

# Brennan D. Peterson, Ph.D.

---

One University Drive  
Orange, CA 92866

714-744-7915  
bpeterson@chapman.edu

## **Academic Appointments**

---

### **Chapman University, Professor, Crean College of Health and Behavioral Sciences, Marriage and Family Therapy Program & Department of Psychology**

Orange, CA August 2003 – present

- Teach graduate and undergraduate courses
- Conduct and publish interdisciplinary scholarly research related to coping with infertility, fertility counseling, & fertility awareness
- Courses taught:
  - MFT 694 Clinical Supervision
  - MFY 689 Clinical Practicum
  - MFT 610 Family Life Cycle and Aging
  - MFT 561 Couple Therapy
  - MFT 541 Marriage and Family Therapy Theories I
  - MFT 556 Marriage and Family Therapy Theories II
  - PSY 355 Diversity in Marriage and Family Relationships
  - PSY 101 Introduction to Psychology

### **Chapman University, Director, Marriage and Family Therapy Program Crean College of Health and Behavioral Sciences**

Orange, CA August 2003 – May 31, 2016

- Directed the overall operation of the MFT graduate program
- Oversaw COAMFTE national accreditation 2007, 2012
- Developed and implement graduate program policies
- Coordinated program curriculum
- Chaired faculty meetings
- Reviewed faculty annually
- Oversaw graduate student recruitment and admissions
- Coordinated comprehensive examination
- Planned annual course schedules
- Supervised graduate program manager
- Oversaw MFT Program budget
- Hired adjunct faculty and clinical supervisors

## Education

---

### **Ph.D., Human Development**, Virginia Tech, Blacksburg, VA, May 2003

- Dissertation defended, August 2002. Title: Examining the individual and dyadic coping processes of infertile men and women and their relationship to infertility stress, marital adjustment, and depression
- Interests: Infertility, family relationships, family therapy, clinical supervision

### **M.S., Human Development**, Virginia Tech, Falls Church, VA, December 2001

- Thesis defended, August 2000. Title: Examining congruence between couples' perceived infertility-related stress and its relationship to depression and marital adjustment in infertile men and women
- Cumulative GPA: 3.9

### **B.S., Psychology**, Brigham Young University, Provo, UT, April 1995

- Cumulative GPA: 3.8
- Business Management minor

## Work Experience

---

### **American Psychiatric Association**, Practice Research Network Coordinator, Washington, D.C., June 1995 to June 1998

- Coordinated the 1996 and 1998 *National Survey of Psychiatric Practice* including sampling, survey design, study implementation, and analysis
- Published study findings in multiple journals
- Oversaw instrumentation design
- Managed survey data collection to ensure high response rates
- Managed database development and coordinated flow of information

### **American Psychiatric Association**, Staff Liaison to the Board of Trustees, Washington, D.C., June 1998 to August 2000

- Worked directly with the APA's President and Medical Director to organize and carryout quarterly APA Board of Trustees meetings
- Reported Board policy decisions to APA staff on topics such as the annual budget, APA's relationship with managed care, and membership/recruitment efforts
- Liaison between Board members and staff to ensure timely dissemination of action items and policy decisions

## **Teaching Experience**

---

**Marshall University Graduate College**, Summer Faculty, Counseling Department, South Charleston, WV, May 2002 to 2003

- Developed class syllabus, teaching plans, and presentation topics for 16 graduate counseling students studying Adult and Family Development and Transition
- Graded written assignments and provided feedback and consultation to students regarding clinical interventions that facilitate family development during transitions
- Monitored students' long-distance learning between classes through internet discussions

**Virginia Tech**, Instructor, Department of Human Development, Blacksburg, VA, September 2001 to May 2002

- Developed syllabus, policies, procedures and teaching plans for undergraduate class titled 'Family Relationships' for approximately 200 undergraduate students
- Presented lecture material and moderated class discussion
- Graded class reaction papers examining topics including historical changes in the family, adoption, parent-child relationships, marriage, divorce, and remarriage

## **Clinical Experience**

---

**Marriage and Family Therapist**, Orange, CA, October 2005 – Present

- Specialize in treating infertility stress, marital and couple distress, and anxiety.
- Treat depression, grief & loss, trauma, and adjustment to life stressors

**Outpatient Counselor**, Chapman University Student Psychological and Counseling Services (SPCS), Orange, CA, September 2003 – September 2004

- Conducted outpatient counseling with Chapman undergraduate and graduate students dealing with depression, anxiety, adjustment, & school-related stress

**Doctoral Intern**, New River Valley Community Services, Blacksburg, VA, Aug 2002-2003

- Conducted outpatient therapy with children and adolescents dealing with depression, anxiety, oppositional defiance, divorce, and foster care
- Provided school-based outpatient services for at-risk high school students
- Conducted in-home family therapy with adolescents and parents

## **Publications – Peer-Reviewed Journal Articles and Book Chapters**

1. Place, J.M., Peterson, B., Horton, B., & Sanchez, M. (2020). Fertility awareness and parenting intentions among Mexican undergraduate and graduate university students. *Human Fertility*. <https://doi.org/10.1080/14647273.2020.1817577>
2. Shreffler, K.M., Gallus, K.L., Peterson, B., & Greil, A.L. (2020). Couples and infertility. In Wampler, K.S. & Blow, A.J. (Eds.) *The handbook of systemic family therapy, Volume 3 Systemic family therapy with couples* (pp. 385-406). Hoboken, NJ: Wiley.
3. Peterson, B., & Place, J.M. (2019). The experience of infertility: An unexpected barrier in the transition to parenthood. In O.T. Ben-Ari (Ed.) *Pathways and barriers to parenthood: Existential concerns regarding fertility, pregnancy, and early parenthood* (pp. 19-37). Switzerland: Springer.
4. Peterson, B. (2019). The complex relationship between celebrity-driven magazines and depictions of fertility at advanced reproductive ages. *Journal of Women's Health*, 28, 1327-1328.
5. Peterson, B. Crothers, R. (2019). Infertility. In J. J. Ponzetti (Ed.) *Macmillian encyclopedia of families, marriages, and intimate relationships, 2*, 461-464, Macmillian Reference, USA.
6. Peterson, B., Gordon, C., Boehm, J., Inhorn, M., & Patrizio, P. (2018). Initiating patient discussions about oocyte cryopreservation: Attitudes of Obstetrics and Gynecology (OB/GYN) Resident Physicians. *Reproductive BioMedicine & Society Online*, 6, 72-79.
7. Peterson, B., & Hodgson, A. (2018). Using an integrative body-mind-spirit approach in couple counseling. In M. Y. Lee, S. Ng, P. P. Y Leung, and C. L. W. Chan (Eds.), *Integrative body-mind-spirit social work: An empirically-based approach to assessment and treatment* (2<sup>nd</sup> ed., pp. 326-336). New York, NY: Oxford University Press.
8. Peterson, B. (2017). A validated measure for fertility awareness: an essential step towards informed reproductive decision-making. *Fertility & Sterility*, 108, 606-607.
9. Yu, L., Peterson, B., Inhorn, M. C., Boehm, J. K., & Patrizio, P. (2016). Knowledge, attitudes, and intentions toward fertility awareness and oocyte cryopreservation among obstetrics and gynecology resident physicians. *Human Reproduction*, 31, 403-411.
10. Martins, M. V., Basto-Pereira, M., Pedro, J., Peterson, B., Almeida, V., Schmidt, L., & Costa, M. E. (2016). Male psychological adaptation to unsuccessful medically

- assisted reproduction treatments: A systematic review. *Human Reproduction Update*, 22, 466-78.
11. Peterson, B. (2015). Fertility counseling for couples. In S. Covington (Ed.), *Fertility counseling: Clinical guide and case studies* (pp. 60-74). New York, NY: Cambridge University Press.
  12. Chan, C. H. Y., Chan, T. H. Y., Peterson, B., Lampic, C., & Tam, M. Y. J. (2015). Intentions and attitudes towards parenthood and fertility awareness among Chinese university students in Hong Kong: A comparison with Western samples. *Human Reproduction*, 30, 364-372.
  13. Petersen, G., Belnstrup, L. T., Peterson, B., Knudsen, L. B., & Schmidt, L. (2015). Impact of childlessness' on life and attitudes towards continuation of medically assisted reproduction and/or adoption. *Human Fertility*, 18, 121-127.
  14. Martins, M. V., Costa, P., Peterson, B., Costa, M. E., & Schmidt, L. (2014). Marital stability and repartnering: infertility-related stress trajectories of unsuccessful fertility treatment. *Fertility and Sterility*, 102, 1716-1722.
  15. Peterson, B., Sejbaek, C., Pirritano, M., & Schmidt, L. (2014). Are severe depressive symptoms associated with infertility-related distress in individuals and their partners? *Human Reproduction*, 29, 76-82.
  16. Greil, A. L., Schmidt, L., & Peterson, B. (2014). Understanding and treating the psychological consequences of infertility. In A. Wenzel (Ed.), *The Oxford Handbook of Perinatal Psychology* (pp.524-547). New York, NY: Oxford University Press.
  17. Martins, M. V., Peterson, B., Almeida, V., Mesquita-Guimarães, J. & Costa, M. E. (2014). Dyadic dynamics of perceived social support in couples facing infertility. *Human Reproduction*, 23, 83-90.
  18. Martins, M. V., Peterson, B., Costa, P., Costa, M. E., Lund, R. & Schmidt, L. (2013). Interactive effects of social support and disclosure on fertility-related stress. *Journal of Social and Personal Relationships*, 30, 371-388.
  19. Peterson, B., Pirritano, M., Tucker, L., & Lampic, C. (2012). Fertility awareness and parenting attitudes among American male and female undergraduate university students. *Human Reproduction*, 27, 1375-1382.
  20. Peterson, B., Boivin, J., Norre, J., Smith, C., Thorn, P., & Wischmann, T. (2012). An introduction to infertility counseling: A guide for mental health and medical professionals. *Journal of Reproduction and Genetics*, 29, 243-248.

21. Martins, M. V., Costa, M. E., Almeida, V. M. & Peterson, B. (2012). Direct and indirect effects of infertility coping strategies on infertility sexual stress. In *Psicologia da saúde: desafios à promoção da saúde em doenças crónicas*, ed. J. L. Pais Ribeiro, I. Leal, A. Pereira and S. Monteiro, 177 - 183. ISBN: 978-989-8463-30-2. Lisboa: Placebo Editora.
22. Peterson, B., Pirritano, M., Block, J., & Schmidt, L. (2011). Marital benefit and coping strategies in men and women undergoing unsuccessful fertility treatments over a 5-year period. *Fertility and Sterility*, 95, 1759-1763.
23. Martins, M. V., Peterson, B., Almeida, V., & Costa, M. E. (2011). Direct and indirect effects of perceived social support on women's infertility-stress. *Human Reproduction*, 26, 2113-2121.
24. Peterson, B. & Eifert, G. H. (2011). Using Acceptance and Commitment Therapy to treat infertility stress. *Cognitive and Behavioral Practice*, 18, 577-587.
25. Sheridan-Walsh, M. A., Peterson, B., & Rosen, K. H. (2010). The experiences of parents of adolescents in family therapy: A qualitative investigation. *Journal of Marital and Family Therapy*, 36, 144-157.
26. Peterson, B., Pirritano, M., Christensen, U., Boivin, J., Block, J., & Schmidt, L. (2009). The longitudinal impact of partner coping in couples following five years of unsuccessful fertility treatments. *Human Reproduction*, 24, 1656-1664.
27. Peterson, B., Eifert, G. H., Feingold, T., & Davidson, S. (2009). Using Acceptance and Commitment Therapy (ACT) to treat distressed couples: A case study with two couples. *Cognitive and Behavioral Practice*, 16, 430-442.
28. Ridenour, A., Yorgason, J., & Peterson, B. (2009). The infertility resilience model: Assessing individual, couple, and external predictive factors. *Contemporary Family Therapy*, 31, 34-51.
29. Peterson, B., Pirritano, M., Christensen, U., & Schmidt, L. (2008). The impact of partner coping in couples experiencing infertility. *Human Reproduction*, 23, 1128-1137.
30. Goldberg, P. D., Peterson, B., Rosen, K. H., & Sara, M. L. (2008). Cybersex: The impact of a contemporary problem on the practices of Marriage and Family Therapists (MFTs). *Journal of Marital and Family Therapy*, 34, 469-480.
31. Peterson, B., Newton, C. R., & Feingold, T. (2007). Anxiety and sexual stress in men and women undergoing infertility treatment. *Fertility and Sterility*, 88, 911-914.

32. Peterson, B., Gold, L., & Feingold, T. (2007). The experience and influence of infertility: Considerations for couple counselors. *The Family Journal, 15*, 251-257.
33. Peterson, B., Newton, C. R., Rosen, K. H., & Skaggs, G. E. (2006). Gender differences in how men and women referred with in vitro fertilization cope with infertility stress. *Human Reproduction, 21*, 2443-2449.
34. Peterson, B., Newton, C. R., Rosen, K. H., & Schulman, R. S. (2006). Coping processes of couples experiencing infertility. *Family Relations, Interdisciplinary Journal of Applied Family Studies, 55*, 227-239.
35. Peterson, B., Newton, C. R., Rosen, K. H., & Skaggs, G. E. (2006). The relationship between coping and depression in men and women referred for in vitro fertilization (IVF). *Fertility and Sterility, 85*, 802-804.
36. Peterson, B., Newton, C. R., & Rosen, K. H. (2003). Examining congruence between couples' perceived infertility related stress and its relationship to depression and marital adjustment in infertile men and women. *Family Process, 42*, 59-71.
37. West J. C., Zarin D. Z., Peterson B., & Pincus H. A. (1998). Assessing the feasibility of recruiting a randomly selected sample of psychiatrists to participate in a national practice-based research network. *Social Psychiatry and Psychiatric Epidemiology, 33*, 620-623.
38. Peterson B., West J. C., Tanielian, T., Pincus H. A., et al. (1998). Mental Health Practitioners and Trainees. In R. Manderscheid & M. J. Henderson (Eds.), *Mental Health United States, 1998*. Department of Health and Human Services Pub (SMA) (pp. 99-3285). Washington, D.C.: U.S. Government Printing Office.
39. Pincus H. A., Peterson B., Suarez A., & Zarin D. A. (1998). The structure of psychiatrists' outpatient practice. *Psychiatric Services, 49*, 747.
40. Peterson B., Pincus H. A., Suarez A. S., & Zarin D. Z. (1998). Referrals to psychiatrists. *Psychiatric Services, 49*, 499.
41. Zarin D. A., Pincus, H. A., Peterson B., West J. C., Suarez A. S., Marcus S. C., & McIntyre, J. S. (1998). Characterizing psychiatry: Findings from the 1996 National Survey of Psychiatric Practice. *American Journal of Psychiatry, 155*, 397-404.
42. Olfson M. A., Tanielian T. L., Peterson B., & Zarin, D. A. (1998). Routine treatment of adult depression. *Psychiatric Services, 49*, 299.

43. Zarin D. A., Peterson B., Suarez A. S., & Pincus H. A. (1997). Source of patient-care income, work settings, and age of male and female psychiatrists. *Psychiatric Services*, 48, 1387.
44. Zarin D. A., Peterson B., Suarez A. S., & Pincus H. A. (1997). Practice settings and sources of patient-care income of psychiatrists in early, mid, and late career. *Psychiatric Services*, 48, 1261.
45. Peterson B., West J. W., Pincus H. A., et al. (1996). An Update on Human Resources in Mental Health. In R. Manderscheid and M. A. Sonnenschein (Eds.), *Mental Health United States, 1996*. Department of Health and Human Services Pub (SMA) (pp. 96-3098). Washington, D.C.: U.S. Government Printing Office.

## **Publications – Professional Articles**

---

1. Peterson, B. (2018). Five myths about infertility. [The Washington Post](#). June 22, 2018.
2. Peterson B. D. (2006). Advances and complexities: In vitro fertilization and embryo freezing. *Family Therapy Magazine*, 16-23.

## **Publications Under Review and In Progress**

---

1. Peterson, B., Fitzmaurice, L., Boehm, J., Bendix, B., Place, J.M. The impact of a 12-hour mindfulness-based wellness curriculum on obstetrician/gynecologists (OB/GYN) residents' burnout, mindfulness, and self-compassion. *In preparation*.
2. Duraskova, G., & Peterson, B. Posttraumatic growth in women with a long-standing experience of involuntary childlessness. *In preparation*.
3. Lau, B.H.P., Ni, S., Peterson, B., & Chan, C.L.W. Fertility awareness and intentions of Shenzhen young women. *Study instrument and sampling design in process*.
4. Chan, C.H.Y., Lau, B.H.P., Li, R., Ng, E.H.Y., Peterson, B., Patrizio, P. Fertility awareness and preservation among Obstetrics and Gynecology (OB/GYN) trainees in the Asia Pacific region. *Study instrument and protocol development in process*.
5. Chan, C.H.Y., Chan, C.L.W., Ng, E.H.Y., Peterson, B., Li, R.H.W., Lau, B.H.P. Comparing the effectiveness of the couple-based Integrative Body-Mind-Spirit intervention and yoga on couple's well-being during first IVF: A randomized control trial. *Grant for study funding under review*.



## Published Abstracts and Conference Presentations

---

1. Duraskova, G., & Peterson, B. (2020). Posttraumatic growth in women with a long-standing experience of involuntary childlessness. *European Society for Human Reproduction and Embryology (ESHRE) Annual Meeting*, Copenhagen, Denmark.
2. Peterson, B. (2019 - invited keynote). The couples journey through infertility. *Fertility Society of Australia, Annual Conference, The Devil is in the Detail*. Hobart, Tasmania.
3. Peterson, B. (2019 - invited keynote). The male perspective of patient care and fertility counseling. *Fertility Society of Australia, Annual Conference, The Devil is in the Detail*. Hobart, Tasmania.
4. Peterson, B. (2019 - invited keynote). Long-term adjustment after ART treatment. *Fertility Society of Australia, Annual Conference, The Devil is in the Detail*. Hobart, Tasmania.
5. Peterson, B., Fitzmaurice, L., Boehm, J., Place, J.M. (2019). The impact of a 12-hour mindfulness-based wellness curriculum on obstetrician/gynecologists (OB/GYN) residents' burnout, mindfulness, and self-compassion. *European Society for Human Reproduction and Embryology (ESHRE) Annual Meeting*, Vienna, Austria.
6. Gordon, C., Peterson, B., Boehm, J. (2019). To freeze or not to freeze: OB/GYN resident physician perspectives on initiating patient discussions about oocyte cryopreservation. *University of California Irvine Resident Research Conference*, Orange, CA.
7. Peterson, B. (2018 - invited keynote). Coping with infertility: an unexpected barrier in the transition to parenthood. *Israel Science Foundation: Pathways and barriers to the transition to parenthood – existential concerns regarding fertility, pregnancy, and early parenthood*. Bar Ilan University, Tel Aviv, Israel.
8. Place, J.M., Perez, G., Sanchez, M., & Peterson, B. (2018). Fertility awareness and attitudes towards parenthood among female and male students from the National Autonomous University of Mexico (UNAM) in Mexico City. *North American Society for Psychosocial Obstetrics and Gynecology*. Philadelphia, Pennsylvania.
9. Fitzmaurice, L., Peterson, B., Boehm, J. (2018). Teaching wellness skills: Effects of a curriculum designed to increase physician's resilience on Obstetrics and Gynecology intern burnout, mindfulness, and self-compassion. *2018 Annual Meeting of the Council on Resident Education in Obstetrics and Gynecology (CREOG) & Association of Professors of Gynecology and Obstetrics (APGO)*. National Harbor, Maryland.
10. Peterson, B. (2017 - invited presentation). Fertility knowledge and awareness among obstetricians and gynecologists. *European Society for Human Reproduction and*

*Embryology (ESHRE) Annual Meeting Pre-Congress: Fertility Awareness: What role does it play in preventing infertility.* Geneva, Switzerland.

11. Peterson, B. (2016 - invited presentation). Using gender differences as a resource in fertility counseling for couples. *European Society for Human Reproduction and Embryology (ESHRE) Campus Workshop: Basic training for infertility counseling: Moving from theory to practice.* Vienna, Austria.
12. Peterson, B., Yu, L., Boehm, J., Hodgson, A., Inhorn, M., & Patrizio, P. (2016). Initiating patient discussions about oocyte cryopreservation: Attitudes of obstetrics and gynecology resident physicians. Presented at *the 3<sup>rd</sup> European Congress on Preconception Health and Care*, Uppsala, Sweden.
13. Peterson, B. (2015). Fertility counseling for couples. Presented at *Infertility in Global Perspective: Psychosocial aspects in research and clinical practice*, University of Porto, Porto, Portugal.
14. Chan, C., Chan, T., Peterson, B., & Lampic, C. (2015). The 'haves' and the 'have-nots': comparing fertility awareness and attitudes towards infertility between parents and non-parents in Chinese men and women. Presented at the 31st annual meeting of the *European Society for Human Reproduction and Embryology*, Lisbon, Portugal.
15. Yu, L., Peterson, B., Inhorn, M., Boehm, J., & Patrizio, P. (2015). Knowledge, attitudes, and intentions toward fertility awareness and oocyte cryopreservation among United States obstetrics and gynecology (OB/GYN) residents. Presented at the 31st annual meeting of the *European Society for Human Reproduction and Embryology*, Lisbon, Portugal.
16. Peterson, B., Sejbaek, C., Pirritano, M., & Schmidt, L. (2014). Severe depressive symptoms predict individual and partner infertility-related distress at one-year follow-up. Presented at the *30<sup>th</sup> Annual Meeting of the European Society of Human Reproduction and Embryology*, Munich, Germany.
17. Pedro, J., Peterson, B., Costa, M. E., & Martins, M. V. (2014). Male narratives on infertility and the couple relationship: a qualitative analysis of men weblogs. Presented at the *30<sup>th</sup> Annual Meeting of the European Society of Human Reproduction and Embryology*, Munich, Germany.
18. Peterson, B., Sejbaek, C., Pirritano, M., & Schmidt, L. (2013). Are severe depressive symptoms associated with infertility-related distress in individuals and their partners? *Copenhagen Multi-Centre Psychosocial Infertility (COMPI) Research Programme.* University of Copenhagen, Denmark.

19. Blenstrup, T., Knudsen, L. Petersen, G., Peterson, B., & Schmidt, L. (2013). Family histories and establishing a daily life after fertility treatments. *Copenhagen Multi-Centre Psychosocial Infertility (COMPI) Research Programme*. University of Copenhagen, Denmark.
20. Peterson, B., Pirritano, M., & Schmidt, L. (2013). A typology of coping in couples undergoing infertility treatments. Presented at the *29th Annual Meeting of the European Society of Human Reproduction and Embryology*, London, England.
21. Martins, M. Peterson, B. P., Costa, P., Costa, M.E., & Schmidt, L. (2013). The impact of marital stability and re-partnering on infertility-related stress trajectories over 5 years of unsuccessful fertility treatment. Presented at the *29th Annual Meeting of the European Society of Human Reproduction and Embryology*, London, England.
22. Peterson, B. D. (2012). Family Planning Intentions and Fertility Awareness and U.S. Undergraduates. *1<sup>st</sup> Annual International Congress of Gynecology and Obstetrics Advances in Women's Health*. Guangzhou, China.
23. Peterson, B. D. (2012 – Invited Presentation). The Impact of Gender on Infertility Counseling. *The University of Hong Kong Centre on Behavioral Health*. Hong Kong, China.
24. Martins, M. V., Peterson, B., Costa, P., Costa, M. E., Lund, R. & Schmidt, L. (2012). Infertility disclosure moderates the relationship between social support and fertility stress in patients following unsuccessful treatments. Paper presented at the *28th Annual Meeting of the European Society of Human Reproduction and Embryology*, Istanbul, Turkey.
25. Martins, M. V., Costa, M. E., Almeida, V. M., & Peterson, B. D. (2012). Direct and indirect effects of infertility coping strategies on infertility sexual stress. *9<sup>th</sup> Health Psychology National Congress*, Aveiro, Portugal.
26. Pirritano, M., Peterson, B., & Schmidt, L. (2011). A typology of coping in couples undergoing fertility treatments. *5<sup>th</sup> Meeting of the Copenhagen Multi-Centre Psychosocial Infertility (COMPI) Research Program*, University of Copenhagen, Copenhagen, Denmark.
27. Martins, M. V., Peterson, B., Lund, R., & Schmidt, L. (2011). Interactive effects of social support and disclosure on fertility-related stress. *Copenhagen Multi-Centre Psychosocial Infertility (COMPI) Research Program*, University of Copenhagen, Copenhagen, Denmark.
28. Peterson, B. D. (2010 - Invited Presentation). Using typical gender differences as a resource in couple counseling. *European Society for Human Reproduction and*

*Embryology (ESHRE) Symposium - Raising Competence in Psychosocial Care*. Amsterdam, Netherlands.

29. Martins, M. V, Costa, M. E., Almeida, V., & Peterson, B. D. (2010). Effects of perceived social support and coping strategies on infertility stress in women: Testing for mediation using structural equation modeling. *European Society for Human Reproduction and Embryology (ESHRE) 26<sup>th</sup> Annual Meeting*, Rome, Italy.
30. Peterson, B., Pirritano, M., Christensen, U., Boivin, J., Block, J., & Schmidt, L. (2009). The longitudinal impact of partner coping in couples following five years of unsuccessful fertility treatments. *European Society for Human Reproduction and Embryology (ESHRE) 25<sup>th</sup> Annual Meeting*, Amsterdam, Netherlands.
31. Peterson, B., & Pirritano, M. (2009). Marital Benefit and Its Impact on Coping and Stress in a Longitudinal Study of Couples Undergoing Five-Years of Unsuccessful Fertility Treatments. *Copenhagen Multi-Centre Psychosocial Infertility (COMPI) Research Program, University of Copenhagen*, Copenhagen, Denmark.
32. Peterson, B., Eifert, G. H., Feingold, T., & Davidson, S. (2009). Using Acceptance and Commitment Therapy (ACT) to treat distressed couples: A case study with two couples. *Association of Behavioral and Cognitive Therapies 43<sup>rd</sup> Annual Meeting*. New York, NY.
33. Peterson, B., & Eifert, G. (2009). Treating infertility stress in patients undergoing in vitro fertilization (IVF) using Acceptance and Commitment Therapy (ACT). *Pacific Coast Reproductive Society 57<sup>th</sup> Annual Meeting*, Indian Wells, CA.
34. Peterson, B., & Pirritano, M. (2008). The impact of partner coping in couples experiencing infertility – baseline analysis. *Copenhagen Multi-Centre Psychosocial Infertility (COMPI) Research Program, University of Copenhagen*, Copenhagen, Denmark.
35. Pirritano, M., & Peterson, B. D. (2008). The longitudinal impact of couples experiencing infertility. *Copenhagen Multi-Centre Psychosocial Infertility (COMPI) Research Program, University of Copenhagen*, Copenhagen, Denmark.
36. Peterson, B., Pirritano, M., Christensen, U., & Schmidt, L. (2008). The impact of partner coping in couples experiencing infertility. *American Society for Reproductive Medicine (ASRM) 64<sup>th</sup> Annual Meeting*, San Francisco.
37. Peterson, B. D. (2007). Treating infertility stress using Acceptance and Commitment Therapy (ACT): A single case study. *Copenhagen Multi-Centre Psychosocial Infertility (COMPI) Research Program, University of Copenhagen*, Copenhagen, Denmark.
38. Peterson, B., & Pirritano, M. (2007). Examining the relationship between coping and infertility stress using the couple as the unit of analysis. *Copenhagen Multi-Centre*

*Psychosocial Infertility (COMPI) Research Program, University of Copenhagen, Copenhagen, Denmark.*

39. Peterson, B., Newton, C. R., & Feingold, T. (2007). Anxiety and sexual stress in men and women undergoing infertility treatment. *American Society for Reproductive Medicine (ASRM) 63<sup>rd</sup> Annual Meeting*, Washington, D.C.
40. Peterson, B. D. (2006). The individual and dyadic coping patterns of couples undergoing in vitro fertilization (IVF). *Resolve: The National Infertility Association's Southwest Regional Conference*. University of California Los Angeles (UCLA), CA.
41. Peterson, B., Newton, C. R., Rosen, K. H., & Skaggs, G. E. (2005). How men and women referred for in vitro fertilization cope with infertility stress. *American Society for Reproductive Medicine (ASRM) 61<sup>st</sup> Annual Meeting*. Montreal, Canada.
42. Peterson, B., Newton, C. R., Rosen, K. H., & Schulman, R. S. (2004). Dyadic coping processes of infertile couples and their relationship to infertility stress, marital adjustment, and depression. *American Society for Reproductive Medicine (ASRM) 60<sup>th</sup> Annual Meeting*. Philadelphia, PA.
43. Peterson, B., Newton, C. R., & Rosen, K. H. (2001). Examining the congruence between couples' infertility-related stress and its relationship to depression and marital adjustment in infertile men and women: *American Society for Reproductive Medicine (ASRM) 57<sup>th</sup> Annual Meeting*, Orlando, FL.
44. Peterson, B., & Sine, L. (2000). The emotional effects of infertility. *American Psychiatric Association (APA), 52<sup>nd</sup> Institute on Psychiatric Services*, Philadelphia, PA.
45. Peterson, B., & Sine, L. (2000). Male and female emotional response to infertility: A Proposal for DSM-V. *Collaborative Family Health Care Coalition*, Bethesda, MD.
46. Pincus, H. A., Zarin, D. A., West, J. W., & Peterson, B. D. (1998). Managed care delivery systems and psychiatric treatment patterns. *American Psychiatric Association (APA) 151<sup>st</sup> Annual Meeting*, Toronto, Canada.
47. Zarin, D. A., Peterson, B., & Pincus, H. A. (1997). Characterizing psychiatry: Findings from the 1996 National Survey of Psychiatric Practice. *American Psychiatric Association (APA) 49<sup>th</sup> Institute on Psychiatric Services*, Washington, D.C.
48. Zarin, D. A., Peterson, B., & Pincus, H. A. (1997). Characterizing psychiatry: Findings from the 1996 National Survey of Psychiatric Practice. *American Psychiatric Association (APA) 150<sup>th</sup> Annual Meeting*, San Diego, CA.

## Professional Presentations

---

1. Peterson, B. (2017). Fertility counseling: Essential knowledge and skills for MFTs. *Chapman University MFT Clinical Training*. Orange, California.
2. Peterson, B. D. (2012). Infertility: When psychology intersects with the science of reproduction. *Chapman University Science Forum*. Orange, California.
3. Peterson, B. D. (2008). Building a private practice: Clinical and financial considerations. *MFT Program Clinical Sessions, Chapman University*. Orange, California.
4. Peterson, B. D. (2007). The process and value of MFT accreditation. *MFT Program Clinical Sessions, Chapman University*, Orange, California.
5. Peterson, B., & Fletcher, P. J. (2007). Coping through the infertility journey. *Resolve, The National Infertility Association Southwest Region Public Education Meeting*. Santa Ana, California.

## Grants

---

Co-Investigator. The Portuguese Science and Technology Foundation. (2013-2015). *Protective and risk factors in couples facing infertility: Similarities and differences in a globalized world*. In collaboration with the University of Porto & the University of Copenhagen. 110.020 Euro - \$147,241 US. (PTDC/MHC-PSC/4195/2012).

Chapman University Scholarly Research and Development Grant (2009). *Examining the Marital Benefit of Couples Coping With Infertility*. Faculty Research and Development Council, Chapman University, \$2,450.

Chapman University Scholarly Research and Development Grant (2008). *Examining the Longitudinal Coping Patterns of Danish Couples Undergoing Infertility Treatment*. Faculty Research and Development Council, Chapman University, \$2,350.

Chapman University Scholarly Research and Development Grant (2007). *Examining the Coping Patterns of Danish Couples Undergoing Infertility Treatment*. Faculty Research and Development Council, Chapman University, \$1,900.

## Professional Service

---

Ph.D. External Examiner (2017-2020). *Fielding Graduate University, Department of Clinical Psychology*. Santa Barbara, CA.

- “The effects of individual, marital, social, and treatment factors on marital relationships of women who have undergone fertility treatments.”

Ph.D. Committee Member and External Examiner (2016). *Aarhus University, Department of Psychology and Behavioral Sciences, Graduate School of Social Sciences, Aarhus, Denmark.*

- “Infertility and Psychological Adjustment: Implications of the psychological aspects of infertility, assisted reproductive technologies (ART) treatment and psychosocial intervention.” *Thesis Defended February 19, 2016.*

Ph.D. Committee Member and External Examiner (2015). *University of Hong Kong, Department of Social Work and Social Administration, Faculty of Social Sciences.*

- “Donor Assisted Conception: The Living Experience and Concealment Tendency in Chinese Recipients.” *Thesis Defended August 3, 2015.*

External Grant Reviewer (2015). *Wellbeing of Women Research Grant, London England*

- “The Needs and Experiences of Employed Users of Medically Assisted Reproduction” \$8,238 requested

External Grant Reviewer (2015). *University of Missouri Research Board, Columbia, Missouri*

- “Psychological Mechanisms of Fertility Decision Making” Anthropology and Social & Behavioral Sciences. \$66,950 requested

External Grant Reviewer (2014). *Hong Kong Institute of Education, Committee on Research and Development, Research Grants Council*

- “Association of Children’s Coping Strategies, Parenting Strategies, and Parental Strategies” \$993,520 requested

External Reviewer Postdoctoral Fellowship (2014). *Research Foundation Flanders (FWO) Belgium*

- “Can Positive Affect Improve Sexual Function and Pregnancy Rates after Natural Conception or Medically Assisted Reproduction?”

External Reviewer (2013). *University of Hong Kong Outstanding Research Award*

- “Incorporating Spirituality in Psychosocial Group Intervention for Women Undergoing In Vitro Fertilization: A Prospective Randomized Controlled Study”

External Grant Reviewer (2012). *Scotland Health Services and Population Health Research Committee Grant Project*

- “Modifying Reproductive Intentions: Can the Intended Reproductive Delay of Educated Professional Women be Influenced by Education and by Alternative Framing of Questions about Fertility?” \$319,691 requested

## Professional Service (cont)

---

Ad Hoc Reviewer for 50 peer-reviewed journals:

1. *BMC Pregnancy and Childbirth* (Since 2021)
2. *Australian and New Zealand Journal of Family Therapy* (Since 2021)
3. *Postgraduate Medicine* (Since 2020)
4. *Cogent Psychology* (Since 2020)
5. *Sex Education* (Since 2019)
6. *Journal of Women's Health* (Since 2019)
7. *The American Journal of Obstetrics and Gynecology* (Since 2018)
8. *Reproductive BioMedicine and Society Online* (Since 2018)
9. *Mindfulness* (Since 2018)
10. *PLOS One* (since 2017)
11. *Reproductive Biomedicine Online* (since 2016)
12. *BMC Women's Health* (since 2016)
13. *Journal of Psychosomatic Obstetrics and Gynecology* (since 2016)
14. *Eastern Mediterranean Health Journal* (since 2016)
15. *Journal of Assisted Reproduction and Genetics* (since 2015)
16. *European Journal of Obstetrics & Gynecology and Reprod Biology* (since 2015)
17. *European Journal of Contraception and Reproductive Healthcare* (since 2015)
18. *Australian and New Zealand Journal of Public Health* (since 2015)
19. *Maternal and Child Health Journal* (Since 2015)
20. *BMC Public Health* (Since 2015)
21. *Reproductive Health* (Since 2014)
22. *International Journal of Women's Health* (Since 2014)
23. *Japan Journal of Nursing Science* (Since 2014)
24. *Reproductive Systems and Sexual Disorders* (Since 2014)
25. *Human Fertility* (Since 2014)
26. *International Journal of Fertility and Sterility* (Since 2013)
27. *Journal of Family Psychology* (Since 2013)
28. *Indian Journal of Science and Technology* (Since 2013)
29. *Sexual and Reproductive Healthcare* (Since 2012)
30. *Journal of Clinical Psychology in Medical Settings* (Since 2012)
31. *British Journal of Health Psychology* (Since 2012)
32. *Psychology and Health* (Since 2012)
33. *Journal of Psychosomatic Research* (Since 2012)
34. *Advanced in Urology* (Since 2012)
35. *Fertility and Sterility* (Since 2011)
36. *Asian Journal of Andrology* (Since 2011)
37. *Journal of Reproductive and Infant Psychology* (Since 2010)
38. *Women and Health* (Since 2010)
39. *Annals of Behavioral Medicine* (Since 2009)
40. *Behavioral Research and Therapy* (Since 2008)
41. *Psychology of Men and Masculinity* (Since 2008)



- 42. *Future Medicine – Therapy* (Since 2007)
- 43. *Journal of Health Psychology* (Since 2007)
- 44. *Psychological Reports - Perceptual and Motor Skills* (Since 2007)
- 45. *Journal of Marriage and Family Therapy (JMFT)* (Since 2006)
- 46. *Social Science and Medicine* (Since 2006)
- 47. *Human Reproduction* (Since 2006)
- 48. *Depression and Anxiety* (Since 2006)
- 49. *Family Relations* (Since 2005)
- 50. *Journal of Marriage and Family* (Since 2005)

## **University Service**

---

Member, Graduate Academic Council (2019-2021)  
Member, Faculty Personnel Council (2017-2019)  
Member, Faculty Research and Development Council (FRDC) (2016-2018)  
Senator, Crean College of Health and Behavioral Sciences (2014 - 2016)  
Faculty Review Subcommittee (FRC) Crean School of Health and Life Sci. (2011 - 2013)  
Chair, Graduate Faculty Committee, MFT Program (2003 - 2016)  
Chair, MFT Accreditation Committee (2004 - 2016)  
Chair, MFT Learning Outcomes and Assessment Committee (2005 - 2016)  
Chair, Graduate Admissions Committee, MFT Program (2003 - 2016)  
Chair, Comprehensive Examination Committee, MFT Program (2003 - 2016)  
Chair, MFT Curriculum Committee (2003 - 2016)  
Member, Graduate Advancement Committee, MFT Program (2003 - present)  
Member, Search Committee, Director Physician Assistant (PA) Program (2012 - 2013)  
Member, Search Committee, Dean of the Chapel (2011 - 2012)  
Chair, Search Committee, Psychology/MFT Clinical Faculty Member (2010 - 2011)

## **Awards and Honors**

---

Human Reproduction Outstanding Reviewer (2013). *Presented to the top 10% of the journal's reviewers for excellent contributions to the journal as judged by the quality and timeliness of their reviews.* Oxford University Press.

Chapman University Excellence in Scholarly Activity (2011). *Presented at the Annual Faculty Awards Ceremony.* Chapman University, Orange, CA.

Chapman University Excellence in Scholarly Activity (2010). *Presented at the Annual Faculty Awards Ceremony.* Chapman University, Orange, CA.

Clinical Science Award (2009). European Society for Human Reproduction and Embryology (ESHRE). *Top oral presentation at the 25<sup>th</sup> Annual Meeting: The longitudinal impact of partner coping in couples following 5 years of unsuccessful fertility treatments.* Amsterdam, Netherlands.

Chapman University Department of Psychology Outstanding Service Award (2006).  
*Undergraduate Honors Reception*, Chapman University.

Mental Health Professional Group Prize Paper (2001). American Society for Reproductive Medicine (ASRM). *Top paper of the Mental Health Professional Group: Examining the congruence between couples' infertility-related stress and its relationship to depression and marital adjustment in infertile men and women*. Orlando, FL.

## **Clinical Licensure & Professional Designations**

---

Licensed Marriage and Family Therapist (LMFT 42157), California Board of Behavioral Sciences (BBS), July 5, 2005 - current

Approved Supervisor American Association for Marriage and Family Therapy (AAMFT), March 31, 2006 - current

European Society for Human Reproduction and Embryology (ESHRE), *Psychology and Counseling Special Interest Group* - International Advisor 2017-current.

European Society for Human Reproduction and Embryology (ESHRE), *Psychology and Counseling Special Interest Group* (SIG) - Member.

## **Media**

---

*New York Times* (May, 2004). Mary Duenwald, "For Couples, Stress without Promise."

*Reuters Health* (Nov, 2007). Amy Norton, "Infertile Couples at Risk for Sexual Stress."

*Health Matters With Dr. Larry Santora* (Feb, 2009). Larry Santora, "Infertility: The Difference Psychological Effects on Men and Women."

<https://www.youtube.com/watch?v=eMuXZxhoW8M>

*Conceive Online*. (May, 2012). Lorie Parch. "A Conceive Conversation: A Q&A with Dr. Brennan Peterson."

*The Globe and Mail* (May, 2012). Tralee Pearce, "The clock is ticking: Female fertility declines earlier than you think."

*Forbes* (June, 2012). J. Maureen Henderson, "Are Millennials Too Poor to Procreate?"

*Maclean's* (Oct, 2012). Kate Lunau, "Thirty-Seven and Counting: The Harsh Reality of Women's Fertility Decline."

*Orange County Register* (April, 2013). "Q&A With Fertility Expert Brennan Peterson."

*Academic Minute* (May, 2013). Bradley Cornelius. The Psychology of Infertility.  
<http://wamc.org/post/dr-brennan-peterson-chapman-university-psychology-infertility#stream/0>

*U.S. News & World Report* (Jan, 2014). Shannon Firth, "Infertile Couples 3 Times More Likely to Divorce."

*Los Angeles Times* (June, 2014). David Ogul, "Coping With Infertility."