

2026 Webinar Schedule

Parents and caregivers: tune into **Bright Horizons®** webinars for advice you can use, for young children through high schoolers. Special guests, our own experts, and former college admissions and financial aid officers dive into a variety of topics — from setting boundaries and repairing after conflict, to healthy screen-time habits, to preparing for college, and more.

FAMILY WEBINARS

Parenting Tools that Build Connection

February 11, 2026 | 2:00 p.m. ET

Find out how to be a compassionate parent while setting and holding limits and boundaries. Get tips from our experts for navigating tough moments and big feelings.

Raising Healthy Eaters

April 15, 2026 | 3:00 p.m. ET

Squished peas on the floor? Refusing anything but chicken nuggets? Discover simple, research-backed ways to support your child's nutrition and make mealtimes less stressful.

The Different Ways Children Play

June 10, 2026 | 2:00 p.m. ET

Imaginary play, independent play, guided play, sensory play: what are they and why are they important? Learn the benefits and get ready to celebrate the International Day of Play on June 11.

Raising a Compassionate Child

August 12, 2026 | 3:00 p.m. ET

Let's make the world a better place, together. Get our experts' take on how to help your child become caring, inclusive, and respectful.

Healthy Screen Time for Young Kids

October 14, 2026 | 2:00 p.m. ET

When it comes to screen time, what amount is considered "okay"? What activities are best? Worst? Get your questions answered and learn how to set up healthy habits at home.

The Sandwiched Caregiver

December 9, 2026 | 3:00 p.m. ET

Are you juggling child care along with senior care? This huge responsibility comes with a lot of pressure — learn where to find the right support.



Scan or click [here](#) to register for all family webinars.

ASK A COLLEGE EXPERT

Boosting Your College Savings

January 20, 2026 | 3:00 p.m. ET

Kickstart your saving-for-college New Year's resolution — find out what type of account to use, how much to save, the financial-aid impact, and more.

Launching Your College Search

May 5, 2026 | 3:00 p.m. ET

How can you help your child figure out where to apply? What's the "right" number of schools? Learn how to approach the college search process.

Maximizing Financial Aid & Scholarships

September 1, 2026 | 12:00 p.m. ET

Your family may end up paying significantly less than a college's sticker price. Learn how to make the most of need-based financial aid and merit scholarships.

Planning for Summer & High School Course Selection

December 1, 2026 | 12:00 p.m. ET

What activities are best? How important are community service and internships? Which AP courses hold the most weight? Help your child plan ahead.



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