

## **Caryn Shizue Ito, PT, MS, DPT**

### ***Physical Therapist***

9401 Jeronimo Road

Irvine, CA 92618

**(714) 997-6747/ cito@chapman.edu**

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### **EDUCATION**

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|-------------------------|---|
| September 2014-May 2016 | Chapman University, Orange, Ca.<br><b>Transitional Doctorate in Physical Therapy</b>  |
| June 1993               | University of Southern California, Los Angeles, Ca.<br><b>M.S. in Physical Therapy, Clinical Specialty in Adult Neurology</b> |
| Dec. 1985               | California State University, Northridge. Northridge, Ca.<br><b>B.S. in Physical Therapy</b>                                   |

### **PROFESSIONAL EXPERIENCE**

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|------------------------|--|
| Dec. 2004-Present      | Cornerstone Therapies, Huntington Beach, Ca.<br>Pediatric Physical Therapist   |
| May 2002-Dec. 2004     | Neuro-Institute for Therapy and Education (NITE), Orange, Ca.<br>Owner, Private practice and continuing education workshops                                  |
| April 1999-May 2002    | Rancho Los Amigos National Rehabilitation Center, Downey, Ca.<br>Consultant  |
| April 1996-April 1999  | Rancho Los Amigos National Rehabilitation Center, Downey, Ca.<br>Director of Education, Physical Therapy Department<br>Senior Clinician, Outpatient Services |
| Nov. 1993-May 2002     | CSI Physical Therapy, Orange, Ca.<br>Owner, Private practice and continuing education workshops  |
| April 1991-April 1996  | Rancho Los Amigos National Rehabilitation Center, Downey, Ca.<br>Senior Clinician, Adult Stroke/Neurology/Brain Injury Services                              |
| March 1990-March 1991  | Rancho Los Amigos National Rehabilitation Center, Downey, Ca.<br>Physical Therapist II, Adult Stroke/Neurology Services                                      |
| July 1987-March 1990   | Rancho Los Amigos National Rehabilitation Center, Downey, Ca.<br>Physical Therapist I, Adult Stroke/Neurology Services                                       |
| January 1986-July 1987 | Rancho Los Amigos National Rehabilitation Center, Downey, Ca.<br>Physical Therapist I, Adult Brain Injury Services   |
| Dec. 1985-May 1986     | Brotman Memorial Hospital, Culver City Ca.<br>Per Diem Physical Therapist  |

**LICENSE**

Jan. 1986-present                      Physical Therapy, Ca.  
**Active**

**PROFESIONAL MEMBERSHIPS**

Dec. 1983-Present                      APTA  
2012-Present                              APTA, Pediatric Section  
1986-2005, 2016-present              APTA, Neurology Section

**CERTIFICATIONS**

Oct. 2016-Oct. 2018                      CPR

Nov. 2011                                      APTA CI Credential

October 2003-March 2005              Neuro-IFRAH Instructor

June 2007-Oct. 2003                      NDTA, Inc. PT Instructor  
Adult Hemiplegia

Feb. 1995-Feb. 2005                      Board Certified in Neurologic Physical Therapy  
Neurology

Nov.1989-Nov.1993                      CPR Instructor  
American Heart Association

July 1988-Sept. 1988                      PNF 3-month certification course  
Vallejo, Ca.

**TEACHING EXPERIENCE**

Aug. 2016-present                      Assistant Professor  
Physical Therapy Department  
Chapman University

Sept. 2005-Aug. 2016                      Clinical Instructor for 2 week, 12 week, 14 week, 16 weeks students  
From Chapman University, Eastern University, Western University,  
USC, Long Beach, St. Augustine, San Marcos, University of Colorado;  
Average 2 students/year

1990-Nov. 2004                              Guest Lecture for Neuro. Therapeutic Exercise Courses for USC,  
Western University, Loma Linda University

Oct. 2003-Mar. 2005                      NDTO/Neuro-IFRAH Instructor  
PT Instructor, Adult Hemiplegia

June 1997-Oct. 2003	NDTA/Bobath, Inc. PT Instructor Adult Hemiplegia
Sept. 1995-Dec. 1995	Mount St. Mary's College Lead Instructor, Neuro. Therapeutic Exercise Course
Sept. 1993-May 1997	NDTA/Bobath, PT Instructor Candidate
Nov.1989-Nov.1993	CPR Instructor American Heart Association
Sept. 1989-Dec. 1989	Secondary Instructor for Neuro.Therapeutic Exercise Course University of Southern California PT Program Los Angeles, Ca.

**CONTINUING EDUCATION**

Feb. 2017	18 <sup>th</sup> Advanced Clinical Practice in Pediatric PT Course Atlanta, Ga.
June, 2016	Selecting Meaningful, Standardized Pediatric Outcome Measures for Children with Disabilities APTA Learning Center
Feb. 2016	Management of Infants and Young Children with Congenital Muscular Torticollis Anaheim, Ca.
August 2015	Myofascial Release I Anaheim, Ca.
Nov. 2014	"If You Can't Breathe, You Can't Function" Mary Massery, PT, DPT, DSc Orange, Ca.
2011	Kinisiotaping Fundamentals (KT-I and KT-II) Kinisiotaping Association

**PLATFORM PRESENTATIONS**

May 31, 1997	"High Challenge Early Independence Model of Physical Therapy Clinical Education" APTA National Conference San Diego, Ca.
Oct. 8, 1994	"Subluxation of the Shoulder in Adult Hemiplegia" California State APTA Conference Anaheim, Ca.

### **POSTER PRESENTATION**

June 1990                      “Stroke Independence Training Unit: Easing the Transition from Rehab to Home.”  
APTA National Conference, Anaheim, Ca.

### **PUBLICATIONS**

Caryn Ito, MS, PT. “Casting: Conservative Management of Joint Deformities and Dynamic Posturing.”  
Orthopedics Physical Therapy Clinics of North America. 2(1) 25-38, 1993.

### **RESEARCH PROJECTS**

Center of Pressure and Gait Characteristics in Right versus Left Hemiplegic Patients.  
Caryn S. (Nishida) Ito, PT, Dr. Lucinda Baker, PhD., PT, Jacqueline Perry, PT, MD, JoAnne Gronley, MS, PT

### **AWARDS**

June 1999                      Clinical Educator of the Year  
University of Southern California Physical Therapy Program  
Los Angeles, Ca.

August 1991                      Employee of the Month  
Rancho Los Amigos Medical Center, Downey, Ca.

May 1988                        Margaret Rood Scholarship  
University of Southern California

Dec. 1985                        Magna Cum Laude  
California State University, Northridge