clinical Psychology Concentration: Marriage and Family Therapy Pepperdine University, Irvine CA	2007-2010
Bachelor of Arts, Psychology Biola University, La Mirada CA	2002-2006

CURRENT POSITIONS

Assistant Clinical Professor & Director of Clinical Training Marital and Family Therapy Crean College, Chapman University	August 2022
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PREVIOUS TEACHING POSITION

Associate Professor School of Marital and Family Sciences Northcentral University	May 2019 – August 2022
Adjunct Faculty and Coordinator of Clinical Training & Program Evaluator Clinical Mental Health Counseling & Marital and Family Therapy, Applied Psychology Antioch University New England	2014 - 2019
Adjunct Faculty Department of Marriage and Family Therapy California State University, Dominguez Hills	2019-2020
School of Marital and Family Sciences Northcentral University	2015 - 2019
School of Behavioral Health Department of Couple and Family Sciences, Loma Linda University	2017 -2019
School of College of Education Department of Counseling & Rehabilitation, California State University, San Bernardino	2017 - 2018
Marital and Family Therapy Program Chapman University, Orange, CA	2017- 2020
Director of Clinical Training for Online Program Clinical Mental Health Counseling Antioch University Connect	2015-2016

TEACHING – COURSES TAUGHT

Doctoral Level

Northcentral University: PhD Marital and Family Sciences – Online Education 2015 - 2022

Foundations of Research and Scientific Method - DMFT 7103
 Statistical Design for MFT Research - MFT 7104
 Advanced Assessment in MFT Research and Intervention - MFT 7105
 Quantitative Research Design in MFT – MFT 7106
 Qualitative Research Design in MFT – MFT 7107
 Introduction to Medical Family Therapy - MFT 8401
 Applications of Medical Family Therapy - MFT 8405

Antioch University New England: PhD Marital & Family Therapy, Applied Psychology 2014 - 2019

Teaching, Leadership, & Consultation – MFT 7109 (low residency)
 Advanced Clinical Theory & Application – MFT 7121 (low residency)
 Special Topics in MFT: Play in Family Therapy – MFTR 705
 Outcome Research in Marriage and Family Therapy – MFT 723
 Special Topics in MFT: Medical Family Therapy – MFTR 705

Masters Level

Chapman University: Marital and Family Therapy Program 2017 - present

Family Lifecycle Development – MFT 610; Fall 2017
 Child & Adolescent Development and Play Therapy – MFT 565; Spring 2019 & 2020
 Diversity – MFT 618; Fall 2022, Fall 2023, Fall 2024
 Theories II – MFT 556; Spring 2023, Spring 2024, Spring 2025
 Practicum – MFT 694; 2022-present
 Practicum Collaboration – MFT 696; 2022 - present

California State University, Dominguez Hills 2019 – 2020

Marriage and Family Therapy Theories I – MFT 570
 Practicum Fieldwork – MFT 521

Northcentral University: School of Marital and Family Sciences – Online Education 2015 - 2019

Foundations for Graduate Study in Marriage and Family Therapy - MFT 5101
 Treatment Planning and Traditional Family Therapy - MFT 5104
 Recovery-Oriented Care & Postmodern Family Therapy - MFT 5105
 Research Methods and Evidence Based Practice – MFT 5106
 Cultural Diversity, Gender, and Family Development - MFT 6103
 Family Therapy with Children - MFT 6104
 LGBTQ Couple and Family Therapy: Clinical Applications - MFT 6541

Loma Linda University: Counseling and Family Sciences 2017 - 2019

Social Ecology of Individual and Family Development - MFT/COUN 547
 Family Therapy: Adv. Foundational Theories & Practice - MFAM 564
 Case Presentation - MFAM 535

Antioch University New England: Clinical Mental Health Counseling, Applied Psychology 2014 - 2019

Professional Seminar: Internship I – PY 6990 (online)
 Family Approaches to Addiction Counseling – PY6660 (online)
 Professional Seminar: Practicum – PY 696 (online)
 Social and Cultural Diversity – PY 699
 Professional Seminar: Practicum – PY 696
 Professional Seminar: Internship I – PY 699
 Professional Seminar: Internship III – PY 689
 Professional Seminar: Internship II – PY 688

California State University, San Bernardino: Counseling and Rehabilitation, College of Education 2016 - 2018

Research Methods – ECLG 607
 Appraisal and Assessment – ECLG 619
 Theories of Counseling and Psychotherapy – ECLG 656
 Family Consultation – ECLG 658
 Gender & Sexuality – ECLG 663

Family Violence – ECLG 665
 Aging, Death, and Grief – ECLG 668
 Fieldwork – ECLG 679

Teaching Assistant

2011 – 2012

Loma Linda University: Counseling and Family Sciences

Gender, Race & Class: Implications for Clinical Process – MFAM 604
 Family Therapy: Advanced Theory - MFAM 564
 Meaning - MFTH 507
 Narrative Therapy (partial online platform) – MFAM 555

Mentor

Chapman: Mentoring Master Students

Presentation to PA Students – Working with LGBT patients	Dec 2022 & Summer 2023
Workshop Series for Swim & Dive team – Mental Health	Jan 2023
Presentation to Various Community Programs – Motivational Interviewing	2023 – present
Presentation to Community Programs – Cultural Humility	2024 - present

Mentoring Doctoral Students

September 2012 – June 2014

Peer Connection Program
 Loma Linda University
 Providing academic, personal, and professional mentorship to first and second year doctoral level students

Guest Lecturer

Chapman University: Medical Family Therapy	2014
AAMFT-CA Employment Options: Medical Family Therapy	2013
Psychiatry Grand Rounds and Clinical Rotation: Empowering Female Patients	2013

ONLINE COURSE DEVELOPMENT

Antioch University New England: Clinical Mental Health Counseling

Internship I Seminar - PSY 699	October 2016 – Dec 2016
Internship III Seminar - PSY 699	October 2016 – Dec 2016
Internship II Seminar - PSY 6992	July 2015 – Aug 2016

Northcentral University: School of Marital and Family Sciences

Gender & Sexual Fluidity Specialization – PSY 7121;7122;7123;7124;7125;7126	August 2019-Dec 2020
Culture, Diversity, Gender, and Family Development - MFT 6103	April 2016 – Sept 2016
LGBT Diversity Specialization - MFT 6540 & 6541	April 2015 – Aug 2016

CLINICAL EXPERIENCE

Private Practice

January 2020 – present

Work with LGBTQIA+ individuals, couples, and families in private practice. Provide clinical supervision for associate clinicians.

Catholic Charities

August 2018

Marriage and Family Therapy Associate/Intern. Mental health consultant for federally funded preschool programs (Head Start & Set 4 Schools). Engage in therapeutic relationships with preschool aged kids and their families to promote pro-social behaviors, attend to developmental needs, engage parents in developing positive connection and communication with their children.

California Family Institute

April 2018 – Sept 2018

Marriage and Family Therapy Associate/Intern. Provide outpatient therapeutic services for couples, families, and individuals dealing with a variety of relational and psychosocial challenges.

Maps Counseling Services

June 2015 – May 2016

Keene, NH

Marriage and Family Therapy Resident. Provided outpatient therapeutic services for couples, families, and individuals dealing with a variety of relational and psychosocial challenges.

Loma Linda Medical Center

June 2013 – June 2014

Loma Linda, CA

Medical Family Therapy Intern. Conducting Medical Family Therapy with patients and their families in collaboration with the department of psychiatry. Providing therapy and brief intervention to patients experiencing illnesses and or diagnosed with severe mental illness and preparing them and their families for the transition home. Act as junior supervisor during weekly multi-disciplinary consultations with medical students and psychiatry residents. Learning the medical model and facilitating psychiatry residents and medical students in understanding family and contextual issues.

Loma Linda Transplantation Institute

Sept 2010 – June 2014

Loma Linda University Medical Center, CA

Medical Family Therapy Intern. Providing Medical Family Therapy to couples, individuals, and families. Work in collaboration with social work, coordinators, and physicians to assess patients and provide ongoing therapy and psychoeducation to patients awaiting liver or kidney transplantation. The clinical focus is on how chronic illness affects the family and the individual, working through issues around anticipatory loss, substance abuse, stress, and caregiving. Co-facilitating support groups for patients and caregivers. Shadowing nurse practitioners while they see patients for check-ups, providing brief interventions and psychoeducation.

Social Action Community Health Services, Norton

June 2011-June 2012

San Bernardino, CA

Medical Family Therapy Intern. Provide integrative behavioral health services for individual, couples and families visiting their primary care physician. Assist patients and families experiencing various medical issues. Provide an opportunity for a therapeutic moment, opening up space to hear the patient's story and learn about their current stressors to provide holistic care. Maintain a team approach with the medical staff in a collaborative effort to provide the best care for each patient's individual needs.

Hope House Residential Drug & Alcohol Rehabilitation

August 2009-September 2010

Anaheim, CA

MFT Trainee. Provided individual, couples and family therapy for clients at a residential Drug and Alcohol treatment facility with a variety of presenting problems. Completed psychosocial assessment and treatment plans for each new client. Maintained progress notes for all clients to ensure proper documentation of session content and interventions. Completed paperwork to enable clients to satisfy court and/or agency requirements. Facilitated agency's Family Night to provide client families with education and resources to improve family functioning and relationships.

Autism Comprehensive Education Services

December 2008-November 2010

Irvine, CA

Behavioral Therapist. Conducted sensory and motor skill integration and behavioral therapy with children ages 0 - 6 who display developmental, learning and emotional disabilities to foster further development and social awareness. Ability to be flexible in sessions with clients by modifying treatment to meet unique needs. Strive to achieve maximum learning opportunities for each client by incorporating a variety of activities such as art, nature walks, and pretend play.

RESEARCH EXPERIENCE

LGBTQ and LDS Research

Northcentral University

September 2019 - Present

My Core Truth's research project. Co-researcher mixed method study about core truths and how they shift based on LGBTQ identity and church membership. In phase one of analysis.

Trans* Mental Health Research

August 2019 – August 2022

Northcentral University

Beginning with a Needs Assessment, this research team is working on creating relevant, socially-just, and empirically sound research to support the needs of Trans* and gender expansive people who may seek mental health services. This is a long-term program of research that is in the early stages of development. Our needs assessment proposal is being submitted to the university IRB within the next month.

Dissertation Chair

June 2019 – Present

Northcentral University

Chair of 15 PhD student dissertations. Subject matter expert of over 10 dissertations. Academic reader for over 10 dissertation students.

Dissertation Research

March 2012 – June 2014

Loma Linda University

Clinical process research using qualitative grounded theory analysis of couples therapy. The couples in this research include one partner who has a chronic illness and is in need of an organ transplant and the other partner who is taking on a caregiving role. The research question is related to how therapists work with these couples to shift from an "I" (individual) to a "We" (relational) orientation towards illness. The research is done through a feminist-informed lens and analyzes 15-20 clinical transcripts in order to identify a model for clinical practice.

Socio-Cultural Attunement in Practice

April 2012 – June 2014

Loma Linda University

Qualitative grounded theory and participatory action research of therapist's journal entries about their experience working from a socio-cultural lens in therapy.

Contemporary Couples Research

January 2011 – March 2011

Loma Linda University

Qualitative interviews and grounded theory research where I conducted interviews, transcribed and analyzed twelve interviews with couples.

Spirituality & Family Relationships

January 2006 - May 2006

Biola University, Dr. Peter Hill

Mixed method study where as a research assistant I conducted interviews, transcribed, collected survey data and entered data into SPSS.

PUBLICATIONS

Published

Chiu, V., **D'Arrigo-Patrick, E.**, White, M., & Banks, E. (2026). Unfinished journeys: An IPA study of the lived experiences of adult satellite babies. *Family Process*.

D'Arrigo-Patrick, E., Samman, S., & Knudsen-Martin, C. (2019). Illness as a relational process: Grounded theory analysis of couple therapy with liver patients and their partners. *Family Process*.

D'Arrigo-Patrick, J., **D'Arrigo-Patrick, E.**, & Hoff, C. (2018). Colliding discourses: Families negotiating religion, sexuality, and identity. *AFTA Springer Brief*.

Galick, A., **D'Arrigo-Patrick, E.**, & Knudson-Martin, C. (2015). Can anyone hear me? Does anyone see me? Women's experiences of heart disease: Implications for Optimal Care. *Qualitative Health Research*. doi: 10.1177/1049732315584743

Falke, S. & **D'Arrigo-Patrick, E.**, (2014). Medical family therapists in action: Expanding conventional family therapy practices and embracing multiple roles. *Journal of Marital and Family Therapy*.

Falke, S., Lawson, L., Pandit, M., & **Patrick, E.** (2013). Participant supervision: Supervisor and intern experiences in cotherapy. *Journal of Marital and Family Therapy*.

PROFESSIONAL PRESENTATIONS

D'Arrigo-Patrick, E., & D'Arrigo-Patrick, J. (June 2016). *A Sociocultural Practice in Action: Learning from Students to Teach Students*. AAMFT-New Hampshire.

Galick, Aimee, & **Patrick, E.** (November, 2013). *Empowering Female Patients in Multi-disciplinary Settings*. NCFR. San Antonio, TX.

Patrick, E. & Galick, Aimee, (October, 2013). *Empowering Female Patients in Multi-disciplinary Settings*. CFHA. Denver, CO

White, Justine & **Patrick, E.** (June, 2013). *A Sociocultural Practice in Action: Learning from Students to Teach Students*. American Family Therapy Academy. Chicago, IL.

White, Justine, **Patrick, E.** (February, 2013). *Transforming Awareness into Action: MedFTs Attending to Sociocultural Context*. AAMFT-CA. Loma Linda, CA.

Galick, Aimee, **Patrick, E.**, & Knudson-Martin, Carmen (February, 2013). *Supporting and Empowering Female Patients in Medical Family Therapy*. AAMFT-CA. Loma Linda, CA.

Galick, Aimee, **Patrick, E.**, & Hernandez, Barbara (October, 2012). *Medical Family Therapy-Bridging Medical & Relational Discourses*. National Council on Family Relations, Phoenix, AZ.

Hernandez, Barbara & **Patrick, E.** (October, 2011). *Family Therapy in Liver Transplantation*. Collaborative Family Healthcare Association, Philadelphia, Pennsylvania.

PROFESSIONAL PRESENTATIONS - INVITED

Interterm 2023: Student mentorship and co-leader for 4-week series on Stress Management and Coping, presented to Chapman Swim and Dive team. Included weekly advisement of MFT student in presentation preparation and co-facilitated the weekly 2-hour presentations.

Spring 2023: Co-lead presentation with 4 MFT students and 1 faculty colleague. Topic: PA work and LGBTQ Affirmative Practices.

Summer 2023: Co-lead presentation with 4 MFT students and 1 faculty colleague on DPT's and LGBTQ Affirmative Practices.

Fall 2023: Co-lead presentation with 4 MFT students and 1 faculty colleague on DPT's and LGBTQ Affirmative Practices.

Fall 2023 Co-lead presentation with 4 MFT students and 1 faculty colleague to Cottonwood Counseling. Topic: Working with LGBTQ youth and their families in private practice.

Fall 2023: Co-lead presentation with 1 MFT student and 1 faculty colleague to WisePlace staff. Topic: Motivational Interviewing

Spring 2024: Co-lead presentation with 2 MFT student and 1 faculty colleague to WisePlace staff. Topic: Stress, Burnout, and Self-Care

Fall 2024: Co-lead presentation with 1 MFT student and 1 faculty colleague to WisePlace staff. Topic: Cultural Humility and Trauma-Informed Care

Spring 2025: Co-lead presentation with 1 MFT student to H.I.R.E staff. Topic: Motivational Interviewing.

Spring 2025: Co-lead presentation with 2 MFT students to Uplift Youth. Topic: Cultural Humility.

PROFESSIONAL ACTIVITIES

Internal Review Board (IRB)

Served as a reviewer for university IRB	2010-2022
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American Family Therapy Academy

Nomination Committee	2019 - 2021
Program Committee	2012, 2013, 2014, 2017, 2018, & 2019
Marketing Committee	2013 – 2014
Membership Committee	2013 – 2015
Early Career Member Committee	2013 – 2015
Student Committee	2012 – 2015
Membership Task Force	2012 – 2013

Loma Linda University Medical Center, CA

Medical Family Therapy Consultant	2012 – 2013
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Department of Counseling and Family Sciences, Loma Linda University

Student Advisory Board Chair	2012 – 2013
Student Liaison	2011 – 2012

American Association of Marital and Family Therapy-California Division

Student Conference Planning Committee	2012 – 2013
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PROFESSIONAL ASSOCIATIONS

Professional Organization Student Memberships

American Association of Marriage and Family Therapy	Current
American Family Therapy Academy	
California Association of Marriage and Family Therapy	
Collaborative Family Health Association	