

Brennan D. Peterson, Ph.D.

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Academic Appointments

Chapman University, Professor, Crean College of Health and Behavioral Sciences, Marriage and Family Therapy Program & Department of Psychology

Orange, CA August 2003 – present

- Teach graduate and undergraduate courses
- Conduct and publish interdisciplinary scholarly research related to coping with infertility, fertility counseling, & fertility awareness
- Courses taught:
 - MFT 584 Trauma-Informed Treatment
 - MFT 610 Family Life Cycle Development
 - MFT 561 Couple Therapy
 - MFT 541 Marriage and Family Therapy Theories I
 - MFT 556 Marriage and Family Therapy Theories II
 - MFT 694 Clinical Supervision
 - MFY 689 Clinical Practicum
 - PSY 355 Diversity in Marriage and Family Relationships
 - PSY 101 Introduction to Psychology

Chapman University, Director, Marriage and Family Therapy Program Crean College of Health and Behavioral Sciences

Orange, CA August 2003 – May 31, 2016

- Directed the overall operation of the MFT graduate program
- Oversaw COAMFTE national accreditation 2007, 2012
- Developed and implement graduate program policies
- Coordinated program curriculum
- Chaired faculty meetings
- Reviewed faculty annually
- Oversaw graduate student recruitment and admissions
- Coordinated comprehensive examination
- Planned annual course schedules
- Supervised graduate program manager
- Oversaw MFT Program budget
- Hired adjunct faculty and clinical supervisors

Education

Ph.D., Human Development, Virginia Tech, Blacksburg, VA, May 2003

- Dissertation defended, August 2002. Title: Examining the individual and dyadic coping processes of infertile men and women and their relationship to infertility stress, marital adjustment, and depression
- Interests: Infertility, family relationships, family therapy, clinical supervision
- Cumulative GPA: 4.0

M.S., Human Development, Virginia Tech, Falls Church, VA, December 2001

- Thesis defended, August 2000. Title: Examining congruence between couples' perceived infertility-related stress and its relationship to depression and marital adjustment in infertile men and women
- Cumulative GPA: 3.9

B.S., Psychology, Brigham Young University, Provo, UT, April 1995

- Cumulative GPA: 3.8
- Business Management minor

Work Experience

American Psychiatric Association, Staff Liaison to the Board of Trustees, Washington, D.C., June 1998 to August 2000

- Worked directly with the APA's President and Medical Director to organize and carryout quarterly APA Board of Trustees meetings
- Reported Board policy decisions to APA staff on topics such as the annual budget, APA's relationship with managed care, and membership/recruitment efforts
- Liaison between Board members and staff to ensure timely dissemination of action items and policy decisions

American Psychiatric Association, Practice Research Network Coordinator, Washington, D.C., June 1995 to June 1998

- Coordinated the 1996 and 1998 *National Survey of Psychiatric Practice* including sampling, survey design, study implementation, and analysis
- Published study findings in multiple journals
- Oversaw instrumentation design
- Managed survey data collection to ensure high response rates
- Managed database development and coordinated flow of information

Teaching Experience

Marshall University Graduate College, Summer Faculty, Counseling Department, South Charleston, WV, May 2002 to 2003

- Developed class syllabus, teaching plans, and presentation topics for 16 graduate counseling students studying Adult and Family Development and Transition
- Graded written assignments and provided feedback and consultation to students regarding clinical interventions that facilitate family development during transitions
- Monitored students' long-distance learning between classes through internet discussions

Virginia Tech, Instructor, Department of Human Development, Blacksburg, VA, September 2001 to May 2002

- Developed syllabus, policies, procedures and teaching plans for undergraduate class titled 'Family Relationships' for approximately 200 undergraduate students
- Presented lecture material and moderated class discussion
- Graded class reaction papers examining topics including historical changes in the family, adoption, parent-child relationships, marriage, divorce, and remarriage

Clinical Experience

Marriage and Family Therapist, October 2005 – Present

- Specialize in treating trauma, couple distress, and infertility stress
- Treat grief, loss, and adjustment to life stressors

Outpatient Counselor, Chapman University Student Psychological and Counseling Services (SPCS), Orange, CA, September 2003 – September 2004

- Conducted outpatient counseling with Chapman undergraduate and graduate students dealing with depression, anxiety, adjustment, & school-related stress

Doctoral Intern, New River Valley Community Services, Blacksburg, VA, Aug 2002-2003

- Conducted outpatient therapy with children and adolescents dealing with depression, anxiety, oppositional defiance, divorce, and foster care
- Provided school-based outpatient services for at-risk high school students
- Conducted in-home family therapy with adolescents and parents

Publications – Peer-Reviewed Journal Articles and Book Chapters

1. Peterson, B., Taubman – Ben-Ari, O., Chiu, B., Brown, D., Frederick, D.A. (2025). Infertility stigma and openness with others are related to depressive symptoms and meaning in life in men and women diagnosed with infertility. *Reproductive Health*, 22, 1-7.
2. Place, J.M., Horowitz, J., Nguyen, M., Guinn, M., & Peterson, B. (2025). U.S. young adults' family-building intentions in the event of infertility and knowledge of associated costs. *Frontiers in Global Women's Health* 6:1538455.
3. Peterson, B., Petok, B. (2023). The male experience with fertility and counseling: Addressing the needs of diverse populations. In S. Covington (Ed.), *Fertility counseling: Clinical guide*. (2nd ed., pp. 153-161). Cambridge University Press.
4. Peterson, B., & Koser, K. (2023). Fertility counseling for couples. In S. Covington (Ed.), *Fertility counseling: Clinical guide* (2nd ed., pp. 49-58). Cambridge University Press.
5. Petok, B., & Peterson, B. (2023). The male experience with fertility and counseling: Addressing the needs of diverse populations. In S. Covington (Ed.), *Fertility counseling: Case studies*. (2nd ed, pp.83-87). Cambridge University Press
6. Peterson, B., Fitzmaurice, L., Boehm, J., Bendix, B. (2022). Pilot study evaluating a 12-h mindfulness-based curriculum for OB/GYN residents. *Complementary Therapies in Clinical Practice*, 48, 1-6.
7. Duraskova, G., & Peterson, B. (2022). Posttraumatic growth in women with a long-standing experience of involuntary childlessness in the Czech Republic. *Journal of Humanistic Psychology*, 1-22.
8. Place, J.M., Peterson, B., Horton, B., & Sanchez, M. (2020). Fertility awareness and parenting intentions among Mexican undergraduate and graduate university students. *Human Fertility*, 25, 397-406.
9. Shreffler, K.M., Gallus, K.L., Peterson, B., & Greil, A.L. (2020). Couples and infertility. In Wampler, K.S. & Blow, A.J. (Eds.) *The handbook of systemic family therapy, Volume 3 Systemic family therapy with couples* (pp. 385-406). Hoboken, NJ: Wiley.
10. Peterson, B., & Place, J.M. (2019). The experience of infertility: An unexpected barrier in the transition to parenthood. In O.T. Ben-Ari (Ed.) *Pathways and barriers to parenthood: Existential concerns regarding fertility, pregnancy, and early parenthood* (pp. 19-37). Switzerland: Springer.

11. Peterson, B. (2019). The complex relationship between celebrity-driven magazines and depictions of fertility at advanced reproductive ages. *Journal of Women's Health, 28*, 1327-1328.
12. Peterson, B. Crothers, R. (2019). Infertility. In J. J. Ponzetti (Ed.) *Macmillian encyclopedia of families, marriages, and intimate relationships, 2*, 461-464, Macmillian Reference, USA.
13. Peterson, B., Gordon, C., Boehm, J., Inhorn, M., & Patrizio, P. (2018). Initiating patient discussions about oocyte cryopreservation: Attitudes of Obstetrics and Gynecology (OB/GYN) Resident Physicians. *Reproductive BioMedicine & Society Online, 6*, 72-79.
14. Peterson, B., & Hodgson, A. (2018). Using an integrative body-mind-spirit approach in couple counseling. In M. Y. Lee, S. Ng, P. P. Y Leung, and C. L. W. Chan (Eds.), *Integrative body-mind-spirit social work: An empirically-based approach to assessment and treatment* (2nd ed., pp. 326-336). New York, NY: Oxford University Press.
15. Peterson, B. (2017). A validated measure for fertility awareness: an essential step towards informed reproductive decision-making. *Fertility & Sterility, 108*, 606-607.
16. Yu, L., Peterson, B., Inhorn, M. C., Boehm, J. K., & Patrizio, P. (2016). Knowledge, attitudes, and intentions toward fertility awareness and oocyte cryopreservation among obstetrics and gynecology resident physicians. *Human Reproduction, 31*, 403-411.
17. Martins, M. V., Basto-Pereira, M., Pedro, J., Peterson, B., Almeida, V., Schmidt, L., & Costa, M. E. (2016). Male psychological adaptation to unsuccessful medically assisted reproduction treatments: A systematic review. *Human Reproduction Update, 22*, 466-78.
18. Peterson, B. (2015). Fertility counseling for couples. In S. Covington (Ed.), *Fertility counseling: Clinical guide and case studies* (pp. 60-74). New York, NY: Cambridge University Press.
19. Chan, C. H. Y., Chan, T. H. Y., Peterson, B., Lampic, C., & Tam, M. Y. J. (2015). Intentions and attitudes towards parenthood and fertility awareness among Chinese university students in Hong Kong: A comparison with Western samples. *Human Reproduction, 30*, 364-372.
20. Petersen, G., Belnstrup, L. T., Peterson, B., Knudsen, L. B., & Schmidt, L. (2015). Impact of childlessness' on life and attitudes towards continuation of medically assisted reproduction and/or adoption. *Human Fertility, 18*, 121-127.

21. Martins, M. V., Costa, P., Peterson, B., Costa, M. E., & Schmidt, L. (2014). Marital stability and repartnering: infertility-related stress trajectories of unsuccessful fertility treatment. *Fertility and Sterility*, 102, 1716-1722.
22. Peterson, B., Sejbaek, C., Pirritano, M., & Schmidt, L. (2014). Are severe depressive symptoms associated with infertility-related distress in individuals and their partners? *Human Reproduction*, 29, 76-82.
23. Greil, A. L., Schmidt, L., & Peterson, B. (2014). Understanding and treating the psychological consequences of infertility. In A. Wenzel (Ed.), *The Oxford Handbook of Perinatal Psychology* (pp.524-547). New York, NY: Oxford University Press.
24. Martins, M. V., Peterson, B., Almeida, V., Mesquita-Guimarães, J. & Costa, M. E. (2014). Dyadic dynamics of perceived social support in couples facing infertility. *Human Reproduction*, 23, 83-90.
25. Martins, M. V., Peterson, B., Costa, P., Costa, M. E., Lund, R. & Schmidt, L. (2013). Interactive effects of social support and disclosure on fertility-related stress. *Journal of Social and Personal Relationships*, 30, 371-388.
26. Peterson, B., Pirritano, M., Tucker, L., & Lampic, C. (2012). Fertility awareness and parenting attitudes among American male and female undergraduate university students. *Human Reproduction*, 27, 1375-1382.
27. Martins, M.V., Peterson, B.D., Almeida, V., & Costa, M.E. (2012). Measuring perceived social support in Portuguese adults trying to conceive: Adaptation and psychometric evaluation of the Multidimensional Scale of Perceived Social Support. *Peritia*, 13, 5-14.
28. Peterson, B., Boivin, J., Norre, J., Smith, C., Thorn, P., & Wischmann, T. (2012). An introduction to infertility counseling: A guide for mental health and medical professionals. *Journal of Reproduction and Genetics*, 29, 243-248.
29. Martins, M. V., Costa, M. E., Almeida, V. M. & Peterson, B. (2012). Direct and indirect effects of infertility coping strategies on infertility sexual stress. In *Psicologia da saúde: desafios à promoção da saúde em doenças crónicas*, ed. J. L. Pais Ribeiro, I. Leal, A. Pereira and S. Monteiro, 177 - 183. ISBN: 978-989-8463-30-2. Lisboa: Placebo Editora.
30. Peterson, B., Pirritano, M., Block, J., & Schmidt, L. (2011). Marital benefit and coping strategies in men and women undergoing unsuccessful fertility treatments over a 5-year period. *Fertility and Sterility*, 95, 1759-1763.

31. Martins, M. V., Peterson, B., Almeida, V., & Costa, M. E. (2011). Direct and indirect effects of perceived social support on women's infertility-stress. *Human Reproduction, 26*, 2113-2121.
32. Peterson, B. & Eifert, G. H. (2011). Using Acceptance and Commitment Therapy to treat infertility stress. *Cognitive and Behavioral Practice, 18*, 577-587.
33. Sheridan-Walsh, M. A., Peterson, B., & Rosen, K. H. (2010). The experiences of parents of adolescents in family therapy: A qualitative investigation. *Journal of Marital and Family Therapy, 36*, 144-157.
34. Peterson, B., Pirritano, M., Christensen, U., Boivin, J., Block, J., & Schmidt, L. (2009). The longitudinal impact of partner coping in couples following five years of unsuccessful fertility treatments. *Human Reproduction, 24*, 1656-1664.
35. Peterson, B., Eifert, G. H., Feingold, T., & Davidson, S. (2009). Using Acceptance and Commitment Therapy (ACT) to treat distressed couples: A case study with two couples. *Cognitive and Behavioral Practice, 16*, 430-442.
36. Ridenour, A., Yorgason, J., & Peterson, B. (2009). The infertility resilience model: Assessing individual, couple, and external predictive factors. *Contemporary Family Therapy, 31*, 34-51.
37. Peterson, B., Pirritano, M., Christensen, U., & Schmidt, L. (2008). The impact of partner coping in couples experiencing infertility. *Human Reproduction, 23*, 1128-1137.
38. Goldberg, P. D., Peterson, B., Rosen, K. H., & Sara, M. L. (2008). Cybersex: The impact of a contemporary problem on the practices of Marriage and Family Therapists (MFTs). *Journal of Marital and Family Therapy, 34*, 469-480.
39. Peterson, B., Newton, C. R., & Feingold, T. (2007). Anxiety and sexual stress in men and women undergoing infertility treatment. *Fertility and Sterility, 88*, 911-914.
40. Peterson, B., Gold, L., & Feingold, T. (2007). The experience and influence of infertility: Considerations for couple counselors. *The Family Journal, 15*, 251-257.
41. Peterson, B., Newton, C. R., Rosen, K. H., & Skaggs, G. E. (2006). Gender differences in how men and women referred with in vitro fertilization cope with infertility stress. *Human Reproduction, 21*, 2443-2449.

42. Peterson, B., Newton, C. R., Rosen, K. H., & Schulman, R. S. (2006). Coping processes of couples experiencing infertility. *Family Relations, Interdisciplinary Journal of Applied Family Studies*, 55, 227-239.
43. Peterson, B., Newton, C. R., Rosen, K. H., & Skaggs, G. E. (2006). The relationship between coping and depression in men and women referred for in vitro fertilization (IVF). *Fertility and Sterility*, 85, 802-804.
44. Peterson, B., Newton, C. R., & Rosen, K. H. (2003). Examining congruence between couples' perceived infertility related stress and its relationship to depression and marital adjustment in infertile men and women. *Family Process*, 42, 59-71.
45. West J. C., Zarin D. Z., Peterson B., & Pincus H. A. (1998). Assessing the feasibility of recruiting a randomly selected sample of psychiatrists to participate in a national practice-based research network. *Social Psychiatry and Psychiatric Epidemiology*, 33, 620-623.
46. Peterson B., West J. C., Tanielian, T., Pincus H. A., et al. (1998). Mental Health Practitioners and Trainees. In R. Manderscheid & M. J. Henderson (Eds.), *Mental Health United States, 1998*. Department of Health and Human Services Pub (SMA) (pp. 99-3285). Washington, D.C.: U.S. Government Printing Office.
47. Pincus H. A., Peterson B., Suarez A., & Zarin D. A. (1998). The structure of psychiatrists' outpatient practice. *Psychiatric Services*, 49, 747.
48. Peterson B., Pincus H. A., Suarez A. S., & Zarin D. Z. (1998). Referrals to psychiatrists. *Psychiatric Services*, 49, 499.
49. Zarin D. A., Pincus, H. A., Peterson B., West J. C., Suarez A. S., Marcus S. C., & McIntyre, J. S. (1998). Characterizing psychiatry: Findings from the 1996 National Survey of Psychiatric Practice. *American Journal of Psychiatry*, 155, 397-404.
50. Olfson M. A., Tanielian T. L., Peterson B., & Zarin, D. A. (1998). Routine treatment of adult depression. *Psychiatric Services*, 49, 299.
51. Zarin D. A., Peterson B., Suarez A. S., & Pincus H. A. (1997). Source of patient-care income, work settings, and age of male and female psychiatrists. *Psychiatric Services*, 48, 1387.
52. Zarin D. A., Peterson B., Suarez A. S., & Pincus H. A. (1997). Practice settings and sources of patient-care income of psychiatrists in early, mid, and late career. *Psychiatric Services*, 48, 1261.

53. Peterson B., West J. W., Pincus H. A., et al. (1996). An Update on Human Resources in Mental Health. In R. Manderscheid and M. A. Sonnenschein (Eds.), *Mental Health United States, 1996*. Department of Health and Human Services Pub (SMA) (pp. 96-3098). Washington, D.C.: U.S. Government Printing Office.

Publications – Professional Articles

1. Peterson, B. (2018). Five myths about infertility. [*The Washington Post*](#). June 22, 2018.
2. Peterson B. D. (2006). Advances and complexities: In vitro fertilization and embryo freezing. *Family Therapy Magazine*, 16-23.

Publications Under Review and In Progress

1. Peterson, B., Taubman – Ben-Ari, O., Chiu, B., Brown, D., Frederick, D.A. (2025). The longitudinal impact of post-traumatic growth during infertility. *Study approved by Chapman IRB and in process.*
2. Martins, M., Schmidt, L., Kirkmanbrown, J., Peterson, B., & Costa M. Development and implementation of GENESIS: A psychoeducational website for Donor Conceived People (DCP). *Funding obtained through Portuguese Science and Technology Foundation.*
3. Peterson, B. Bendix B, & Boehm, J. Examining the impact of a mindful awareness and value-guided behavior program on empathy, resilience, and self-compassion in Marriage and Family Therapy graduate students. *Study approved Chapman IRB and ongoing since 2021.*
4. Lykke-Sylvest, R., Schmidt, L., Koert, E. Peterson, B., & Pinborg, A. The impact of individual fertility assessment and counseling on prevention of infertility. *Study funded and development and planning in process.*

Published Abstracts and Conference Presentations

1. Peterson, B., Taubman – Ben-Ari, O., Chiu, B., Brown, D., Frederick, D.A. (2024). Infertility stigma and openness with others are related to depressive symptoms and meaning in life in men and women diagnosed with infertility. *European Society for Human Reproduction and Embryology (ESHRE) 40th Annual Meeting, Amsterdam, Netherlands.*

2. Peterson, B. (2023). Invited Speaker: Counselling men experiencing infertility. *3rd Annual Meeting of Belgian & Dutch Fertility Counselors*. Leuven, Belgium.
3. Peterson, B. (2023). Invited Speaker: Should psychological counselling be mandatory/routine in infertility care and ART? *European Society for Human Reproduction and Embryology (ESHRE) International Webinar*.
4. Sylvest, R., Koert, E., Ziebe S., Steenberg M., Kiehn, C., Peterson, B., & Schmidt, L. (2023). Qualitative evaluation of fertility education for emerging adults in Denmark – a pilot study. *European Society for Human Reproduction and Embryology (ESHRE) 39th Annual Meeting*, Copenhagen, Denmark.
5. Peterson, B. & Klevan, M. (2023). Invited speaker: Working with couples with infertility. *10th Annual Jefferson Infertility Conference*. Philadelphia, Pennsylvania.
6. Peterson, B. (2022). Invited speaker). Men and infertility: Biomedical, psychosocial, and cultural challenges. *9th Annual Jefferson Infertility Conference*. Philadelphia, Pennsylvania.
7. Duraskova, G., & Peterson, B. (2020). Posttraumatic growth in women with a long-standing experience of involuntary childlessness. *European Society for Human Reproduction and Embryology (ESHRE) Annual Meeting*, Copenhagen, Denmark.
8. Peterson, B. (2019). Invited Keynote Speaker: The couple's journey through infertility. *Fertility Society of Australia, Annual Conference, The Devil is in the Detail*. Hobart, Tasmania.
9. Peterson, B. (2019). Invited Keynote Speaker: The male perspective of patient care and fertility counseling. *Fertility Society of Australia, Annual Conference, The Devil is in the Detail*. Hobart, Tasmania.
10. Peterson, B. (2019). Invited Keynote Speaker. Long-term adjustment after ART treatment. *Fertility Society of Australia, Annual Conference, The Devil is in the Detail*. Hobart, Tasmania.
11. Peterson, B., Fitzmaurice, L., Boehm, J., Place, J.M. (2019). The impact of a 12-hour mindfulness-based wellness curriculum on obstetrician/gynecologists (OB/GYN) residents' burnout, mindfulness, and self-compassion. *European Society for Human Reproduction and Embryology (ESHRE) Annual Meeting*, Vienna, Austria.
12. Gordon, C., Peterson, B., Boehm, J. (2019). To freeze or not to freeze: OB/GYN resident physician perspectives on initiating patient discussions about oocyte cryopreservation. *University of California Irvine Resident Research Conference*, Orange, CA.

13. Peterson, B. (2018). Invited Keynote Speaker: Coping with infertility: an unexpected barrier in the transition to parenthood. *Israel Science Foundation: Pathways and barriers to the transition to parenthood – existential concerns regarding fertility, pregnancy, and early parenthood*. Bar Ilan University, Tel Aviv, Israel.
14. Place, J.M., Perez, G., Sanchez, M., & Peterson, B. (2018). Fertility awareness and attitudes towards parenthood among female and male students from the National Autonomous University of Mexico (UNAM) in Mexico City. *North American Society for Psychosocial Obstetrics and Gynecology*. Philadelphia, Pennsylvania.
15. Fitzmaurice, L., Peterson, B., Boehm, J. (2018). Teaching wellness skills: Effects of a curriculum designed to increase physician's resilience on Obstetrics and Gynecology intern burnout, mindfulness, and self-compassion. *2018 Annual Meeting of the Council on Resident Education in Obstetrics and Gynecology (CREOG) & Association of Professors of Gynecology and Obstetrics (APGO)*. National Harbor, Maryland.
16. Peterson, B. (2017). Invited Speaker: Fertility knowledge and awareness among obstetricians and gynecologists. *European Society for Human Reproduction and Embryology (ESHRE) Annual Meeting Pre-Congress: Fertility Awareness: What role does it play in preventing infertility*. Geneva, Switzerland.
17. Peterson, B. (2016). Invited Speaker: Using gender differences as a resource in fertility counseling for couples. *European Society for Human Reproduction and Embryology (ESHRE) Campus Workshop: Basic training for infertility counseling: Moving from theory to practice*. Vienna, Austria.
18. Peterson, B., Yu, L., Boehm, J., Hodgson, A., Inhorn, M., & Patrizio, P. (2016). Initiating patient discussions about oocyte cryopreservation: Attitudes of obstetrics and gynecology resident physicians. Presented at *the 3rd European Congress on Preconception Health and Care*, Uppsala, Sweden.
19. Peterson, B. (2015). Invited Speaker: Fertility counseling for couples. Presented at *Infertility in Global Perspective: Psychosocial Aspects in Research and Clinical Practice*, University of Porto, Porto, Portugal.
20. Chan, C., Chan, T., Peterson, B., & Lampic, C. (2015). The 'haves' and the 'have-nots': comparing fertility awareness and attitudes towards infertility between parents and non-parents in Chinese men and women. Presented at the 31st annual meeting of the *European Society for Human Reproduction and Embryology*, Lisbon, Portugal.

21. Yu, L., Peterson, B., Inhorn, M., Boehm, J., & Patrizio, P. (2015). Knowledge, attitudes, and intentions toward fertility awareness and oocyte cryopreservation among United States obstetrics and gynecology (OB/GYN) residents. Presented at the 31st annual meeting of the *European Society for Human Reproduction and Embryology*, Lisbon, Portugal.
22. Peterson, B., Sejbaek, C., Pirritano, M., & Schmidt, L. (2014). Severe depressive symptoms predict individual and partner infertility-related distress at one-year follow-up. Presented at the 30th *Annual Meeting of the European Society of Human Reproduction and Embryology*, Munich, Germany.
23. Pedro, J., Peterson, B., Costa, M. E., & Martins, M. V. (2014). Male narratives on infertility and the couple relationship: a qualitative analysis of men weblogs. Presented at the 30th *Annual Meeting of the European Society of Human Reproduction and Embryology*, Munich, Germany.
24. Peterson, B., Sejbaek, C., Pirritano, M., & Schmidt, L. (2013). Are severe depressive symptoms associated with infertility-related distress in individuals and their partners? *Copenhagen Multi-Centre Psychosocial Infertility (COMPI) Research Programme*. University of Copenhagen, Denmark.
25. Blenstrup, T., Knudsen, L. Petersen, G., Peterson, B., & Schmidt, L. (2013). Family histories and establishing a daily life after fertility treatments. *Copenhagen Multi-Centre Psychosocial Infertility (COMPI) Research Programme*. University of Copenhagen, Denmark.
26. Peterson, B., Pirritano, M., & Schmidt, L. (2013). A typology of coping in couples undergoing infertility treatments. Presented at the 29th *Annual Meeting of the European Society of Human Reproduction and Embryology*, London, England.
27. Martins, M. Peterson, B. P., Costa, P., Costa, M.E., & Schmidt, L. (2013). The impact of marital stability and re-partnering on infertility-related stress trajectories over 5 years of unsuccessful fertility treatment. Presented at the 29th *Annual Meeting of the European Society of Human Reproduction and Embryology*, London, England.
28. Peterson, B. D. (2012). Family Planning Intentions and Fertility Awareness and U.S. Undergraduates. *1st Annual International Congress of Gynecology and Obstetrics Advances in Women's Health*. Guangzhou, China.
29. Peterson, B. D. (2012 – Invited Presentation). The Impact of Gender on Infertility Counseling. *The University of Hong Kong Centre on Behavioral Health*. Hong Kong, China.

30. Martins, M. V., Peterson, B., Costa, P., Costa, M. E., Lund, R. & Schmidt, L. (2012). Infertility disclosure moderates the relationship between social support and fertility stress in patients following unsuccessful treatments. Paper presented at the *28th Annual Meeting of the European Society of Human Reproduction and Embryology*, Istanbul, Turkey.
31. Blenstrup, L. T., Pirritano, M., & Peterson, B. D. (2012). *Infertility treatment in Denmark: Consequences for the family history*. Abstract from Nordic Demographic Symposium, Tønsberg, Norway.
32. Martins, M. V., Costa, M. E., Almeida, V. M., & Peterson, B. D. (2012). Direct and indirect effects of infertility coping strategies on infertility sexual stress. *9th Health Psychology National Congress*, Aveiro, Portugal.
33. Pirritano, M., Peterson, B., & Schmidt, L. (2011). A typology of coping in couples undergoing fertility treatments. *5th Meeting of the Copenhagen Multi-Centre Psychosocial Infertility (COMPI) Research Program*, University of Copenhagen, Copenhagen, Denmark.
34. Martins, M. V., Peterson, B., Lund, R., & Schmidt, L. (2011). Interactive effects of social support and disclosure on fertility-related stress. *Copenhagen Multi-Centre Psychosocial Infertility (COMPI) Research Program*, University of Copenhagen, Copenhagen, Denmark.
35. Peterson, B. D. (2010 - Invited Presentation). Using typical gender differences as a resource in couple counseling. *European Society for Human Reproduction and Embryology (ESHRE) Symposium - Raising Competence in Psychosocial Care*. Amsterdam, Netherlands.
36. Martins, M. V., Costa, M. E., Almeida, V., & Peterson, B. D. (2010). Effects of perceived social support and coping strategies on infertility stress in women: Testing for mediation using structural equation modeling. *European Society for Human Reproduction and Embryology (ESHRE) 26th Annual Meeting*, Rome, Italy.
37. Peterson, B., Pirritano, M., Christensen, U., Boivin, J., Block, J., & Schmidt, L. (2009). The longitudinal impact of partner coping in couples following five years of unsuccessful fertility treatments. *European Society for Human Reproduction and Embryology (ESHRE) 25th Annual Meeting*, Amsterdam, Netherlands.
38. Peterson, B., & Pirritano, M. (2009). Marital Benefit and Its Impact on Coping and Stress in a Longitudinal Study of Couples Undergoing Five-Years of Unsuccessful Fertility Treatments. *Copenhagen Multi-Centre Psychosocial Infertility (COMPI) Research Program*, University of Copenhagen, Copenhagen, Denmark.

39. Peterson, B., Eifert, G. H., Feingold, T., & Davidson, S. (2009). Using Acceptance and Commitment Therapy (ACT) to treat distressed couples: A case study with two couples. *Association of Behavioral and Cognitive Therapies 43rd Annual Meeting*. New York, NY.
40. Peterson, B., & Eifert, G. (2009). Treating infertility stress in patients undergoing in vitro fertilization (IVF) using Acceptance and Commitment Therapy (ACT). *Pacific Coast Reproductive Society 57th Annual Meeting*, Indian Wells, CA.
41. Peterson, B., & Pirritano, M. (2008). The impact of partner coping in couples experiencing infertility – baseline analysis. *Copenhagen Multi-Centre Psychosocial Infertility (COMPI) Research Program, University of Copenhagen*, Copenhagen, Denmark.
42. Pirritano, M., & Peterson, B. D. (2008). The longitudinal impact of couples experiencing infertility. *Copenhagen Multi-Centre Psychosocial Infertility (COMPI) Research Program, University of Copenhagen*, Copenhagen, Denmark.
43. Peterson, B., Pirritano, M., Christensen, U., & Schmidt, L. (2008). The impact of partner coping in couples experiencing infertility. *American Society for Reproductive Medicine (ASRM) 64th Annual Meeting*, San Francisco.
44. Peterson, B. D. (2007). Treating infertility stress using Acceptance and Commitment Therapy (ACT): A single case study. *Copenhagen Multi-Centre Psychosocial Infertility (COMPI) Research Program, University of Copenhagen*, Copenhagen, Denmark.
45. Peterson, B., & Pirritano, M. (2007). Examining the relationship between coping and infertility stress using the couple as the unit of analysis. *Copenhagen Multi-Centre Psychosocial Infertility (COMPI) Research Program, University of Copenhagen*, Copenhagen, Denmark.
46. Peterson, B., Newton, C. R., & Feingold, T. (2007). Anxiety and sexual stress in men and women undergoing infertility treatment. *American Society for Reproductive Medicine (ASRM) 63rd Annual Meeting*, Washington, D.C.
47. Peterson, B. D. (2006). The individual and dyadic coping patterns of couples undergoing in vitro fertilization (IVF). *Resolve: The National Infertility Association's Southwest Regional Conference*. University of California Los Angeles (UCLA), CA.
48. Peterson, B., Newton, C. R., Rosen, K. H., & Skaggs, G. E. (2005). How men and women referred for in vitro fertilization cope with infertility stress. *American Society for Reproductive Medicine (ASRM) 61st Annual Meeting*. Montreal, Canada.

49. Peterson, B., Newton, C. R., Rosen, K. H., & Schulman, R. S. (2004). Dyadic coping processes of infertile couples and their relationship to infertility stress, marital adjustment, and depression. *American Society for Reproductive Medicine (ASRM) 60th Annual Meeting*. Philadelphia, PA.
50. Peterson, B., Newton, C. R., & Rosen, K. H. (2001). Examining the congruence between couples' infertility-related stress and its relationship to depression and marital adjustment in infertile men and women: *American Society for Reproductive Medicine (ASRM) 57th Annual Meeting*, Orlando, FL.
51. Peterson, B., & Sine, L. (2000). The emotional effects of infertility. *American Psychiatric Association (APA), 52nd Institute on Psychiatric Services*, Philadelphia, PA.
52. Peterson, B., & Sine, L. (2000). Male and female emotional response to infertility: A Proposal for DSM-V. *Collaborative Family Health Care Coalition*, Bethesda, MD.
53. Pincus, H. A., Zarin, D. A., West, J. W., & Peterson, B. D. (1998). Managed care delivery systems and psychiatric treatment patterns. *American Psychiatric Association (APA) 151st Annual Meeting*, Toronto, Canada.
54. Zarin, D. A., Peterson, B., & Pincus, H. A. (1997). Characterizing psychiatry: Findings from the 1996 National Survey of Psychiatric Practice. *American Psychiatric Association (APA) 49th Institute on Psychiatric Services*, Washington, D.C.
55. Zarin, D. A., Peterson, B., & Pincus, H. A. (1997). Characterizing psychiatry: Findings from the 1996 National Survey of Psychiatric Practice. *American Psychiatric Association (APA) 150th Annual Meeting*, San Diego, CA.

Podcasts

1. Brown, D., & Brown, J. (Hosts). (2025, June 17). [Infertility and Mental Health](#) (No. 116)[Audio podcast episode]. In *Infertility Feelings Podcast*. Uniquely Knitted, Orange, CA.
2. Entin, D. (Host). (2025, April 18). [Men and Infertility: The Data and the Reality](#) (No.40) [Audio Podcast Episode]. In *Misconceptions: Maternal and Reproductive Mental Health*.
3. Sargeant, D. (Host). (2023, August 3). [Coping With Male Infertility as a Couple in a Family](#) (No. 30) [Audio Podcast Episode]. *All Together: The Family Science Insights Podcast*. Melbourne, Australia.

Professional Presentations

1. Peterson, B., & Entin, D. (2022). Men and infertility: We really need to talk about it. Yesh tikva: Supporting Jewish people with infertility. Tikva Talks. <https://yeshtikva.org/supporting-yourself/tikva-talks/>
2. Peterson, B. (2021). Gender, religion, culture and social class: Part I - Global applications. *Symposium: Considering Culture in Research and Practice (CRP)*. Presented to Ph.D. Social Work students at Bar-Ilan University, Israel.
3. Peterson, B. (2021). Gender, religion, culture and social class: Part II - Therapeutic applications. *Symposium: Considering Culture in Research and Practice (CRP)*. Presented to Ph.D. Social Work students at Bar-Ilan University, Israel.
4. Peterson, B. (2017). Fertility counseling: Essential knowledge and skills for MFTs. *Chapman University MFT Clinical Training*. Orange, California.
5. Peterson, B. D. (2012). Infertility: When psychology intersects with the science of reproduction. *Chapman University Science Forum*. Orange, California.
6. Peterson, B. D. (2008). Building a private practice: Clinical and financial considerations. *MFT Program Clinical Sessions, Chapman University*. Orange, California.
7. Peterson, B. D. (2007). The process and value of MFT accreditation. *MFT Program Clinical Sessions, Chapman University*, Orange, California.
8. Peterson, B., & Fletcher, P. J. (2007). Coping through the infertility journey. *Resolve, The National Infertility Association Southwest Region Public Education Meeting*. Santa Ana, California.

Grants

Co-Investigator. The Portuguese Science and Technology Foundation. (2013-2015). *Protective and risk factors in couples facing infertility: Similarities and differences in a globalized world*. In collaboration with the University of Porto & the University of Copenhagen. 110.020 Euro - \$147,241 US. (PTDC/MHC-PSC/4195/2012).

Chapman University Scholarly Research and Development Grant (2009). *Examining the Marital Benefit of Couples Coping With Infertility*. Faculty Research and Development Council, Chapman University, \$2,450.

Chapman University Scholarly Research and Development Grant (2008). *Examining the Longitudinal Coping Patterns of Danish Couples Undergoing Infertility Treatment*. Faculty Research and Development Council, Chapman University, \$2,350.

Chapman University Scholarly Research and Development Grant (2007). *Examining the Coping Patterns of Danish Couples Undergoing Infertility Treatment*. Faculty Research and Development Council, Chapman University, \$1,900.

Professional Service

Abstract Reviewer (2018 – present). *European Society for Human Reproduction and Embryology (ESHRE) Annual Meeting*, Psychology and Counseling Special Interest Group (SIG).

Doctoral Thesis Committee Member, International Reviewer (2024). Pedro Chamorro Barranco. Study of variables related to the psychosocial impact of infertility and the efficacy of psychosocial interventions in couples under assisted reproductive techniques.

Member, Advisory Board (2022). Jefferson Infertility Conference, Thomas Jefferson University, Philadelphia, Pennsylvania.

International Advisor (2017-2022). European Society for Human Reproduction and Embryology (ESHRE), *Psychology and Counseling Special Interest Group*.

External Grant Reviewer (2021). *The relationship between psychological and physiological health in infertile women undergoing IVF treatment*. Israel Science Foundation. \$1,465,000 requested (\$293,000 annually over 5 years).

Ph.D. External Examiner (2017-2020). *Fielding Graduate University, Department of Clinical Psychology*. Santa Barbara, CA.

- “The effects of individual, marital, social, and treatment factors on marital relationships of women who have undergone fertility treatments.”

Ph.D. Committee Member and External Examiner (2016). *Aarhus University, Department of Psychology and Behavioral Sciences, Graduate School of Social Sciences, Aarhus, Denmark*.

- “Infertility and Psychological Adjustment: Implications of the psychological aspects of infertility, assisted reproductive technologies (ART) treatment and psychosocial intervention.” *Thesis Defended February 19, 2016*.

Ph.D. Committee Member and External Examiner (2015). *University of Hong Kong, Department of Social Work and Social Administration, Faculty of Social Sciences*.

- “Donor Assisted Conception: The Living Experience and Concealment Tendency in Chinese Recipients.” *Thesis Defended August 3, 2015.*

External Grant Reviewer (2015). *Wellbeing of Women Research Grant, London England*

- “The Needs and Experiences of Employed Users of Medically Assisted Reproduction” \$8,238 requested

External Grant Reviewer (2015). *University of Missouri Research Board, Columbia, Missouri*

- “Psychological Mechanisms of Fertility Decision Making” Anthropology and Social & Behavioral Sciences. \$66,950 requested

External Grant Reviewer (2014). *Hong Kong Institute of Education, Committee on Research and Development, Research Grants Council*

- “Association of Children’s Coping Strategies, Parenting Strategies, and Parental Strategies” \$993,520 requested

External Reviewer Postdoctoral Fellowship (2014). *Foundation Flanders (FWO) Belgium*

- “Can Positive Affect Improve Sexual Function and Pregnancy Rates after Natural Conception or Medically Assisted Reproduction?”

External Reviewer (2013). *University of Hong Kong Outstanding Research Award*

- “Incorporating Spirituality in Psychosocial Group Intervention for Women Undergoing In Vitro Fertilization: A Prospective Randomized Controlled Study”

External Grant Reviewer (2012). *Scotland Health Services and Population Health Research Committee Grant Project*

- “Modifying Reproductive Intentions: Can the Intended Reproductive Delay of Educated Professional Women be Influenced by Education and by Alternative Framing of Questions about Fertility?” \$319,691 requested

Ad Hoc Reviewer for 55 Academic Journals:

1. *European Journal of Health Psychology (since 2025)*
2. *BMC Public Health (since 2025)*
3. *Cogent Humanities (since 2024)*
4. *Psychology Research and Behavior Management (Since 2023)*
5. *African Journal of Reproductive Health (Since 2022)*
6. *BMC Pregnancy and Childbirth (Since 2021)*
7. *Australian and New Zealand Journal of Family Therapy (Since 2021)*
8. *Postgraduate Medicine (Since 2020)*
9. *Cogent Psychology (Since 2020)*
10. *Sex Education (Since 2019)*
11. *Journal of Women’s Health (Since 2019)*

12. *The American Journal of Obstetrics and Gynecology* (Since 2018)
13. *Reproductive Biomedicine and Society Online* (Since 2018)
14. *Mindfulness* (Since 2018)
15. *PLOS One* (since 2017)
16. *Reproductive Biomedicine Online* (since 2016)
17. *BMC Women's Health* (since 2016)
18. *Journal of Psychosomatic Obstetrics and Gynecology* (since 2016)
19. *Eastern Mediterranean Health Journal* (since 2016)
20. *Journal of Assisted Reproduction and Genetics* (since 2015)
21. *European Journal of Obstetrics & Gynecology and Reprod Biology* (since 2015)
22. *European Journal of Contraception and Reproductive Healthcare* (since 2015)
23. *Australian and New Zealand Journal of Public Health* (since 2015)
24. *Maternal and Child Health Journal* (Since 2015)
25. *BMC Public Health* (Since 2015)
26. *Reproductive Health* (Since 2014)
27. *International Journal of Women's Health* (Since 2014)
28. *Japan Journal of Nursing Science* (Since 2014)
29. *Reproductive Systems and Sexual Disorders* (Since 2014)
30. *Human Fertility* (Since 2014)
31. *International Journal of Fertility and Sterility* (Since 2013)
32. *Journal of Family Psychology* (Since 2013)
33. *Indian Journal of Science and Technology* (Since 2013)
34. *Sexual and Reproductive Healthcare* (Since 2012)
35. *Journal of Clinical Psychology in Medical Settings* (Since 2012)
36. *British Journal of Health Psychology* (Since 2012)
37. *Psychology and Health* (Since 2012)
38. *Journal of Psychosomatic Research* (Since 2012)
39. *Advanced in Urology* (Since 2012)
40. *Fertility and Sterility* (Since 2011)
41. *Asian Journal of Andrology* (Since 2011)
42. *Journal of Reproductive and Infant Psychology* (Since 2010)
43. *Women and Health* (Since 2010)
44. *Annals of Behavioral Medicine* (Since 2009)
45. *Behavioral Research and Therapy* (Since 2008)
46. *Psychology of Men and Masculinity* (Since 2008)
47. *Future Medicine – Therapy* (Since 2007)
48. *Journal of Health Psychology* (Since 2007)
49. *Psychological Reports - Perceptual and Motor Skills* (Since 2007)
50. *Journal of Marriage and Family Therapy (JMFT)* (Since 2006)
51. *Social Science and Medicine* (Since 2006)
52. *Human Reproduction* (Since 2006)
53. *Depression and Anxiety* (Since 2006)
54. *Family Relations* (Since 2005)
55. *Journal of Marriage and Family* (Since 2005)

University Service

Chair, Faculty Review Committee, Crean College (2020-present)
Member, Graduate Advancement Committee, MFT Program (2003 - present)
Member, Crean College Dean Review Committee (2022-2023)
MFT Search Committee Chair, Crean College (2022-2023)
MFT Search Committee Chair, Crean College (2021-2022)
Member, Graduate Academic Council (2019-2021)
Member, Faculty Personnel Council (2017-2019)
Member, Faculty Research and Development Council (FRDC) (2016-2018)
Senator, Crean College of Health and Behavioral Sciences (2014 - 2016)
Faculty Review Subcommittee (FRC) Crean School of Health and Life Sci. (2011 - 2013)
Chair, Graduate Faculty Committee, MFT Program (2003 - 2016)
Chair, MFT Accreditation Committee (2004 - 2016)
Chair, MFT Learning Outcomes and Assessment Committee (2005 - 2016)
Chair, Graduate Admissions Committee, MFT Program (2003 - 2016)
Chair, Comprehensive Examination Committee, MFT Program (2003 - 2016)
Chair, MFT Curriculum Committee (2003 - 2016)
Member, Search Committee, Director Physician Assistant (PA) Program (2012 - 2013)
Member, Search Committee, Dean of the Chapel (2011 - 2012)
Chair, Search Committee, Psychology/MFT Clinical Faculty Member (2010 - 2011)

Awards and Honors

Chapman University Supporting Open Access Research and Scholarship (SOARS) Award (2024). \$3,090 for publishing infertility research article in *Reproductive Health*.

Chapman University Faculty Excellence Award (2023). *Presented at the Annual Faculty Awards Ceremony*. Chapman University, Orange, CA.

Human Reproduction Outstanding Reviewer (2013). *Presented to the top 10% of the journal's reviewers for excellent contributions to the journal as judged by the quality and timeliness of their reviews*. Oxford University Press.

Chapman University Excellence in Scholarly Activity (2011). *Presented at the Annual Faculty Awards Ceremony*. Chapman University, Orange, CA.

Chapman University Excellence in Scholarly Activity (2010). *Presented at the Annual Faculty Awards Ceremony*. Chapman University, Orange, CA.

Clinical Science Award (2009). European Society for Human Reproduction and Embryology (ESHRE). *Top oral presentation at the 25th Annual Meeting: The longitudinal impact of partner coping in couples following 5 years of unsuccessful fertility treatments.* Amsterdam, Netherlands.

Chapman University Department of Psychology Outstanding Service Award (2006). *Undergraduate Honors Reception*, Chapman University.

Mental Health Professional Group Prize Paper (2001). American Society for Reproductive Medicine (ASRM). *Top paper of the Mental Health Professional Group: Examining the congruence between couples' infertility-related stress and its relationship to depression and marital adjustment in infertile men and women.* Orlando, FL.

Clinical Licensure & Professional Designations

Licensed Marriage and Family Therapist (LMFT 42157), California Board of Behavioral Sciences (BBS), July 5, 2005 - current

Approved Supervisor American Association for Marriage and Family Therapy (AAMFT), March 31, 2006 - current

European Society for Human Reproduction and Embryology (ESHRE), *Psychology and Counseling Special Interest Group (SIG)* - Member.

Media

The Panther (Sept 10, 2024). Nicole Kavros. "PTSD diagnoses have been sweeping college campuses – here's why and how students can cope."

Los Angeles Times (June, 2014). David Ogul, "Coping With Infertility."

U.S. News & World Report (Jan, 2014). Shannon Firth, "Infertile Couples 3 Times More Likely to Divorce."

Academic Minute (May, 2013). Bradley Cornelius. The Psychology of Infertility.
<http://wamc.org/post/dr-brennan-peterson-chapman-university-psychology-infertility#stream/0>

Orange County Register (April, 2013). "Q&A With Fertility Expert Brennan Peterson."

Maclean's (Oct, 2012). Kate Lunau, "Thirty-Seven and Counting: The Harsh Reality of Women's Fertility Decline."

Forbes (June, 2012). J. Maureen Henderson, "Are Millennials Too Poor to Procreate?"

The Globe and Mail (May, 2012). Tralee Pearce, "The clock is ticking: Female fertility declines earlier than you think."

Conceive Online. (May, 2012). Lorie Parch. "A Conceive Conversation: A Q&A with Dr. Brennan Peterson."

Health Matters With Dr. Larry Santora (Feb, 2009). Larry Santora, "Infertility: The Difference Psychological Effects on Men and Women."
<https://www.youtube.com/watch?v=eMuXZxhoW8M>

Reuters Health (Nov, 2007). Amy Norton, "Infertile Couples at Risk for Sexual Stress."

New York Times (May, 2004). Mary Duenwald, "For Couples, Stress without Promise."