



2026 Benefit Overview Webinars

Your employer gives you **Bright Horizons®** benefits that will help you find your rhythm at home and at work — real-life support for your real-world juggling act. Learn more about everything that's available to you in our webinars.

Can't attend a live session? Register anyway to receive the recording.



Access your benefits
clients.brighthouse.com/chapman

Family Care You Can Trust

Live webinar offered monthly on Tuesdays — [register here](#)

When school's out, schedules change unexpectedly, your parent's caregiver is unavailable, or any time you need an extra hand, your *Bright Horizons Back-Up Care™* benefit can help. Join our webinar to learn about reliable child care at centers near you and in your own home, and trusted in-home care for adult and senior loved ones.

Curated Resources for Your Family

Live webinar offered monthly on Wednesdays — [register here](#)

With Bright Horizons, you have access to a network of family resources with valuable savings. Watch our webinar to learn more about your options for child care, family care, household support, senior care, tutoring and test prep, enrichments, camps, and more.

New Year Support through Bright Horizons

On-demand webinar, January – February — [access here](#)

Take advantage of your Bright Horizons benefits this year and get the support you need. When school's out, schedules change unexpectedly, or your parent's caregiver is unavailable, back-up care fills in with options for child, adult, and senior care. Plus, access a network of family resources — care, education, and enrichments — with valuable savings to keep your life running smoothly. Watch our webinar to learn more.

School Break Support through Bright Horizons

On-demand webinar, March – July — [access here](#)

When school's out, your benefits are in. With Bright Horizons, your child will have a blast and you'll have peace of mind for your work day. Watch our webinar to learn more about back-up care options and additional partner resources to fill your child's day.

Back-to-School Support through Bright Horizons

On-demand webinar, July – September — [access here](#)

Skip the school-year scramble — your Bright Horizons benefits make the busy season easier. Back-up child care is available in centers, camps, and at home to help cover hectic schedules, school breaks, and more. Looking for even more support? Access a network of family resources — care, tutoring, and enrichments — with valuable savings. Watch our webinar to learn more.

End-of-Year Support through Bright Horizons

On-demand webinar, November – December — [access here](#)

When the holiday calendar goes head-to-head with your work schedule, your Bright Horizons benefits save the day. Book high-quality back-up care for your child and adult or senior loved ones to fill the gaps. Plus, access a network of family resources with valuable savings: child care, household support, senior care, and tutoring. Watch our webinar to learn more.

Plus, Bright Horizons hosts expert podcasts designed for working parents:

Teach. Play. Love

[Listen here](#)

Parenting comes with questions — big ones, small ones, and everything in between. Hosted by early childhood experts Rachel Robertson and Claire Goss, each episode offers practical advice, research-backed insights, and real-world strategies for raising kids ages 0-8.

Getting In: A College Coach Conversation

[Listen here](#)

Your student deserves every chance, and no one knows the complex process of getting into college quite like our College Coach experts. Tune in for their behind-the-scenes insights — this is where college planning gets smart.