



Student Involvement on Campus

Office of Student Engagement



What is *involvement*?

- Participating in college-based events that occur outside of the formal classroom
- “Student involvement refers to the amount of physical and psychological energy that the student devotes to the academic experience” (Astin, 1984)
- Student engagement is a **two-party endeavor**:
 - The institution provides the opportunities, and the student then chooses how (or if) they will connect. (Ludlum, Gordon, Noyes, Gardner, and Davis-Barham, 2008)
- Participating in student activities
- Membership in student organization
- Running for student government
- Sitting on campus committees
- Writing for the student newspaper
- Working in an on-campus job
- Taking a leadership position in a club
- Joining an intermural or athletic team
- Participating in student research
- Attending campus events
- Contributing to campus traditions
- Attending fairs
- Hosting a radio show

Benefits of Student Involvement



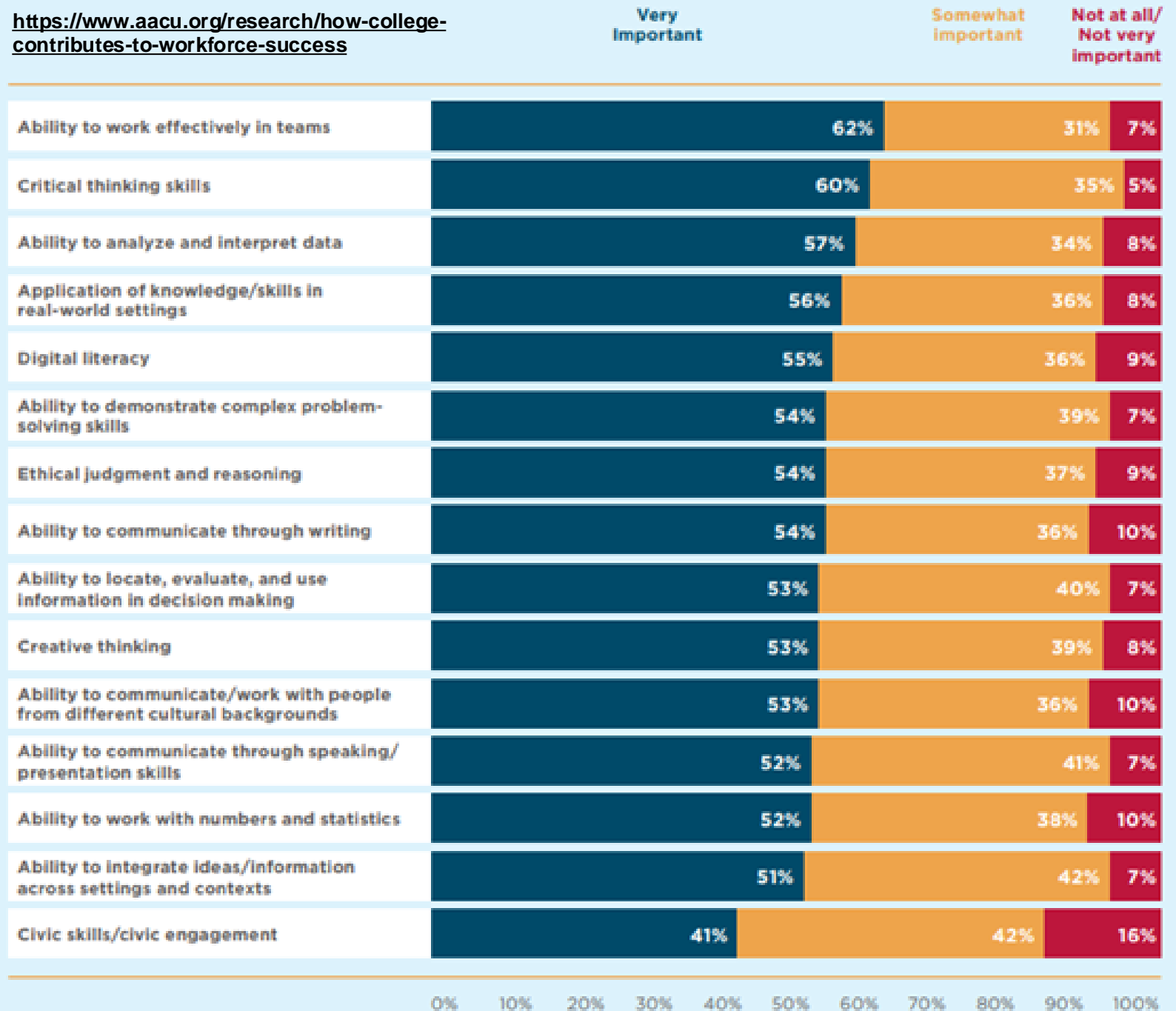
- **Higher GPA and increased satisfaction with overall academic experience**
(Webber, Bauer Krylow, Zhang, 2013)
- **Develops stronger sense of psychological well-being**
(Kilgo, Mollet, Pascarella, 2016)
- **Increased sense of belonging and connection to the institution**
(Hoffman, Richmond, Morrow, Salomone, 2002)
- **More opportunities for connection to faculty and peers**
- **Platform to develop leadership skills**

Involvement Impact

Employer Views on the Skills Most Important to Workplace Success – Association of American Colleges & Universities (2021)

- Being an engaged student helps develop **skills that are essential in the workplace** and that transfer to a wide range of settings ([Vaz, 2019](#)).
- The pandemic “has **only increased the need** for adaptability, problem solving, civic consciousness and perseverance” ([Finley, 2021](#)).

<https://www.aacu.org/research/how-college-contributes-to-workforce-success>



Challenges

- Transition is hard!
- **Making friends is hard!**
- Demographics are different from home
- **Society has changed** – more time at school, working, extracurricular tasks
- **Social media**
 - Allows connection to friends at home to remain
 - Appearances are not what they seem
 - Ease of connection does not mimic live relationships

The New Plague on Campus: Loneliness –
Inside Higher Ed, November 8, 2023

<https://www.insidehighered.com/news/students/physical-mental-health/2023/11/08/new-epidemic-gripping-college-campuses-loneliness>

College Students Experience High Levels of
Worry and Stress

<https://www.gallup.com/education/509231/college-students-experience-high-levels-worry-stress.aspx>

Campus Opportunities and Experiences

An Overview of Campus Involvement Opportunities

Student Organizations | Fraternity and Sorority Life

Currently 190+ orgs!



[Engage.chapman.edu](https://engage.chapman.edu)

10 Categories:

- Academic & Professional
- Civic Engagement
- Diversity & Cultural
- Fraternities
- Honor Societies
- Leisure & Special Interest
- Performance & Arts
- Recreation, Fitness & Wellness
- Religious & Spiritual
- Sororities

- **Student Involvement Fair**
Attallah Piazza
- **Fraternity Rush**
Now
- **Sorority Recruitment**
Ongoing in Spring

Wellness & Recreation



- **Fitness Facilities**
 - Henley Hall Fitness Center
 - Julianne Argyros Fitness Center
 - Doti-Struppa Rock Wall
 - Residence Hall fitness rooms
- **GroupX Fitness**
 - Boxing, HITT, Pilates, Yoga, Spin
- **Wellness Opportunities**
 - Fitness educators
 - Off campus trips

Argyros Forum Student Union

- Open 8am-10pm
- **“Living room” of campus**
- Free services, including Laptops-To-Go, Amazon Locker, board games, wireless printing, electronic device chargers
- **Student events!**
 - Watch parties
 - Crafting events
 - Gaming
 - Free food
- Global Citizens Wall



Student Government Association (SGA)



- **Purpose:**
 - Advocate for positive change
 - Represent student voice
 - Allocate student activity fee
- Funding for conferences and student organizations
- **17 Senators:** 10 college/school senators, 2 student organization senators, 4 class senator, and 1 senator at large
- **6 Executive Council officers**

University Program Board (UPB)

- **Student-run organization that plans community-oriented events!**
- **50+ events annually!**
- **5 committees:**
 - On-Campus Entertainment
 - Off-Campus Trips
 - Marketing
 - Special Events & Traditions



Highlighting Campus Partners

- **Office of Diversity, Equity & Inclusion**
 - Cross-Cultural Center
- **Residence Life & First-Year Experience**
- **Fish Interfaith Center**
- **Student Employment**
- **Athletics**
- **School/college-based leadership councils, advisory groups**



So Much Coming this Spring 2025!

- Join / lead a **student organization!**
 - Check Panther Connect for club meetings
- Run for **Student Government Association** (SGA)!
 - Info sessions and filing dates vary Spring 2024



- Apply for **student employment** on campus!
 - Jobs available throughout the year!



- **Mayhem Listening Party (Lady Gaga album)** = Thursday, March 6, 8pm, Student Union
- **Super Smash Brothers Game Night** = Tuesday, March 11, 7:30pm, Student Union
- **Lucky Charms (bracelet making)** = Monday, March 17 // 12pm-2pm, Attallah Piazza
- **Disneyland** = Tuesday, March 18 // All Day!
- **Find Your Balance Wellness Retreat** = April 4-6 // Pali Mountain Retreat Center
 - Application closes March 10
- **GroupX Fitness Classes** = Daily, ongoing

Meeting Others



OFFLINE

- Chapman Students Only
- Search for others with similar interests
- Join groups to meet up
- No followers, likes, etc!

Student Involvement Coaches

Student Involvement Coaches are undergraduates who are ready to meet with students to provide personalized suggestions for ways to get involved.

cuinvolved@chapman.edu



The Panther Experience

THE PANTHER EXPERIENCE
CHAPMAN UNIVERSITY Department of Student Engagement

Have you heard the saying "you get out what you put in"? Use this list to maximize your Chapman experience. Be inspired by the activities below and track them on Panther Connect to earn prizes.

ACADEMIC	ARTS/CULTURE	SPIRIT
<input type="checkbox"/> Meet with your academic advisor.	<input type="checkbox"/> Attend a CoPa production	<input type="checkbox"/> Attend an athletic game at the Wilson Field
<input type="checkbox"/> Check out an item from the Leatherby Libraries	<input type="checkbox"/> Attend a show at Musica Center for the Arts	<input type="checkbox"/> Attend a Homecoming activity
<input type="checkbox"/> Attend an event hosted by your school/college department	<input type="checkbox"/> Visit the Hilbert Museum	<input type="checkbox"/> Attend an athletic game at the Allied Aquatics Center
<input type="checkbox"/> Attend office hours with a faculty member	<input type="checkbox"/> Attend a production by a club/student organization	<input type="checkbox"/> Take a picture with Pete the Panther
<input type="checkbox"/> Eat lunch with a professor	<input type="checkbox"/> View the Argynas Forum Student Union Art Exhibit	<input type="checkbox"/> Attend an athletic game at the Hudson Sports Center
<input type="checkbox"/> Facilitate or participate in undergraduate research	<input type="checkbox"/> Visit the Center for American War Letters or the California Gold Archive	<input type="checkbox"/> Attend a senior night game
<input type="checkbox"/> Study abroad for a semester, interterm, or travel course	<input type="checkbox"/> Take a selfie with one of the Escalante Collection's outdoor art pieces	<input type="checkbox"/> Wear Chapman merch
<input type="checkbox"/> Visit the tutoring Learning Center or use one of its resources	<input type="checkbox"/> Enjoy a display of art at the Wattman Theatre, Guggenheim Gallery, or Salmon Recital Hall	<input type="checkbox"/> Attend a playoff or championship game for any Chapman sport
<input type="checkbox"/> Meet with a Leatherby Libraries subject liaison or reference librarian, or archivist		<input type="checkbox"/> Attend an Athletic event off campus

CAREER	DIVERSITY	WELL-BEING
<input type="checkbox"/> Meet with a career advisor to talk about your career goals	<input type="checkbox"/> Participate in the I AM CHAPMAN campaign	<input type="checkbox"/> Work out at a campus or residence hall fitness facility
<input type="checkbox"/> Stop by the career house for a resume review drop-in	<input type="checkbox"/> Visit the Cross-Cultural Center	<input type="checkbox"/> Attend a student-led group fitness class
<input type="checkbox"/> Create a profile on Handshake	<input type="checkbox"/> Attend an event by the Rodgers Center for Holocaust Education	<input type="checkbox"/> Attend an off-campus recreation
<input type="checkbox"/> Attend the Fall or Spring Career Fairs or a Networking Night	<input type="checkbox"/> View the flags at the Global Citizens Fountain	<input type="checkbox"/> Climb the Wall
<input type="checkbox"/> Connect with a Chapman alum on The Panther Network	<input type="checkbox"/> Add a comment on the Global Citizens Wall	<input type="checkbox"/> Attend a Hangout Beach
<input type="checkbox"/> Apply to an internship or job on Handshake	<input type="checkbox"/> Attend a cultural event hosted by a club/organization	<input type="checkbox"/> Take the Journey
<input type="checkbox"/> Conduct an informational interview with an industry pro	<input type="checkbox"/> Attend a religious or interfaith event at Pan Interfaith Center	<input type="checkbox"/> Participate in a Tournament
<input type="checkbox"/> Attend a workshop hosted by Career and Professional Development	<input type="checkbox"/> Congratulate a graduate at a Cultural Affinity Graduation celebration	<input type="checkbox"/> Participate in a challenge
		<input type="checkbox"/> Attend a Well-being event



- "Bucket list" of common Chapman student activities
- Students can register for the **Panther Experience Challenge** to earn prizes for completing activities
- Students will submit verification for completed activities
- Progress will be marked on Panther Connect

“Student engagement is a two-party endeavor: The **institution** provides the opportunities, and the **student** then chooses how (or if) they will connect.”

(Ludlum, Gordon, Noyes, Gardner, and Davis-Barham, 2008)



Additional ways you can help

- **If they have Instagram, encourage them to follow @lifeatcu and @chapmanupb**
- **Encourage them to attend at least one club meeting/event**
- **Guide them to talk to an RA, faculty member, or anyone in Student Affairs if they want more from their Chapman experience**
- **Remind them they are not the only ones looking to get involved at this point in the year!**

Questions?

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